### January

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Facilitator(s)</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/22</td>
<td>08:00 AM - 5:00 PM</td>
<td><strong>Fidelity - One on One Consultations</strong></td>
<td>George Nofel</td>
<td>Extended University Commons, EU 106</td>
</tr>
<tr>
<td>1/28</td>
<td>2:00 PM - 3:00 PM</td>
<td>**Mata-Tech Monday</td>
<td>Information Security - Keeping Your Work and Data Safe**</td>
<td>Monish Mehta</td>
</tr>
<tr>
<td>1/29</td>
<td>12:00 PM - 1:00 PM</td>
<td><strong>Clutter Busters - Life Matters</strong></td>
<td>Lara Mekhitarian</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>1/29</td>
<td>10:00 AM - 11:00 AM</td>
<td>**CSUGT</td>
<td>Strategic Persuasion Through Body Language**</td>
<td>Traci Brown</td>
</tr>
<tr>
<td>1/30</td>
<td>2:00 PM - 3:30 PM</td>
<td>**Manager Exchange</td>
<td>Creating an Accountable Team**</td>
<td>Jason Wang</td>
</tr>
<tr>
<td>1/31</td>
<td>7:00 PM</td>
<td>**Matador Athletics Faculty &amp; Staff Appreciation Series</td>
<td>CSUN Women's Basketball vs. Cal State Fullerton**</td>
<td>CSUN Athletics</td>
</tr>
<tr>
<td>1/31</td>
<td>5:00 PM - 6:20 PM</td>
<td><strong>Commit to Be Fit Orientation, Spring 2019</strong></td>
<td>Kim Henige &amp; Shabnam Islam</td>
<td>Redwood Hall 200</td>
</tr>
</tbody>
</table>

### February

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Facilitator(s)</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/01</td>
<td>09:00 AM - 12:30 PM</td>
<td><strong>American Red Cross Adult CPR and AED (Automated Extended Defibrillator)</strong></td>
<td>Daniel Castellon</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/02</td>
<td>7:00 PM</td>
<td>**Matador Athletics Faculty &amp; Staff Appreciation Series</td>
<td>CSUN Men's Basketball vs. Cal Poly**</td>
<td>CSUN Athletics</td>
</tr>
<tr>
<td>2/04</td>
<td>2:00 PM - 3:00 PM</td>
<td><strong>Student Mentorship Workshop</strong></td>
<td>Diana Medina, Joe Medina, Lynn Marks &amp; Rosemary Martin</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/05</td>
<td>12:00 PM - 1:00 PM</td>
<td><strong>Nutrition and Brain Health (Preventing Alzheimer's and Dementia)</strong></td>
<td>Ellen Bausfeld</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/05</td>
<td>10:00 AM - 11:30 AM</td>
<td>**HR Insights</td>
<td>Life Happens: Coordinating the Leave Process for Employees**</td>
<td>Laurie Gold-Brubaker &amp; Karyn Cote</td>
</tr>
<tr>
<td>2/05</td>
<td>08:00 AM - 4:00 PM</td>
<td><strong>CalPERS - One on One Consultations</strong></td>
<td>Ladina Manella</td>
<td>Extended University Commons, EU 106</td>
</tr>
<tr>
<td>2/06</td>
<td>09:00 AM - 10:30 AM</td>
<td><strong>Travel the World with myCSUNglobe</strong></td>
<td>Cyndi Paull &amp; Marlene Gale</td>
<td>Ferman Presentation Room</td>
</tr>
<tr>
<td>2/07</td>
<td>10:00 AM - 11:00 AM</td>
<td><strong>eCommerce At CSUN</strong></td>
<td>Steve Woods</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/07</td>
<td>1:30 PM - 2:30 PM</td>
<td><strong>Introduction to Accessibility and Universal Design</strong></td>
<td>Universal Design Center</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/11</td>
<td>2:00 PM - 3:00 PM</td>
<td>**Mata-Tech Monday</td>
<td>Discover How to Navigate Effortlessly in the Windows 10 Platform**</td>
<td>Bergen Muzatko</td>
</tr>
<tr>
<td>2/12</td>
<td>09:00 AM - 10:30 AM</td>
<td><strong>Making CSUN's eTravel Your Roadmap to Seamless Travel Reimbursements</strong></td>
<td>Annie Dang, Cynthia De La Fuente, &amp; Ryan Heredia</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/13</td>
<td>7:00 PM</td>
<td>**Matador Athletics Faculty &amp; Staff Appreciation Series</td>
<td>CSUN Men's Volleyball vs. Pepperdine**</td>
<td>CSUN Athletics</td>
</tr>
<tr>
<td>2/13</td>
<td>12:00 PM - 1:00 PM</td>
<td><strong>Stress Reduction - Kaiser Permanente</strong></td>
<td>Jennifer Prince</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/13</td>
<td>10:00 AM - 11:00 AM</td>
<td><strong>Screen Readers</strong></td>
<td>Universal Design Center</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/14</td>
<td>12:00 PM - 1:00 PM</td>
<td><strong>EAP Orientation - Life Matters</strong></td>
<td>Phyllis Cohen</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
</tbody>
</table>
2/14 1:30 PM - 2:45 PM  **Wod Essentials**  
Facilitated by: Universal Design Center  
Oviatt 30

