






























## January

1/14	9:00 AM - 10:00 AM	<a href="#"><u>HR Insights   Spring 2020 Academic Personnel Hiring &amp; Processing Workshop</u></a> Facilitated by: Erick Cuevas	Online	
1/16	7:00 PM	<a href="#"><u>Matador Athletics Faculty and Staff Appreciation Series   Women's Basketball vs. CSU Fullerton</u></a> Facilitated by: CSUN Athletics	CSUN Matadome	
1/16	1:30 PM - 3:00 PM	<a href="#"><u>UDC   Creating an Accessible Syllabus</u></a> Facilitated by: Universal Design Center	Jerome Richfield Hall, JR 316	
1/22	9:00 AM - 10:00 AM	<a href="#"><u>LifeMatters Webinar   Enhancing Your Personal Safety</u></a> Facilitated by: LifeMatters	Online	
1/22	10:00 AM - 2:00 PM	<a href="#"><u>Lunch Time Express Begins, Get Moving Towards a Healthy You</u></a> Facilitated by: SRC Trainers	Student Recreation Center	
1/28	10:00 AM - 11:00 AM	<a href="#"><u>CGT   Time Management: What Gets in the Way &amp; How to Reclaim Control Over Your Schedule</u></a> Facilitated by: Audrey Reille	Online	
1/28	10:00 AM - 11:30 AM	<a href="#"><u>HR Insights   Life Happens - Coordinating the Leave Process</u></a> Facilitated by: Laurie Gold-Brubaker & Karyn Cote	HR Training Room, Oviatt 16	
1/30	5:30 PM - 6:20 PM	<a href="#"><u>Start the New Year with a New You, Commit To Be Fit is Back</u></a> Facilitated by: Ken Liametchakul & Shabnam Islam	Redwood Hall, RE 200	
















## February





2/04	2:00 PM - 3:00 PM	<a href="#"><u>UDC   Web-One Accessibility</u></a> Facilitated by: Universal Design Center	Oviatt 30	
2/05	2:00 PM - 3:00 PM	<a href="#"><u>UDC   Introduction to Accessibility and Universal Design</u></a> Facilitated by: Universal Design Center	Oviatt 30	
2/05	1:00 PM - 3:00 PM	<a href="#"><u>General Building Marshal Training</u></a> Facilitated by: Lisa Curtis	DPS Training Room, 2nd Floor	
2/08	7:00 PM	<a href="#"><u>Matador Athletics Faculty and Staff Appreciation Series   Men's Basketball vs. UC Riverside</u></a> Facilitated by: CSUN Athletics	CSUN Matadome	
2/10	2:00 PM - 3:00 PM	<a href="#"><u>Mata-Tech Monday   Exploring Artificial Intelligence (AI) Uses for the Office</u></a> Facilitated by: Kyle Shaver	HR Training Room, Oviatt 16	
2/10	10:00 AM - 11:30 AM	<a href="#"><u>UDC   Word Essentials</u></a> Facilitated by: Universal Design Center	Oviatt 30	
2/11	2:00 PM - 3:15 PM	<a href="#"><u>UDC   Canvas Ally</u></a> Facilitated by: Universal Design Center	Oviatt 30	
2/12	9:00 AM - 4:00 PM	<a href="#"><u>CalPERS One-on-One Consultations</u></a> Facilitated by: CalPERS Staff	By Appointment	
2/13	2:00 PM - 4:00 PM	<a href="#"><u>NEW CSU Voluntary Employee Benefits: Critical Illness, Accident &amp; Voluntary Life Insurance</u></a> Facilitated by: Jackie Land, The Standard	HR Training Room, Oviatt 16	
2/13	10:00 AM - 12:00 PM	<a href="#"><u>NEW CSU Voluntary Employee Benefits: Critical Illness, Accident &amp; Voluntary Life Insurance</u></a> Facilitated by: Jackie Land, The Standard	HR Training Room, Oviatt 16	
2/14	9:00 AM - 12:30 PM	<a href="#"><u>American Red Cross Adult CPR and AED</u></a> Facilitated by: Daniel Castellon	HR Training Room, Oviatt 16	
2/18	10:00 AM - 11:00 AM	<a href="#"><u>HR Insights   Retirement Basics: Understanding Your CalPERS Retirement</u></a> Facilitated by: Laurie Gold-Brubaker	HR Training Room, Oviatt 16	
2/18	10:00 AM - 11:30 AM	<a href="#"><u>UDC   Accessibility Testing Tools</u></a> Facilitated by: Universal Design Center	Oviatt 30	



