The Institute for Community Health and Wellbeing is proud to promote the availability of Lactation Spaces on campus.

1. **The Institute for Community Health and Wellbeing**
   (Appointment Recommended):
   The lactation room is located on the first floor of Santa Susana Hall. Please call (818)677-7715 to make a reservation.

2. **Student Heath Center**
   (Appointment Recommended):
   The lactation space is located on the first floor of the Klotz Student Health Center. To make an appointment, please call (818)677-3666 and ask to speak with the Clinical Support Unit.

3. **University Student Union**
   (Walk-ins Welcome):
   The lactation room is located on the first floor of the East Conference Center. Upon arrival, please see a USU Representative for access to the room.

4. **Marilyn Magaram Center (MMC)**
   (Appointment Recommended):
   The lactation room is located on the second floor of Sequoia Hall. Please call (818) 677-3102 to make a reservation. Upon arrival, please see a MMC staff for access to the room. The MMC is located on the first floor of Sequoia Hall room 120.

5. **College of Education**
   (Appointment Recommended)
   The lactation room is located on the first floor room 1110 of the Michael D. Eisner College of Education building to make an appointment. To make an appointment please call (818) 677-7715 or email wellbeing@csun.edu.

Lactation is the process of making milk for a baby and requires consistent, predictable removal of milk from breasts to maintain milk supply, for comfort and to prevent illness (Breastfeed LA 2013).