Identity Theft Prevention
Presented By: Lt. Rene Lino, Police Services
Date: March 27
Time: 5:30 – 6:20 p.m.
This workshop will help you understand what identity theft is, how criminals obtain your personal information and how to detect, deter and defend yourself against victimization.

The Basics of Pepper Spray Defense
Presented By: Cpl. Randy Abney, Police Services
Date: February 27
Time: 5:30-8:00 p.m.
The Basics of Pepper Spray covers a variety of topics including citizens’ possession/use; chemical properties and effects of pepper spray. A personal canister of pepper spray can be purchased after the completion of this workshop for $6.00.

Disaster Ready - Personal Preparedness 101
Presented By: Lisa Curtis, Police Services
Date: February 28
Time: 12:00 – 12:50 p.m.
This course is an overview of personal preparedness tips and recommendations for a variety of hazards. Participants will learn about the most likely hazards in Southern California, how to find out if their home is located in a hazard zone, and what individuals can do at home to prepare for emergency and disaster situations and will introduce the concepts of family emergency plans and kits.

Disaster Ready - Emergency Kit Essentials
Presented By: Lisa Curtis, Police Services
Date: February 21
Time: 12:00 - 12:50 p.m.
This workshop will give participants an opportunity to focus on assembling personal emergency kits (including family, cars, office, and travel kits). Participants will learn best practices, essential content, maintenance plans, and how to build a kit on any budget. Sample kits will be on display for participants to get ideas and start customizing a list for immediate kit building.

Cyber Safety
Presented By: Jeff Barrow, Police Services
Date: March 5
Time: 5:30 – 6:20 p.m.
Social networking sites like Facebook, Twitter, Google+, YouTube, Snapchat, and Instagram have become an integral part of our lives. Social media sites are a great way to stay connected with others, but you should be cautious about how much personal information you post. This course will teach you to be cyber safe and while still being able to enjoy your social networking.

Disaster Ready - Earthquake Preparation, Response and Recovery
Presented By: Lisa Curtis, Police Services
Date: February 14
Time: 12:00 – 12:50 p.m.
This workshop will focus on what to do before, during, and after an earthquake to support personal and family safety. The course will include personal action-items participants can take home to secure furniture and wall hangings, plan for turning off gas and water utilities, creating a family emergency kit, and develop a family plan of communication and reunification. Participants will also learn what they may need to access resources from their local, state, and federal governments.

radKIDS - Personal Empowerment Safety Education (for Ages 5 - 7)
Presented By: Sgt. Frank Gudani, Police Services
Date: March 11 - 15
Time: 5:30 - 7:30 p.m.
Cost: $10
radKIDS is the leading educator in realistic and empowering personal safety education for both children and parents. The radKIDS Program provides children with hope, options, and practical skills to recognize, avoid, and escape violence and abuse. This is a 5-day workshop.

Disaster Ready - Fire Safety in the Home and Wildfire Preparedness and Response
Presented By: Lisa Curtis, Police Services
Date: March 7
Time: 12:00 - 12:50 p.m.
This course will focus on fire hazards, cover fire safety in the home, and address wildland-urban interface fire preparedness and response measures. Home fires are very common and most are preventable. We will discuss methods to keep your family and home fire-safe. In addition to wildfire mitigation and preparation, participants will be able to discuss the lessons learned from the 2017 and 2018 wildfires in CA.

Disaster Ready - Protecting Critical Documents & Valuables in Emergencies
Presented By: Lisa Curtis, Police Services
Date: March 28
Time: 12:00 – 12:50 p.m.
Having your financial and medical records along with important contact information is crucial to the disaster recovery process. Participants will identify the documents needed to protect themselves and household members to include financial, medical, and legal documentation to work with insurance companies, care providers, and government disaster assistance programs.

RAD for Men - A Self-Defense Workshop
Presented By: Police Services
Date: July 15, 17, 22 & 24 (4-day workshop)
Time: 5:30-8:30 p.m.
RAD is a comprehensive course for men designed to raise awareness of the impact of aggressive behavior, encourage participants to take steps to avoid aggressive behavior, and to look at how individuals can be part of reducing violence.

Maintaining a Proactive Approach to Personal Safety
Presented By: Ofcr. Andrew Higgins, Police Services
Date: April 24
Time: 12:00 – 12:50 p.m.
Enhance your personal safety through discussions on crime prevention practices and situational awareness using one’s cognitive and physical senses to help avoid or prevent a crime from occurring. Possessing new tools that help increase one’s safety from everyday risks will also provide a greater sense of self-empowerment.

Disaster Ready Kids!
Presented By: Lisa Curtis, Police Services
Date: April 11
Time: 12:00 - 12:50 p.m.
Young children and teens alike need to be part of the emergency preparation process – for their own safety and sense of empowerment. Together, build an emergency kit, discuss your communications plan, role-play what to do during a disaster, and hold fire drills in your house. Learn how to help children cope during and after a disaster. Take home age-appropriate information for your family’s needs and links to fun games for kids to learn about emergency preparedness.

For more information & to sign up go to:
http://www.csun.edu/police/events
Faculty & Staff - register through the myNorthridge Portal
Students & Community - register on our website

PERSONAL SAFETY & EMERGENCY PREPAREDNESS
WORKSHOPS - SPRING 2019