2/19	9:00 AM - 10:00 AM	<a href="#"><u>LifeMatters Webinar   Cultivating Happiness Within Yourself</u></a> Facilitated by: LifeMatters	Online	
2/19	10:00 AM - 11:00 AM	<a href="#"><u>UDC   EquatIO</u></a> Facilitated by: Universal Design Center	Oviatt 30	
2/25	9:00 AM - 10:00 AM	<a href="#"><u>Identifying, Preventing &amp; Responding to Fraud</u></a> Facilitated by: Howard Lutwak, Internal Audit	HR Training Room, Oviatt 16	
2/25	10:00 AM - 11:00 AM	<a href="#"><u>CGT   Conflict Psychology: 5 Fundamental Cognitive Biases That Create Everyday Conflict &amp; How to Mitigate Them</u></a> Facilitated by: Jeremy Pollack	Online	
2/25	1:30 PM - 2:30 PM	<a href="#"><u>UDC   Accessibility for Purchases</u></a> Facilitated by: Universal Design Center	Oviatt 30	
2/26	9:30 AM - 11:00 AM	<a href="#"><u>UDC   PowerPoint Essentials</u></a> Facilitated by: Universal Design Center	Oviatt 30	
2/26	2:00 PM - 3:30 PM	<a href="#"><u>Manager Exchange   Leadership in Creating a Welcoming Climate</u></a> Facilitated by: Kristina de la Vega	HR Training Room, Oviatt 16	
2/28	7:00 PM	<a href="#"><u>Matador Athletics Faculty and Staff Appreciation Series   Men's Volleyball vs. UCLA</u></a> Facilitated by: CSUN Athletics	CSUN Matadome	

## March






3/02	2:00 PM - 3:30 PM	<a href="#"><u>UDC   PDF Tools</u></a> Facilitated by: Universal Design Center	Oviatt 30	
3/02	12:00 PM - 1:00 PM	<a href="#"><u>Learning Can Be Fun and Almost Free - Fee Waiver</u></a> Facilitated by: Nikki Valadez, Nick Alexander, Frank Calderon, & Shen Milunovic	HR Training Room, Oviatt 16	
3/03	10:00 AM - 11:00 AM	<a href="#"><u>Creating and Promoting Your Program's Unique Brand Within the Brand</u></a> Facilitated by: Kevin Lizarraga	HR Training Room, Oviatt 16	
3/04	2:00 PM - 3:00 PM	<a href="#"><u>UDC   PDF Scanned &amp; OCR</u></a> Facilitated by: Universal Design Center	Oviatt 30	
3/05	7:00 PM	<a href="#"><u>Matador Athletics Faculty and Staff Appreciation Series   Women's Basketball vs. UC Davis</u></a> Facilitated by: CSUN Athletics	CSUN Matadome	
3/05	10:00 AM - 12:00 PM	<a href="#"><u>CalPERS Seminar - Planning for Your Retirement</u></a> Facilitated by: CalPERS Staff		
3/05	1:30 PM - 3:00 PM	<a href="#"><u>UDC   Compliance Sheriff</u></a> Facilitated by: Universal Design Center	Oviatt 30	
3/06	12:00 PM - 1:00 PM	<a href="#"><u>Spice Up Your Life - MMC Wellness Cooking Series   Easy Potluck Meals</u></a> Facilitated by: Marilyn Magaram Center Staff	Wellness Kitchen, SQ 112	
3/09	2:00 PM - 3:00 PM	<a href="#"><u>Mata-Tech Monday   Utilizing Adobe Sign</u></a> Facilitated by: Bergen Muzatko & Karen Primm	HR Training Room, Oviatt 16	
3/10	10:00 AM - 11:30 AM	<a href="#"><u>HR Insights   Transitioning from Peer to Supervisor</u></a> Facilitated by: Mika Williamson	HR Training Room, Oviatt 16	
3/13	12:30 PM	<a href="#"><u>Matador Athletics Faculty and Staff Appreciation Series   Softball vs. DePaul</u></a> Facilitated by: CSUN Athletics	CSUN Baseball Field	
3/17	2:00 PM - 3:30 PM	<a href="#"><u>Emergency Preparedness   Disaster Ready - Earthquake Preparation, Response, &amp; Recovery</u></a> Facilitated by: Lisa Curtis	DPS Training Room, 2nd Floor	
3/20	2:00 PM	<a href="#"><u>Matador Athletics Faculty and Staff Appreciation Series   Water Polo vs. George Washington</u></a> Facilitated by: CSUN Athletics	CSUN Matadome Pools	
3/25	9:00 AM - 10:00 AM	<a href="#"><u>LifeMatters Webinar   Taking the High Road: Kindness and Civility</u></a> Facilitated by: LifeMatters	Online	
3/25	2:00 PM - 3:30 PM	<a href="#"><u>Manager Exchange   The Performance Management Review Process</u></a> Facilitated by: Toni Strauja	HR Training Room, Oviatt 16	
3/25	10:00 AM - 11:00 AM	<a href="#"><u>CGT   Can You Hear Me? How to Connect With People in the Virtual World</u></a> Facilitated by: Nick Morgan	Online	

