

California State University **Northridge**

DRUG FREE CAMPUS POLICY INFORMATION FOR STUDENTS Alcohol and Other Drugs Penalties Where to Get Help

Consistent with its mission of enabling students to reach their educational goals, California State University, Northridge is committed to creating a campus environment that is free from both the illegal and the harmful use of alcohol and other drugs.

Except as permitted by the California State University, Northridge Use of Alcohol and Illicit Drugs Policy, the manufacture, possession, distribution, sale or use of alcohol, illicit drugs or drug related paraphernalia, and the misuse of legal pharmaceutical drugs on-campus, or off-campus while on university business or participating in University sponsored functions, is prohibited. Drugs and drug-related paraphernalia may be possessed or used as permitted by law and campus policy, or when lawfully permitted for the purpose of research or instruction.

The purpose of the Use of Alcohol and Illicit Drugs policy is to delineate university regulations concerning alcohol and other drugs, provide procedural guidelines, communicate the consequences of failing to adhere to established policies, and provide guidance as to available resources. Complete text of the policy and procedural guidelines can be viewed at:

www-admn.csun.edu/vp/policies/900_oversight/900_06.htm

This policy is a significant component of the University's overall compliance with the Drug-Free Schools and Campuses regulations, which implement the Drug-Free Schools and Communities Act of 1989. The University respects the rights of individuals within the University under circumstances authorized by this policy. Members of the campus community, particularly students, who elect not to use alcoholic beverages, or not to include alcohol as part of sponsored events and activities, will be fully supported in that choice. The use of alcohol or other drugs in a manner that undermines a campus climate of civility, collegiality, reasoned debate, and adherence to the policies contained herein is not consistent with the values of California State University, Northridge and will not be tolerated.

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Risks and Effects Associated with Alcohol and Other Drug Abuse

Category	Some Potential Effects	
Depressants (Alcohol, Valium, Barbiturates, GHB, Rohypnol)	<ul style="list-style-type: none"> • Reduced anxiety • Lowered inhibitions • Slowed pulse & breathing • Lowered blood pressure • Poor concentration/ fatigue 	<ul style="list-style-type: none"> • Impaired coordination, memory, judgment, driving • Addiction • Respiratory depression & arrest • Death
Stimulants (Cocaine, MDMA [ecstasy], amphetamines)	<ul style="list-style-type: none"> • Increased heart rate, blood pressure, metabolism • Nervousness • Rapid/irregular heartbeat • Reduced appetite • Insomnia 	<ul style="list-style-type: none"> • Heart failure • MDMA -See Club Drugs. • Amphetamine – Also rapid breathing/tremor, anxiousness, panic, paranoia, aggressiveness, addiction
Marijuana & Hashish	<ul style="list-style-type: none"> • Slowed thinking and reaction time • Confusion • Frequent respiratory infections • Impaired learning & memory 	<ul style="list-style-type: none"> • Increased heart rate • Anxiety • Panic attacks • Tolerance
Opioids (Codeine, Heroin, Morphine, Oxycontin, Opium, Vicodin,)	<ul style="list-style-type: none"> • Pain relief • Euphoria • Constipation • Confusion • Sedation 	Respiratory depression & arrest <ul style="list-style-type: none"> • Addiction • Death • Heroin – Also staggering Gait
Club Drugs (MDMA [ecstasy], LSD, Ketamine, Rohypnol, GHB)	<ul style="list-style-type: none"> • MDMA – See Stimulants. Also mild hallucinogenic effects, empathic feelings, impaired memory & learning, hyperthermia, cardiac & liver toxicity. • LSD – Altered states of perception and feeling, nausea, flashbacks, increased body temperature, heart rate, blood pressure, mental disorders/ 	<ul style="list-style-type: none"> • Ketamine –Increased heart rate & blood pressure, impaired motor function/ memory loss; nausea/ vomiting. At high doses, delirium respiratory arrest • Rohypnol See Depressants & Predatory Drugs. • GHB - See Depressants & Predatory Drugs.
Predatory Drugs Used by some people to “prey” on others. (Alcohol, GHB, Rohypnol)	<ul style="list-style-type: none"> • Alcohol – See Depressants. Also, at high doses, alcohol poisoning, death. • Rohypnol - See Depressants. Also visual and GI disturbances, urinary retention, memory loss for the time under the drug’s effects. 	<ul style="list-style-type: none"> • GHB - See Depressants. Also drowsiness, nausea/ vomiting, headache, loss of consciousness & reflexes, seizures, coma, death.