2/18 2:00 PM - 3:15 PM  **PowerPoint Essentials**  
Facilitated by: Universal Design Center  
Oviatt 30

2/18 08:00 AM - 5:00 PM  **Fidelity - one on one Consultations**  
Facilitated by: George Nobel  
Extended University Commons, EU 106

2/19 2:00 PM - 3:00 PM  **Audism, Not Autism**  
Facilitated by: William Garrow  
HR Training Room, Oviatt 16

2/19 12:00 PM - 1:00 PM  **Working Moms Brown Bag Lunch - Women In Investing (Savings Plus)**  
Facilitated by:  
HR Training Room, Oviatt 16

2/20 2:00 PM - 3:30 PM  **Understanding CSUN's Procurement Policy**  
Facilitated by: Deborah Flugum  
HR Training Room, Oviatt 16

2/20 09:00 AM - 10:00 AM  **Identifying, Preventing & Responding to Fraud**  
Facilitated by: Howard Lutwak  
HR Training Room, Oviatt 16

2/21 7:00 PM  **Matador Athletics Faculty & Staff Appreciation Series | CSUN Women's Basketball vs. Long Beach**  
Facilitated by: CSUN Athletics  
Matadome

2/21 09:00 AM - 11:00 AM  **Q, P. R. Suicide Prevention Training for Faculty & Staff Working with Students: Question, Persuade, Refer**  
Facilitated by: Anne Eipe  
HR Training Room, Oviatt 16

2/26 10:30 AM - 12:00 PM  **PDF Tools**  
Facilitated by: Universal Design Center  
Oviatt 30

2/26 1:30 PM - 3:00 PM  **Travel the World with myCSUNGlobe**  
Facilitated by: Cyndi Paull & Marlene Gale  
Ferman Presentation Room

2/27 2:00 PM - 3:30 PM  **Manager Exchange | Serving as a Catalyst for Continuous Change**  
Facilitated by: Jill Smith & Kristina de la Vega  
HR Training Room, Oviatt 16

2/27 10:00 AM - 11:00 AM  **CSUGT | What High-Performance Teams Know: The Meetings That Make or Break an Organization**  
Facilitated by: Elise Keith  
Online

2/28 2:00 PM - 3:00 PM  **Email Accessibility**  
Facilitated by: Universal Design Center  
Oviatt 30

March

3/02 7:00 PM  **Matador Athletics Faculty & Staff Appreciation Series | CSUN Men's Volleyball vs. Long Beach**  
Facilitated by: CSUN Athletics  
Matadome

3/05 2:00 PM  **Matador Athletics Faculty & Staff Appreciation Series | CSUN Baseball vs. St. John's**  
Facilitated by: CSUN Athletics  
Matador Baseball Field

3/05 10:00 AM - 11:45 AM  **HR Insights | Conducting a Successful Employee Search**  
Facilitated by: Mika Williamson  
Oviatt 30

3/05 08:00 AM - 4:00 PM  **CalPERS - One on One Consultations**  
Facilitated by: Mindy Fox  
Extended University Commons, EU 106

3/06 10:00 AM - 11:30 AM  **Respect in the Workplace - Life Matters**  
Facilitated by: Lara Garibian  
HR Training Room, Oviatt 16

3/06 1:30 PM - 3:00 PM  **Compliance Sheriff**  
Facilitated by: Universal Design Center  
HR Training Room, Oviatt 16

3/07 2:00 PM - 3:30 PM  **PDF Custom Tags**  
Facilitated by: Universal Design Center  
Oviatt 30

3/07 12:00 PM - 1:00 PM  **Spice Up Your Life - MMC Wellness Cooking Series | Meal Prep Ideas & Demonstrations for Dinner & Snacks**  
Facilitated by: Marilyn Magaram Center Staff  
MMC Wellness Kitchen, SQ 112