3/25	10:00 AM - 11:00 AM	<a href="#"><u>UDC   Screen Readers</u></a> Facilitated by: Universal Design Center	Oviatt 30	
<b>April</b>				
4/01	1:30 PM - 2:30 PM	<a href="#"><u>UDC   Email Accessibility</u></a> Facilitated by: Universal Design Center	Oviatt 30	
4/03	12:00 PM - 1:00 PM	<a href="#"><u>Spice Up Your Life - MMC Wellness Cooking Series   Beverage Inspiration</u></a> Facilitated by: Marilyn Magaram Center Staff	Wellness Kitchen, SQ 112	
4/07	3:00 PM	<a href="#"><u>Matador Athletics Faculty and Staff Appreciation Series   Baseball vs. Fresno State</u></a> Facilitated by: CSUN Athletics	CSUN Baseball Field	
4/07	2:00 PM - 3:00 PM	<a href="#"><u>UDC   EquatIO</u></a> Facilitated by: Universal Design Center	Oviatt 30	
4/08	10:00 AM - 11:00 AM	<a href="#"><u>UDC   Social Media Accessibility</u></a> Facilitated by: Universal Design Center	Oviatt 30	
4/08	1:00 PM - 2:00 PM	<a href="#"><u>Emergency Preparedness   Disaster Ready - Protecting Critical Documents &amp; Valuables in Emergencies</u></a> Facilitated by: Lisa Curtis	DPS Training Room, 2nd Floor	
4/11	1:00 PM	<a href="#"><u>Matador Athletics Faculty and Staff Appreciation Series   Softball vs. LBSU</u></a> Facilitated by: CSUN Athletics	CSUN Baseball Field	
4/13	2:00 PM - 3:00 PM	<a href="#"><u>Mata-Tech Monday   Exploring OneNote</u></a> Facilitated by: Zo Qazi	HR Training Room, Oviatt 16	
4/15	10:00 AM - 11:30 AM	<a href="#"><u>UDC   Siteimprove</u></a> Facilitated by: Universal Design Center	Oviatt 30	
4/20	10:00 AM - 11:15 AM	<a href="#"><u>UDC   Canvas Ally</u></a> Facilitated by: Universal Design Center	Oviatt 30	
4/21	10:00 AM - 12:00 PM	<a href="#"><u>HR Insights   Understanding Staff Classification &amp; Compensation at CSUN</u></a> Facilitated by: Lynn Marks	HR Training Room, Oviatt 16	
4/22	9:00 AM - 10:00 AM	<a href="#"><u>LifeMatters Webinar   Strategies to Manage Frustration and Anger</u></a> Facilitated by: LifeMatters	Online	
4/23	9:00 AM - 4:00 PM	<a href="#"><u>CalPERS One-on-One Consultations</u></a> Facilitated by: CalPERS Staff	By Appointment	
4/29	10:00 AM - 11:00 AM	<a href="#"><u>CGT   Getting Things Done: The Art of Stress-Free Productivity</u></a> Facilitated by: Justin Hale	Online	

