## January

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Facilitated by</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/14</td>
<td>9:00 AM</td>
<td>HR Insights</td>
<td>Spring 2020 Academic Personnel Hiring &amp; Processing Workshop</td>
<td>Erick Cuevas</td>
</tr>
<tr>
<td>1/14</td>
<td>9:00 AM</td>
<td>Matador Athletics Faculty and Staff Appreciation Series</td>
<td>Women’s Basketball vs. CSU Fullerton</td>
<td>CSUN Athletics</td>
</tr>
<tr>
<td>1/16</td>
<td>7:00 PM</td>
<td>UDC</td>
<td>Creating an Accessible Syllabus</td>
<td>Universal Design Center</td>
</tr>
<tr>
<td>1/16</td>
<td>1:30 PM</td>
<td>LifeMatters Webinar</td>
<td>Enhancing Your Personal Safety</td>
<td>LifeMatters</td>
</tr>
<tr>
<td>1/16</td>
<td>3:00 PM</td>
<td>Lunch Time Express Begins, Getting Moving Towards a Healthy You</td>
<td>SRC Trainers</td>
<td>Student Recreation Center</td>
</tr>
<tr>
<td>1/16</td>
<td>11:00 AM</td>
<td>CGT</td>
<td>Time Management: What Gets in the Way &amp; How to Reclaim Control Over Your Schedule</td>
<td>Audrey Reille</td>
</tr>
<tr>
<td>1/16</td>
<td>1:00 AM</td>
<td>HR Insights</td>
<td>Life Happens - Coordinating the Leave Process</td>
<td>Laurie Gold-Brubaker &amp; Karyn Cote</td>
</tr>
<tr>
<td>1/30</td>
<td>5:30 PM</td>
<td>Start the New Year with a New You, Commit To Be Fit is Back</td>
<td>Ken Laiametchakul &amp; Shabnam Islam</td>
<td>Redwood Hall, RE 200</td>
</tr>
</tbody>
</table>

## February

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
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<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/04</td>
<td>2:00 PM</td>
<td>UDC</td>
<td>Web-One Accessibility</td>
<td>Universal Design Center</td>
</tr>
<tr>
<td>2/05</td>
<td>2:00 PM</td>
<td>UDC</td>
<td>Introduction to Accessibility and Universal Design</td>
<td>Universal Design Center</td>
</tr>
<tr>
<td>2/05</td>
<td>1:00 PM</td>
<td>General Building Marshal Training</td>
<td>Lisa Curtis</td>
<td>DPS Training Room, 2nd Floor</td>
</tr>
<tr>
<td>2/08</td>
<td>7:00 PM</td>
<td>Matador Athletics Faculty and Staff Appreciation Series</td>
<td>Men’s Basketball vs. UC Riverside</td>
<td>CSUN Athletics</td>
</tr>
<tr>
<td>2/2</td>
<td>2:00 PM</td>
<td>Mata-Tech Monday</td>
<td>Exploring Artificial Intelligence (AI) Uses for the Office</td>
<td>Kyle Shaver</td>
</tr>
<tr>
<td>2/2</td>
<td>10:00 AM</td>
<td>UDC</td>
<td>Word Essentials</td>
<td>Universal Design Center</td>
</tr>
<tr>
<td>2/9</td>
<td>2:00 PM</td>
<td>UDC</td>
<td>Canvas Ally</td>
<td>Universal Design Center</td>
</tr>
<tr>
<td>2/12</td>
<td>9:00 AM</td>
<td>CalPERS One-on-One Consultations</td>
<td>CalPERS Staff</td>
<td>By Appointment</td>
</tr>
<tr>
<td>2/13</td>
<td>2:00 PM</td>
<td>NEW CSU Voluntary Employee Benefits: Critical Illness, Accident &amp; Voluntary Life Insurance</td>
<td>Jackie Land, The Standard</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/13</td>
<td>10:00 AM</td>
<td>NEW CSU Voluntary Employee Benefits: Critical Illness, Accident &amp; Voluntary Life Insurance</td>
<td>Jackie Land, The Standard</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/14</td>
<td>9:00 AM</td>
<td>American Red Cross Adult CPR and AED</td>
<td>Daniel Castellon</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/17</td>
<td>2:00 PM</td>
<td>Provost’s Student Success Series</td>
<td>Inclusion Isn’t Accidental: Purposeful Strategies for Belonging</td>
<td>Dr. Sumun L. Pendakur</td>
</tr>
<tr>
<td>2/18</td>
<td>10:00 AM</td>
<td>HR Insights</td>
<td>Retirement Basics: Understanding Your CalPERS Retirement</td>
<td>Laurie Gold-Brubaker</td>
</tr>
</tbody>
</table>
March

