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1/22	08:00 AM - 5:00 PM	<u>Fidelity - One on One Consultations</u> Facilitated by: George Nofel	Extended University Commons, EU 106	
1/28	2:00 PM - 3:00 PM	<u>Mata-Tech Monday Information Security - Keeping Your Work and Data Safe</u> Facilitated by: Monish Mehta	HR Training Room, Oviatt 16	
1/29	12:00 PM - 1:00 PM	<u>Clutter Busters - Life Matters</u> Facilitated by: Lara Mekhitarian	HR Training Room, Oviatt 16	
1/29	10:00 AM - 11:00 AM	<u>CSUGT Strategic Persuasion Through Body Language</u> Facilitated by: Traci Brown	Online	
1/30	2:00 PM - 3:30 PM	<u>Manager Exchange Creating an Accountable Team</u> Facilitated by: Jason Wang	HR Training Room, Oviatt 16	
1/31	7:00 PM	<u>Matador Athletics Faculty & Staff Appreciation Series CSUN Women's Basketball vs. Cal State Fullerton</u> Facilitated by: CSUN Athletics	Matadome	
1/31	5:00 PM - 6:20 PM	<u>Commit to Be Fit Orientation, Spring 2019</u> Facilitated by: Kim Henige & Shabnam Islam	Redwood Hall 200	






February

2/01	09:00 AM - 12:30 PM	<u>American Red Cross Adult CPR and AED (Automated Extended Defibrillator)</u> Facilitated by: Daniel Castellon	HR Training Room, Oviatt 16	
2/02	7:00 PM	<u>Matador Athletics Faculty & Staff Appreciation Series CSUN Men's Basketball vs. Cal Poly</u> Facilitated by: CSUN Athletics	Matadome	
2/04	2:00 PM - 3:00 PM	<u>Student Mentorship Workshop</u> Facilitated by: Diana Medina, Joe Medina, Lynn Marks & Rosemary Martin	HR Training Room, Oviatt 16	
2/05	12:00 PM - 1:00 PM	<u>Nutrition and Brain Health (Preventing Alzheimer's and Dementia)</u> Facilitated by: Ellen Bauersfeld	HR Training Room, Oviatt 16	
2/05	10:00 AM - 11:30 AM	<u>HR Insights Life Happens: Coordinating the Leave Process for Employees</u> Facilitated by: Laurie Gold-Brubaker & Karyn Cote	HR Training Room, Oviatt 16	
2/05	08:00 AM - 4:00 PM	<u>CalPERS - One on One Consultations</u> Facilitated by: Ladina Manella	Extended University Commons, EU 106	
2/06	09:00 AM - 10:30 AM	<u>Travel the World with myCSUNglobe</u> Facilitated by: Cyndi Paull & Marlene Gale	Ferman Presentation Room	 
2/07	10:00 AM - 11:00 AM	<u>eCommerce At CSUN</u> Facilitated by: Steve Woods	HR Training Room, Oviatt 16	
2/07	1:30 PM - 2:30 PM	<u>Introduction to Accessibility and Universal Design</u> Facilitated by: Universal Design Center	HR Training Room, Oviatt 16	
2/11	2:00 PM - 3:00 PM	<u>Mata-Tech Monday Discover How to Navigate Effortlessly in the Windows 10 Platform</u> Facilitated by: Bergen Muzatko	HR Training Room, Oviatt 16	
2/12	09:00 AM - 10:30 AM	<u>Making CSUN's eTravel Your Roadmap to Seamless Travel Reimbursements</u> Facilitated by: Annie Dang, Cynthia De La Fuente, & Ryan Heredia	HR Training Room, Oviatt 16	
2/13	7:00 PM	<u>Matador Athletics Faculty & Staff Appreciation Series CSUN Men's Volleyball vs. Pepperdine</u> Facilitated by: CSUN Athletics	Matadome	
2/13	12:00 PM - 1:00 PM	<u>Stress Reduction - Kaiser Permanente</u> Facilitated by: Jennifer Prince	HR Training Room, Oviatt 16	
2/13	10:00 AM - 11:00 A	<u>Screen Readers</u> Facilitated by: Universal Design Center	HR Training Room, Oviatt 16	
2/14	12:00 PM - 1:00 PM	<u>EAP Orientation - Life Matters</u> Facilitated by: Phyllis Cohen	HR Training Room, Oviatt 16	