Definitions

“The term ‘alcoholic beverage’ includes: alcohol, spirits, liquor, wine, beer, and every liquid or solid containing alcohol, spirits, wine, or beer and which contains one-half of 1 percent or more of alcohol by volume and which is fit for beverage purposes either alone or when diluted, mixed or combined with other substances” (Business and Professions Code, Sections 23004). The term “illicit drug” includes any dangerous drug, restricted drug, or narcotic as those terms are used in California Statutes, and all substances regulated under federal law through the Controlled Substances Act, including but not limited to marijuana, cocaine derivatives, heroin, “crack,” amphetamines, barbiturates, LSD, PCP, and substances typically known as “designer drugs” such as “ecstasy” and “eve.”

Penalties

California law*

California law defines penalties that apply to anyone convicted of the manufacture, distribution, dispensation, possession or use of controlled substances.

Misdemeanor convictions for workplace and campus drug violations can result in a fine, community service, and incarceration of up to one year.

Felony convictions for workplace and campus drug use can result in substantial fines and a lengthy sentence in state prison. Most drug possession convictions are defined as felony acts.

Violation of campus regulations subjects students to disciplinary actions and sanctions which may include expulsion, suspension, probation, withdrawal of financial aid or lesser sanctions.

Violation of the University policy or conviction of a drug offense while on campus or off campus when in work status by faculty or staff shall be grounds for appropriate disciplinary actions up to and including dismissal.

*California Health and Safety Code, Chapter 6

Federal and Local Law

Proposed legal sanctions for alcohol and other drug violations are decided by the court and filing district or city attorney. They range from fines, incarceration in the county jail (misdemeanors) or state prison systems (felonies), community service, rehabilitation, restitution to victim(s) or anyone else who may claim a loss as a result of the criminal act, and probation and parole restrictions/requirements. Information on federal trafficking liability can be found on the U.S. Drug Enforcement Administration website: <http://www.justice.gov/dea/druginfo/ftp.shtml>

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Where to Get Help

Campus Resources for CSUN Students

Klotz Student Health Center	(818) 677-3666	TTY: (818) 677-3692
Janis Martin, CATC, Alcohol, Tobacco, and Other Drug Counselor	(818) 677-3685	
University Counseling Services	(818) 677-2366	TTY: (818) 677-7834
Vice President, Student Affairs	(818) 677-2391	TTY: (818) 677-7677

Community Support Programs

The following 12-Step Programs provide support for addiction recovery:

AL-ANON	(818) 760-7122	http://www.al-anon.alateen.org
Alcoholics Anonymous	(818) 988-3001	www.aa.org
Cocaine Anonymous	(818) 760-8402	www.ca.org
Marijuana Anonymous	(800) 766-6779	www.marijuana-anonymous.org
Narcotics Anonymous	(818) 773-9999	www.na.org

Community Treatment Programs

Matrix Institute on Addictions (fee for service)
(800) 310-7700 <http://www.matrixinstitute.org>

Tarzana Treatment Centers (fee for service)
(818) 996-1051 www.tarzanatc.org

“211” Dial 211 for a referral for a treatment center in Los Angeles County.

Los Angeles County Department of Health Services
<http://publichealth.lacounty.gov/sapc/findtreatment.htm>