

Contact
Phone: (818) 361 - 7541
Email: wic@nevhc.org

Location & Time
Sequoia Hall Room 113
Thursdays (9:00 am - 12:00 pm)



WIC is a nutrition program that helps pregnant women, mothers with infants and young children eat well, be active, and stay healthy.

What WIC Offers:

- Healthy Foods**
- Nutrition Education**
- Breastfeeding Support**
- Referrals to health care and other community services.**

You may qualify if your family's income is within WIC Guidelines.

**To find out more go to
(m.wic.ca.gov) or call:
(818) 361-7541**

**You can also come visit
the CSUN WIC office!**