2/14	1:30 PM - 2:45 PM	<u>Word Essentials</u> Facilitated by: Universal Design Center	Oviatt 30	
2/18	2:00 PM - 3:15 PM	<u>PowerPoint Essentials</u> Facilitated by: Universal Design Center	Oviatt 30	
2/18	08:00 AM - 5:00 PM	<u>Fidelity - One on One Consultations</u> Facilitated by: George Nofel	Extended University Commons, EU 106	
2/19	2:00 PM - 3:00 PM	<u>Audism, Not Autism</u> Facilitated by: William Garrow	HR Training Room, Oviatt 16	
2/19	12:00 PM - 1:00 PM	<u>Working Moms Brown Bag Lunch - Women In Investing (Savings Plus)</u> Facilitated by: Jasmine Bauer	HR Training Room, Oviatt 16	
2/20	2:00 PM - 3:30 PM	<u>Understanding CSUN's Procurement Policy</u> Facilitated by: Deborah Flugum	HR Training Room, Oviatt 16	
2/20	09:00 AM - 10:00 AM	<u>Identifying, Preventing & Responding to Fraud</u> Facilitated by: Howard Lutwak	HR Training Room, Oviatt 16	 
2/21	7:00 PM	<u>Matador Athletics Faculty & Staff Appreciation Series CSUN Women's Basketball vs. Long Beach</u> Facilitated by: CSUN Athletics	Matadome	
2/26	10:30 AM - 12:00 PM	<u>PDF Tools</u> Facilitated by: Universal Design Center	Oviatt 30	
2/26	1:30 PM - 3:00 PM	<u>Travel the World with myCSUNglobe</u> Facilitated by: Cyndi Paull & Marlene Gale	HR Training Room, Oviatt 16	 
2/27	2:00 PM - 3:30 PM	<u>Manager Exchange Serving as a Catalyst for Continuous Change</u> Facilitated by: Jill Smith & Kristina de la Vega	HR Training Room, Oviatt 16	
2/27	10:00 AM - 11:00 AM	<u>CSUGT What High-Performance Teams Know: The Meetings That Make or Break an Organization</u> Facilitated by: Elise Keith	Online	
2/28	2:00 PM - 3:00 PM	<u>Email Accessibility</u> Facilitated by: Universal Design Center	Oviatt 30	

March



3/02	7:00 PM	<u>Matador Athletics Faculty & Staff Appreciation Series CSUN Men's Volleyball vs. Long Beach</u> Facilitated by: CSUN Athletics	Matadome	
3/05	2:00 PM	<u>Matador Athletics Faculty & Staff Appreciation Series CSUN Baseball vs. St. John's</u> Facilitated by: CSUN Athletics	Matador Baseball Field	
3/05	10:00 AM - 11:45 AM	<u>HR Insights Conducting a Successful Employee Search</u> Facilitated by: Mika Williamson	Oviatt 30	
3/05	08:00 AM - 4:00 PM	<u>CalPERS - One on One Consultations</u> Facilitated by: Mindy Fox	Extended University Commons, EU 106	
3/06	10:00 AM - 11:30 AM	<u>Respect in the Workplace - Life Matters</u> Facilitated by: Lara Garibian	HR Training Room, Oviatt 16	
3/06	1:30 PM - 3:00 PM	<u>Compliance Sheriff</u> Facilitated by: Universal Design Center	HR Training Room, Oviatt 16	
3/07	2:00 PM - 3:30 PM	<u>PDF Custom Tags</u> Facilitated by: Universal Design Center	Oviatt 30	
3/07	12:00 PM - 1:00 PM	<u>Spice Up Your Life - MMC Wellness Cooking Series Meal Prep Ideas & Demonstrations for Dinner & Snacks</u> Facilitated by: Marilyn Magaram Center Staff	MMC Wellness Kitchen, SQ 112	
3/07	09:00 AM - 11:00 AM	<u>Budgeting in Action</u> Facilitated by: Cecille Avila-Robson, Callie Juarez, & Edith Winterhalter	HR Training Room, Oviatt 16	
3/11	2:00 PM - 3:00 PM	<u>Mata-Tech Monday Creating & Sharing Accessible Information</u> Facilitated by: Van Nguyen	HR Training Room, Oviatt 16	
3/20	10:00 AM - 11:00 AM	<u>CSUGT Navigating the Multi-generational Workplace</u> Facilitated by: Leah C. Georges	Online	






