



The University Corporation  
Research, Investments and Commercial Services  
California State University, Northridge

## **Meal Break Waiver Agreement**

Employee Name (Please Print): \_\_\_\_\_

Department: \_\_\_\_\_ Waiver Effective Date: \_\_\_\_\_

I understand under California Labor Law, after a work period of 5 hours, I am entitled to receive an unpaid meal break of not less than 30 minutes.

I give my consent to waive my 30 minute unpaid meal break only when my work and/or scheduled shift will be completed in 6 hours or less in one workday. I understand that if my shift exceeds 6 hours, I am required to take an unpaid meal break of at least 30 minutes. A second 30 minute meal break is required when working 10 hours or more. Provided your shift is less than 12 hours, the second meal break can be waived, but not the first.

I enter into this agreement freely and voluntarily. A meal break waiver is required for EVERY meal break waived.

In order for this waiver to be valid, my supervisor must also authorize the waiver in writing by signing below.

Employee Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Supervisor Name (Please print) : \_\_\_\_\_

Supervisor Signature: \_\_\_\_\_ Date: \_\_\_\_\_