

“In the Mirror”

Building Social Emotional Capacity in the Lives of Young African American Children



The topic will address issues of social and emotional development in young African American children (e.g. birth to 5 years old) as it relates to mental health in the 21st century. Key components of the lecture will include the significance of early parent-child relationships, the impact of trauma, and the effects of racial socialization.

Vivian L. Tamkin, Ph.D., is a licensed psychologist who specializes in Infant/Early Childhood Mental Health at her private practice in Pasadena, CA. She also provides social/emotional classroom-based mental health support to teachers, children, and families enrolled in local Head Start and Early Head Start programs. In addition to providing Preschool Mental Health Consultation, Dr. Tamkin is adjunct faculty at Pacific Oaks College in Pasadena, CA, where she teaches graduate and undergraduate level courses in both the Marriage and Family Therapy and Human Development Departments. Further, Dr. Tamkin's commitment to culturally-relevant and sensitive community-based work is demonstrated in her work at a women and children's shelter. She offers weekly counseling services to current and past residents; she also facilitates reflective supervision with four marriage and family therapy graduate students.

Dr. Tamkin received her Ph.D. in Counseling Psychology from Southern Illinois University, Carbondale with a minor in Child Clinical Psychology (both APA-accredited programs). Her professional training and employment experiences include a year long specialized postdoctoral Fellowship with the Irving B. Harris Program in Child Development and Infant Mental Health at the University of Colorado Denver, School of Medicine, Preschool Mental Health Consultation with Early Head Start, Developmental Neurobiological Assessments of Preterm and Medically Fragile Infants, and a staff clinician position at Saint John's Child Development Center (Early Childhood Assessment and Treatment Team) in Santa Monica, CA. Dr. Tamkin's research interests center around the role skin tone plays in the development of self in African American communities (specifically African American women and young girls), culturally relevant reflective supervision in Preschool Mental Health Consultation, and cultural devotion in Child-Parent Psychotherapy.

THURSDAY, SEPTEMBER 26, 2013

11:00AM-12:00PM

WHITSETT ROOM (SH 451)

Co-sponsored by:
DuBois-Hamer Institute for Academic
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