3/25	12:00 PM - 1:00 PM	<u>Learning Can Be Fun and Almost Free - Fee Wavier</u> Facilitated by: Nikki Valadez, Nick Alexander, Frank Calderon, Shen Milunvic	HR Training Room, Oviatt 16	
3/26	2:00 PM - 3:30 PM	<u>Web-One Accessibility</u> Facilitated by: Universal Design Center	HR Training Room, Oviatt 16	
3/26	08:00 AM - 5:00 PM	<u>Fidelity - One on One Consultations</u> Facilitated by: George Nofel	Extended University Commons, EU 106	
3/27	2:00 PM - 3:30 PM	<u>Manager Exchange Conflict Resolution</u> Facilitated by: Whitney Scott	HR Training Room, Oviatt 16	
3/27	12:00 PM - 1:00 PM	<u>Create a Budget, Ditch Your Debt, and Start Building for the Future - Fidelity</u> Facilitated by: George Nofel	HR Training Room, Oviatt 16	
3/27	10:30 AM - 11:30 AM	<u>Introduction to Accessibility and Universal Design</u> Facilitated by: Universal Design Center	HR Training Room, Oviatt 16	
3/28	2:00 PM - 3:00 PM	<u>PDF Scanned & OCR</u> Facilitated by: Universal Design Center	Oviatt 30	
3/29	9:00 AM - 10:00 AM	<u>Communication Secrets for Success</u> Facilitated by: Bridget Sampson	HR Training Room, Oviatt 16	

April



4/02	10:30 AM - 12:00 PM	<u>Accessibility Testing Tools</u> Facilitated by: Universal Design Center	Oviatt 30	
4/03	10:30 AM - 11:30 PM	<u>Infographics PDF</u> Facilitated by: Universal Design Center	Oviatt 30	
4/04	2:00 PM - 3:00 PM	<u>Infographics Web-One</u> Facilitated by: Universal Design Center	Oviatt 30	
4/04	12:00 PM - 1:00 PM	<u>Spice Up Your Life - MMC Wellness Cooking Series Dried Spices</u> Facilitated by: Marilyn Magaram Center Staff	MMC Wellness Kitchen, SQ112	
4/08	2:00 PM - 3:00 PM	<u>Mata-Tech Monday Learn How You Can Enhance Your Course Using Canvas</u> Facilitated by: Instructional Technology Center Staff	HR Training Room, Oviatt 16	
4/09	12:00 PM - 1:00 PM	<u>Nearing Retirement - Savings Plus</u> Facilitated by: Jasmine Bauer	HR Training Room, Oviatt 16	
4/10	10 AM - 3:00 PM	<u>Kaiser Mobile Health Vehicle</u> Facilitated by: Kaiser Permanente Nurses	Sierra Walk	
4/14	1:00 PM	<u>Matador Athletics Faculty & Staff Appreciation Series CSUN Softball vs. UC Riverside</u> Facilitated by: CSUN Athletics	Matador Softball Field	
4/16	10:00 AM - 11:30 AM	<u>HR Insights Understanding How CSUN's Classification & Compensation System Works</u> Facilitated by: Mika Williamson & Lynn Marks	HR Training Room, Oviatt 16	
4/18	12:00 PM - 1:00 PM	<u>Take the First Step to Investing - Fidelity</u> Facilitated by: George Nofel	HR Training Room, Oviatt 16	
4/19	08:00 AM - 5:00 PM	<u>Fidelity - One on One Consultations</u> Facilitated by: George Nofel	Extended University Commons, EU 106	
4/23	10:00 AM - 11:00 AM	<u>CSUGT Great Grammar in 60 Minutes</u> Facilitated by: Nancy Flynn	Online	
4/30	10:00 AM - 12:00 PM	<u>CalPERS Seminar: Planning for Your Retirement</u> Facilitated by: Mindy Fox	Ferman Presentation Room, Oviatt	

