

NUTRITION DIAGNOSTIC TERMINOLOGY

INTAKE

NI

Defined as "actual problems related to intake of energy, nutrients, fluids, bioactive substances through oral diet or nutrition support"

Caloric Energy Balance (1)

Defined as "actual or estimated changes in energy (kcal)"

- Hypermetabolism (Increased energy needs) NI-1.1
- Increased energy expenditure NI-1.2
- Hypometabolism (Decreased energy needs) NI-1.3
- Inadequate energy intake NI-1.4
- Excessive energy intake NI-1.5

Oral or Nutrition Support Intake (2)

Defined as "actual or estimated food and beverage intake from oral diet or nutrition support compared with patient goal"

- Inadequate oral food/beverage intake NI-2.1
- Excessive oral food/beverage intake NI-2.2
- Inadequate intake from enteral/parenteral nutrition infusion NI-2.3
- Excessive intake from enteral/parenteral nutrition NI-2.4
- Inappropriate infusion of enteral/parenteral nutrition (use with caution) NI-2.5

Fluid Intake (3)

Defined as "actual or estimated fluid intake compared with patient goal"

- Inadequate fluid intake NI-3.1
- Excessive fluid intake NI-3.2

Bioactive Substance Intake (4)

Defined as "actual or observed intake of bioactive substances, including single or multiple functional food components, ingredients, dietary supplements, alcohol"

- Inadequate bioactive substance intake NI-4.1
- Excessive bioactive substance intake NI-4.2
- Excessive alcohol intake NI-4.3

Nutrient Intake (5)

Defined as "actual or estimated intake of specific nutrient groups or single nutrients as compared with desired levels"

- Increased nutrient needs (specify) _____ NI-5.1
- Evident protein-energy malnutrition NI-5.2
- Inadequate protein-energy intake NI-5.3
- Decreased nutrient needs (specify) _____ NI-5.4
- Imbalance of nutrients NI-5.5

Fat and Cholesterol (51)

- Inadequate fat intake NI-51.1
- Excessive fat intake NI-51.2
- Inappropriate intake of food fats (specify) _____ NI-51.3

Protein (52)

- Inadequate protein intake NI-52.1
- Excessive protein intake NI-52.2
- Inappropriate intake of amino acids (specify) _____ NI-52.3

Carbohydrate and Fiber (53)

- Inadequate carbohydrate intake NI-53.1
- Excessive carbohydrate intake NI-53.2
- Inappropriate intake of types of carbohydrate (specify) _____ NI-53.3
- Inconsistent carbohydrate intake NI-53.4
- Inadequate fiber intake NI-53.5
- Excessive fiber intake NI-53.6

Vitamin (54)

- Inadequate vitamin intake (specify) NI-54.1
- Excessive vitamin intake (specify) NI-54.2
 - A
 - B
 - C
 - D
 - E
 - K
 - Other _____

Mineral (55)

- Inadequate mineral intake (specify) NI-55.1
 - Calcium
 - Iron
 - Potassium
 - Zinc
 - Other _____
- Excessive mineral intake (specify) NI-55.2
 - Calcium
 - Iron
 - Potassium
 - Zinc
 - Other _____

CLINICAL

NC

Defined as "nutritional findings/problems identified as related to medical or physical conditions"

Functional (1)

Defined as "change in physical or mechanical functioning that interferes with or prevents desired nutritional consequences"

- Swallowing difficulty NC-1.1
- Chewing (masticatory) difficulty NC-1.2
- Breastfeeding difficulty NC-1.3
- Altered GI function NC-1.4

Biochemical (2)

Defined as "change in capacity to metabolize nutrients as a result of medications, surgery, or as indicated by altered lab values"

- Impaired nutrient utilization NC-2.1
- Altered nutrition-related laboratory values (specify) _____ NC-2.2
- Food-medication interaction NC-2.3

Weight (3)

Defined as "chronic weight or changed weight status when compared with usual or desired body weight"

- Underweight NC-3.1
- Involuntary weight loss NC-3.2
- Overweight/obesity NC-3.3
- Involuntary weight gain NC-3.4

BEHAVIORAL-ENVIRONMENTAL

NB

Defined as "nutritional findings/problems identified as related to knowledge, attitudes/beliefs, physical environment, or food supply and safety"

Knowledge and Beliefs (1)

Defined as "actual knowledge and beliefs as reported or documented"

- Food, nutrition, and nutrition-related knowledge deficit NB-1.1
- Harmful beliefs/attitudes about food or nutrition-related topics (use with caution) NB-1.2
- Not ready for diet/lifestyle change NB-1.3
- Self-monitoring deficit NB-1.4
- Disordered eating pattern NB-1.5
- Limited adherence to nutrition-related recommendations NB-1.6
- Undesirable food choices NB-1.7

Physical Activity and Function (2)

Defined as "actual physical activity, self-care, and quality of life problems as reported, observed, or documented"

- Physical inactivity NB-2.1
- Excessive exercise NB-2.2
- Inability or lack of desire to manage self-care NB-2.3
- Impaired ability to prepare foods/meals NB-2.4
- Poor nutrition quality of life NB-2.5
- Self-feeding difficulty NB-2.6

Food Safety and Access (3)

Defined as "actual problems with food access or food safety"

- Intake of unsafe food NB-3.1
- Limited access to food NB-3.2

Date Identified	Date Resolved

#1 Problem _____
 Etiology _____
 Signs/Symptoms _____

#2 Problem _____
 Etiology _____
 Signs/Symptoms _____

#3 Problem _____
 Etiology _____
 Signs/Symptoms _____