3/2 2:00 PM - 3:30 PM  
**UDC | PDF Tools**
Facilitated by: Universal Design Center  
Oviatt 30

3/2 12:00 PM - 1:00 PM  
**Learning Can Be Fun and Almost Free - Fee Waiver**
Facilitated by: Nikki Valadez, Nick Alexander, Frank Calderon, & Shen Milunovic  
HR Training Room, Oviatt 16

3/3 12:00 PM - 1:00 PM  
**Spice Up Your Life - MMC Wellness Cooking Series | Beverage Inspiration**
Facilitated by: Marilyn Magaram Center Staff  
Wellness Kitchen, SQ 112

3/3 10:00 AM - 11:00 AM  
**Creating and Promoting Your Program’s Unique Brand Within the Brand**
Facilitated by: Kevin Lizarraga  
HR Training Room, Oviatt 16

3/4 2:00 PM - 3:00 PM  
**UDC | PDF Scanned & OCR**
Facilitated by: Universal Design Center  
Oviatt 30

3/5 7:00 PM  
**Matador Athletics Faculty and Staff Appreciation Series | Women’s Basketball vs. UC Davis**
Facilitated by: CSUN Athletics  
CSUN Matadome

3/5 10:00 AM - 12:00 PM  
**CalPERS Seminar - Planning for Your Retirement**
Facilitated by: CalPERS Staff  

3/5 1:30 PM - 3:00 PM  
**UDC | Compliance Sheriff**
Facilitated by: Universal Design Center  
Oviatt 30

3/9 2:00 PM - 3:00 PM  
**Mata-Tech Monday | Utilizing Adobe Sign**
Facilitated by: Bergen Muzatko & Karen Primm  
HR Training Room, Oviatt 16

3/10 2:00 PM - 4:30 PM  
**Provost’s Student Success Series | Bridging the Gap Together: More Practical Strategies for Student Success**
Facilitated by: Student Success  
USU Grand Salon

3/10 10:00 AM - 11:30 AM  
**HR Insights | Transitioning from Peer to Supervisor**
Facilitated by: Mika Williamson  
HR Training Room, Oviatt 16

3/13 12:30 PM  
**Matador Athletics Faculty and Staff Appreciation Series | Softball vs. DePaul**
Facilitated by: CSUN Athletics  
CSUN Baseball Field

3/17 2:00 PM - 3:30 PM  
**Emergency Preparedness | Disaster Ready - Earthquake Preparation, Response, & Recovery**
Facilitated by: Lisa Curtis  
DPS Training Room, 2nd Floor

3/20 2:00 PM  
**Matador Athletics Faculty and Staff Appreciation Series | Women’s Basketball vs. George Washington**
Facilitated by: CSUN Athletics  
CSUN Matadome Pools

3/25 9:00 AM - 10:00 AM  
**LifeMatters Webinar | Taking the High Road: Kindness and Civility**
Facilitated by: LifeMatters  
Online
3/25  2:00 PM - 3:30 PM  **Manager Exchange | The Performance Management Review Process**  
Facilitated by:  Toni Strauja  
HR Training Room, Oviatt 16

3/25  10:00 AM - 11:00 AM  **CGT | Can You Hear Me? How to Connect With People in the Virtual World**  
Facilitated by:  Nick Morgan  
Online

3/25  10:00 AM - 11:00 AM  **UDC | Screen Readers**  
Facilitated by:  Universal Design Center  
Oviatt 30

**April**

4/01  1:30 PM - 2:30 PM  **UDC | Email Accessibility**  
Facilitated by:  Universal Design Center  
Oviatt 30

4/07  3:00 PM  **Matador Athletics Faculty and Staff Appreciation Series | Baseball vs. Fresno State**  
Facilitated by:  CSUN Athletics  
CSUN Baseball Field

4/07  2:00 PM - 3:00 PM  **UDC | EquatIO**  
Facilitated by:  Universal Design Center  
Oviatt 30

4/08  10:00 AM - 11:00 AM  **UDC | Social Media Accessibility**  
Facilitated by:  Universal Design Center  
Oviatt 30

4/08  1:00 PM - 2:00 PM  **Emergency Preparedness | Disaster Ready - Protecting Critical Documents & Valuables in Emergencies**  
Facilitated by:  Lisa Curtis  
DPS Training Room, 2nd Floor