<b>May</b>				
5/11	2:00 PM - 3:00 PM	<a href="#"><u>UDC   Flyers &amp; infographics</u></a> Facilitated by: Universal Design Center	Oviatt 30	
5/11	2:00 PM - 3:00 PM	<a href="#"><u>Mata-Tech Monday   Creating Accessible Flyers &amp; Infographics</u></a> Facilitated by: Van Thi Nguyen	HR Training Room, Oviatt 16	
5/20	9:00 AM - 10:00 AM	<a href="#"><u>LifeMatters Webinar   Fundamentals of Mental Health</u></a> Facilitated by: LifeMatters	Online	
5/28	10:00 AM - 11:00 AM	<a href="#"><u>CGT   Leveraging Positivity: Bolstering Capacity When Difficult Conversations, Tense Moments, &amp; Unwelcome Change Loom</u></a> Facilitated by: Maria Sirois	Online	

<b>June</b>				
6/08	2:00 PM - 3:00 PM	<a href="#"><u>Mata-Tech Monday   Creating Instructional Videos with Camtasia</u></a> Facilitated by: Bergen Muzatko	HR Training Room, Oviatt 16	
6/24	9:00 AM - 10:00 AM	<a href="#"><u>LifeMatters Webinar   The Importance of an LGBTQIA+ Inclusive Workplace</u></a> Facilitated by: LifeMatters	Online	

## July

7/13	2:00 PM - 3:00 PM	<a href="#"><u>Mata-Tech Monday   Outlook Tips to Help You Maximize Efficiency</u></a> Facilitated by: Heather Kennedy & Nikki Valadez	HR Training Room, Oviatt 16	
7/22	9:00 AM - 10:00 AM	<a href="#"><u>LifeMatters Webinar   Managing Chronic Pain</u></a> Facilitated by: LifeMatters	Online	
<b>Series</b>				
1/22	10:30 AM - 2:00 PM	<a href="#"><u>Lunch Time Express (Mon. &amp; Wed., Program ends on 5/14)</u></a> Facilitated by: SRC Trainers	Student Recreation Center	
1/27	12:00 PM - 12:45 PM	<a href="#"><u>Mindfulness Monday (Program end on 4/27)</u></a> Facilitated by: Institute for Community Health & Wellbeing	Santa Susanna Hall, SN 108	
1/30	5:30 PM - 6:20 PM	<a href="#"><u>Commit To Be Fit (Mon.-Thurs., Program ends on 4/30)</u></a> Facilitated by: Ken Liampecthakul & Shabnam Islam	Redwood Hall, RE 200	

### Register Information:

1. Log into the myNorthridge Portal, in the Training/Professional Dev pagelet and Select "CSU Learn", or visit: [https://csu.sumtotal.host/Core/dash/home/Home\\_Northridge](https://csu.sumtotal.host/Core/dash/home/Home_Northridge);
2. Select "Training Schedule" to view upcoming training on campus and select the date on the calendar for the course you which to attend;
3. Then select the course title; next select "Register;"
4. Click on the bullet next to the CSUN HR icon, and select "Submit" to enroll in this session.

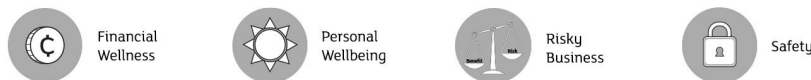
### Join the Professional Development Listserv

To subscribe to the list, send an email to [majordomo@csun.edu](mailto:majordomo@csun.edu) and in the BODY of the email (not the SUBJECT) write "subscribe profdev-l@csun.edu."

## CAMPUS PRIORITIES



## INTERESTS



Please refer to the online calendar at <http://www.csun.edu/development/training> for up-to-date program information, descriptions, and registration information.

As of 20200127