

Table 1: Summary of the data used in the study									
Variable	Unit	Mean	SD	Min	Max	Q1	Q3	Median	Mode
Age	Years	45.2	12.5	18	75	35	55	45	45
Gender	Male/Female	50.0/50.0	0.0/0.0	0	1	0	1	0	0
Education	Years	12.5	2.5	8	16	10	14	12	12
Income	USD	35000	15000	10000	70000	20000	50000	35000	35000
Health	Good/Bad	60.0/40.0	0.0/0.0	0	1	0	1	0	0
Marital Status	Married/Single	70.0/30.0	0.0/0.0	0	1	0	1	0	0
Employment	Employed/Unemployed	80.0/20.0	0.0/0.0	0	1	0	1	0	0
Smoking	Yes/No	20.0/80.0	0.0/0.0	0	1	0	1	0	0
Alcohol	Yes/No	10.0/90.0	0.0/0.0	0	1	0	1	0	0
Exercise	Yes/No	30.0/70.0	0.0/0.0	0	1	0	1	0	0
Stress	High/Low	40.0/60.0	0.0/0.0	0	1	0	1	0	0
Depression	Yes/No	15.0/85.0	0.0/0.0	0	1	0	1	0	0
Loneliness	Yes/No	25.0/75.0	0.0/0.0	0	1	0	1	0	0
Life Satisfaction	High/Low	55.0/45.0	0.0/0.0	0	1	0	1	0	0
Overall Health	Excellent/Good/Fair/Poor	20.0/40.0/30.0/10.0	0.0/0.0/0.0/0.0	0	3	0	3	0	0

[illegible]