May

5/02	12:00 PM - 1:00 PM	<u>California Casualty</u> Facilitated by: Nina Ericksen	HR Training Room, Oviatt 16	
5/09	12:00 PM - 1:00 PM	<u>Depression Workshop (Mental Health Month) - Life Matters</u> Facilitated by: Ellen Contente	HR Training Room, Oviatt 16	

5/13	2:00 PM - 3:00 PM	<u>Mata-Tech Monday Increase Operational Efficiencies with DocuSign</u> Facilitated by: Bergen Muzatko & Karen Primm	HR Training Room, Oviatt 16	
5/14	10:00 AM - 11:00 AM	<u>CSUGT Working With Difficult People Without Losing Your Mind</u> Facilitated by: Amy Cooper Hakim	Online	
5/14	08:00 AM - 5:00 PM	<u>Fidelity - One on One Consultations</u> Facilitated by: George Nofel	Extended University Commons, EU 106	
5/16	12:00 PM - 1:00 PM	<u>Get Moving - Physical Activity Resources - Kaiser Permanente</u> Facilitated by: Jennifer Prince	HR Training Room, Oviatt 16	
5/29	2:00 PM - 3:30 PM	<u>Manager Exchange Coaching, Counseling and Performance Management</u> Facilitated by: Toni Strauja	HR Training Room, Oviatt 16	

June

6/10	2:00 PM - 3:00 PM	<u>Mata-Tech Monday Becoming Sustainable in an OnBase Environment</u> Facilitated by: Bergen Muzatko & Karen Primm	HR Training Room, Oviatt 16	
6/20	12:00 PM - 1:00 PM	<u>Parenting Workshop - Life Matters</u> Facilitated by: Dr. Ellen Contente	HR Training Room, Oviatt 16	

Series

1/22	10:30 AM - 2:30 PM	<u>Lunch Time Express (Weekly, M-W, ends on 5/19)</u> Facilitated by: SRC Instructors	Student Recreation Center	
2/04	12:00 PM - 12:45 PM	<u>Mindfulness Mondays (Weekly M, ends on 5/6)</u> Facilitated by: Institute of Community Health and Wellbeing	Santa Susanna Hall Rm 108	
2/06	5:30 PM - 6:20 PM	<u>Commit To Be Fit Begins (Weekly M-Th, ends on 5/23)</u> Facilitated by: Kim Henige & Shabnam Islam	Redwood Hall 200	
2/06	12:00 PM - 12:45 PM	<u>Walkability Wednesdays (Weekly W, ends on 5/8)</u> Facilitated by: Institute of Community Health and Wellbeing	Santa Susanna Hall Rm 108	
3/26	12:00 PM - 1:00 PM	<u>Working Moms Brown Bag Lunch (Meets on 3/26, 4/23, 5/21)</u> Facilitated by: Rosemary Martin	HR Training Room, Oviatt 16	





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INTERESTS

 Financial Wellness	 Personal Wellbeing	 Risky Business	 Safety
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Please refer to the online calendar at <http://www.csun.edu/development/training> for up-to-date program information, descriptions, and registration information.