

FAMILY FOCUS RESOURCE CENTER

Education · Advocacy · Family Support

Resources for Transition-aged Youth

Assessments

RIASEC (or Holland) Career Assessment

<https://www.onlinepersonalitytests.org/riasec/>

Life Centered Career Education (LCCE) – assesses daily living skills, personal-social skills and occupational guidance and preparation.

<https://lce.cec.sped.org/public/main/>

Career Exploration

Explore Work

<https://explore-work.com/>

Roadtrip Nation

<https://roadtripnation.com/explore>

Pre-Employment and Employment Skills

Skills to Pay the Bills – collection of 7 videos from the Department of Labor (playlist)

https://www.youtube.com/watch?v=-vk-99seC_I&list=PLdz4gzz24T-IUCF-8_hVM3A9NlWuWo_BP

Curriculum and workbooks

<https://www.dol.gov/odep/topics/youth/softskills/>

Practice Online Job Application

<https://careerwise.minnstate.edu/jobs/practice-online-job-application.html>

California Department of Rehabilitation

www.dor.ca.gov

America's Job Centers of California

https://edd.ca.gov/Office_Locator/

Glassdoor – search for jobs, research employers

www.glassdoor.com

LinkedIn – create your job seeking profile

www.linkedin.com



Resources for Transition-aged Youth

Education

College of the Canyons – Personal and Professional Learning
<https://www.canyons.edu/academics/schools/ppl/index.php>

Coursera – audit classes for free, or fee for certificate
www.coursera.org

CSUN Explorers – a two year inclusive education program
<https://www.csun.edu/eisner-education/csun-explorers>

Tierra del Sol NEXUS program
<https://www.tierradelsol.org/college-to-careers/>

FACT Generating All Possibilities (GAP) program
<https://factfamily.org/gap-program/>

Independent Living Skills

Visual Recipes, Cooking and Pre-Cooking Skills
Accessible Chef – www.accessiblechef.com

Cooking Videos

CookABILITY – easy cooking videos (from UK so some recipes may be unfamiliar)
https://www.youtube.com/playlist?list=PLI79ZsuMB5bYbVZduF8_-jI_fPwpMqsCv

Cents and Sensibility – free money management lessons
<http://www.studymoney.us/>

Practical Money Skills – free lessons, presentations and worksheets for different ages and for students with disabilities
https://www.practicalmoneyskills.com/teach/lesson_plans/special_needs

The Mint – financial education for youth and lessons for teachers
<http://www.themint.org/teens/>

CalABLE – tax-advantaged savings accounts that do not affect eligibility for public benefits
<https://www.calable.ca.gov/>

Student Bank Accounts – check with your bank to see if they offer free accounts for students
Logix Banking, Chase



Resources for Transition-aged Youth

Greenlight Card – add money to your child’s Greenlight card, tie it to completing chores, monitor spending

<https://www.greenlightcard.com/>

Independent Living Checklist

http://www.ncwd-youth.info/wp-content/uploads/2018/06/IndependentChecklist_PAS.pdf

Health Profile

<https://scdd.ca.gov/wp-content/uploads/sites/33/2020/06/health-profile.pdf>

Transportation

Metro TAP Card – apply online

https://www.taptogo.net/Reduced_Fare#disability

Transit app – search in Google Play or App Store for ‘Transit’ with a green logo

Moovit app – search in Google Play or App Store for ‘Moovit’ with red logo