4/11  1:00 PM  **Matador Athletics Faculty and Staff Appreciation Series | Softball vs. LBSU**  
Facilitated by:  CSUN Athletics  
CSUN Baseball Field

4/13  2:00 PM - 3:00 PM  **Mata-Tech Monday | Exploring OneNote**  
Facilitated by:  Zo Qazi  
HR Training Room, Oviatt 16

4/14  12:00 PM - 1:00 PM  **Spice Up Your Life - MMC Wellness Cooking Series | TBD**  
Facilitated by:  Marilyn Magaram Center Staff  
Wellness Kitchen, SQ 112

4/15  10:00 AM - 11:30 AM  **UDC | Siteimprove**  
Facilitated by:  Universal Design Center  
Oviatt 30

4/20  10:00 AM - 11:15 AM  **UDC | Canvas Ally**  
Facilitated by:  Universal Design Center  
Oviatt 30

4/21  10:00 AM - 12:00 PM  **HR Insights | Understanding Staff Classification & Compensation at CSUN**  
Facilitated by:  Lynn Marks  
HR Training Room, Oviatt 16

4/22  9:00 AM - 10:00 AM  **LifeMatters Webinar | Strategies to Manage Frustration and Anger**  
Facilitated by:  LifeMatters  
Online

4/23  9:00 AM - 4:00 PM  **CalPERS One-on-One Consulations**  
Facilitated by:  CalPERS Staff  
By Appointment

4/29  10:00 AM - 11:00 AM  **CGT | Getting Things Done: The Art of Stress-Free Productivity**  
Facilitated by:  Justin Hale  
Online

**May**

5/11  2:00 PM - 3:00 PM  **UDC | Flyers & infographics**  
Facilitated by:  Universal Design Center  
Oviatt 30

5/11  2:00 PM - 3:00 PM  **Mata-Tech Monday | Creating Accessible Flyers & Infographics**  
Facilitated by:  Van Thi Nguyen  
HR Training Room, Oviatt 16

5/20  9:00 AM - 10:00 AM  **LifeMatters Webinar | Fundamentals of Mental Health**  
Facilitated by:  LifeMatters  
Online

5/28  10:00 AM - 11:00 AM  **CGT | Leveraging Positivity: Bolstering Capacity When Difficult Conver., Tense Moments, & Unwelcome Change Loom**  
Facilitated by:  Maria Sirois  
Online

**June**

6/08  2:00 PM - 3:00 PM  **Mata-Tech Monday | Creating Instructional Videos with Camtasia**  
Facilitated by:  Bergen Muzatko  
HR Training Room, Oviatt 16
7/22  9:00 AM - 10:00 AM  **LifeMatters Webinar | Managing Chronic Pain**  
Facilitated by:  LifeMatters  
Online

7/13  2:00 PM - 3:00 PM  **Mata-Tech Monday | Outlook Tips to Help You Maximize Efficiency**  
Facilitated by:  Heather Kennedy & Nikki Valadez  
HR Training Room, Oviatt 16

**Series**

1/22  10:30 AM - 2:00 PM  **Lunch Time Express (Mon. & Wed., Program ends on 5/14)**  
Facilitated by:  SRC Trainers  
Student Recreation Center

1/27  12:00 PM - 12:45 PM  **Mindfulness Monday (Program end on 4/27)**  
Facilitated by:  Institute for Community Health & Wellbeing  
Santa Susanna Hall, SN 108

1/30  5:30 PM - 6:20 PM  **Commit To Be Fit (Mon.-Thurs., Program ends on 4/30)**  
Facilitated by:  Ken Liampetchakul & Shabnam Islam  
Redwood Hall, RE 200

**Register Information:**
1. Log into the myNorthridge Portal, in the Training/Professional Dev pagelet and Select “CSU Learn”, or visit: https://csu.sumtotal.host/Core/dash/home/Home_Northridge;
2. Select “Training Schedule” to view upcoming training on campus and select the date on the calendar for the course you which to attend;
3. Then select the course title; next select “Register;”
4. Click on the bullet next to the CSUN HR icon, and select “Submit” to enroll in this session.

**Join the Professional Development Listserv**
To subscribe to the list, send an email to majordomo@csun.edu and in the BODY of the email (not the SUBJECT) write "subscribe profdev-l@csun.edu.”

**CAMPUS PRIORITIES**

**INTERESTS**

Please refer to the online calendar at [http://www.csun.edu/development/training](http://www.csun.edu/development/training) for up-to-date program information, descriptions, and registration information.

As of 20200217