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"This course gave me the confidence I needed to start my college journey."

FRESHMAN SEMINAR

Discover your strengths and interests.
Become part of the CSUN community.

Learn skills that will help you at CSUN and beyond.

NEW TO CSUN?
THIS CLASS CAN HELP!



CSUN.

<https://www.csun.edu/student-success/general-information-about-u100>

University 100 will guide you through your transition into college and provide opportunities to learn and practice skills needed for your success at CSUN and beyond. You will learn about key resources and policies on campus and have the opportunity to form new connections and friendships with classmates and members of the campus community.

University 100: Freshman Seminar – Fall 2023

For more information about these classes and how to register for specific cohorts, please ask/contact your advisor at the Matador Advising Hub.

U100 Freshman Connections: Join other freshmen in a learning community taking both U100 and a linked course(s).	Linked Course(s)
College of Science & Mathematics	Math 102: Pre-Calculus Math 102L: Pre-Calculus Lab Math 091B: Support Course for GE Mathematics
David Nazarian College of Business & Economics	IS 212: Information Systems for Business Users
Dept. of Child & Adolescent Development (CADV)	CADV 150: Foundations of CADV CADV 180: Statistics in Applied Developmental Science
Dept. of Kinesiology (KIN)	KIN 200: Foundations of Kinesiology
Dept. of Sociology (SOC)	SOC 150: Introductory Sociology
Health Careers	HSCI 131: Health & Society

Other U100 Cohorts
Athletics
Black Excellence
Bridge to the Future: Black Scholars Matter
Bridge to the Future: Canoga Park High School
College of Engineering & Computer Sciences
Deaf, Hard of Hearing, Deaf Studies
Dept. of Criminology & Justice Studies (CJS)
First Year Experience Living Learning Community (Student Housing)
FreshStart – Educational Opportunity Program (EOP)
GE Honors