3/07 09:00 AM - 11:00 AM  **Budgeting in Action**  
Facilitated by: Cecile Avila-Robson, Callie Juarez, & Edith Winterhalter  
HR Training Room, Oviatt 16

3/08 09:00 AM - 10:00 AM  **Communication Secrets for Success**  
Facilitated by: Bridget Sampson  
HR Training Room, Oviatt 16
3/11  2:00 PM - 3:00 PM  **Mata-Tech Monday | Creating & Sharing Accessible Information**  
Facilitated by: Van Nguyen  
HR Training Room, Oviatt 16

3/20  10:00 AM - 11:00 AM  **CSUGT | Navigating the Multi-generational Workplace**  
Facilitated by: Leah C. Georges  
Online

3/25  12:00 PM - 1:00 PM  **Learning Can Be Fun and Almost Free - Fee Wavier**  
Facilitated by: Nikki Valadez, Nick Alexander, Frank Calderon, Shen Milunvic  
HR Training Room, Oviatt 16

3/26  2:00 PM - 3:30 PM  **Web-One Accessibility**  
Facilitated by: Universal Design Center  
HR Training Room, Oviatt 16

3/26  08:00 AM - 5:00 PM  **Fidelity - One on One Consultations**  
Facilitated by: George Nofel  
Extended University Commons, EU 106

3/27  2:00 PM - 3:30 PM  **Manager Exchange | Conflict Resolution**  
Facilitated by: Whitney Scott  
HR Training Room, Oviatt 16

3/27  12:00 PM - 1:00 PM  **Create a Budget, Ditch Your Debt, and Start Building for the Future - Fidelity**  
Facilitated by: George Nofel  
HR Training Room, Oviatt 16

3/27  10:30 AM - 11:30 AM  **Introduction to Accessibility and Universal Design**  
Facilitated by: Universal Design Center  
HR Training Room, Oviatt 16

3/28  2:00 PM - 3:00 PM  **PDF Scanned & OCR**  
Facilitated by: Universal Design Center  
Oviatt 30

**April**

4/02  10:30 AM - 12:00 PM  **Accessibility Testing Tools**  
Facilitated by: Universal Design Center  
Oviatt 30

4/03  10:30 AM - 11:30 PM  **Infographics PDF**  
Facilitated by: Universal Design Center  
Oviatt 30

4/04  2:00 PM - 3:00 PM  **Infographics Web-One**  
Facilitated by: Universal Design Center  
Oviatt 30

4/04  12:00 PM - 1:00 PM  **Spice Up Your Life - MMC Wellness Cooking Series | Dried Spices**  
Facilitated by: Marilyn Magaram Center Staff  
MMC Wellness Kitchen, SQ112

4/08  2:00 PM - 3:00 PM  **Mata-Tech Monday | Learn How You Can Enhance Your Course Using Canvas**  
Facilitated by: Instructional Technology Center Staff  
HR Training Room, Oviatt 16

4/09  12:00 PM - 1:00 PM  **Nearing Retirement - Savings Plus**  
Facilitated by: Jasmine Bauer  
HR Training Room, Oviatt 16

4/14  1:00 PM  **Matador Athletics Faculty & Staff Appreciation Series | CSUN Softball vs. UC Riverside**  
Facilitated by: CSUN Athletics  
Matador Softball Field

4/16  10:00 AM - 11:30 AM  **HR Insights | Understanding How CSUN’s Classification & Compensation System Works**  
Facilitated by: Mika Williamson & Lynn Marks  
HR Training Room, Oviatt 16

4/18  12:00 PM - 1:00 PM  **Take the First Step to Investing - Fidelity**  
Facilitated by: George Nofel  
HR Training Room, Oviatt 16

4/19  08:00 AM - 5:00 PM  **Fidelity - One on One Consultations**  
Facilitated by: George Nofel  
Extended University Commons, EU 106

4/23  10:00 AM - 11:00 AM  **CSUGT | Great Grammar in 60 Minutes**  
Facilitated by: Nancy Flynn  
Online

4/30  10:00 AM - 12:00 PM  **CalPERS Seminar: Planning for Your Retirement**  
Facilitated by: Mindy Fox  
Ferman Presentation Room, Oviatt

**May**

5/02  12:00 PM - 1:00 PM  **California Casualty**  
Facilitated by: Nina Ericksen  
HR Training Room, Oviatt 16

5/09  12:00 PM - 1:00 PM  **Depression Workshop (Mental Health Month) - Life Matters**  
Facilitated by: Ellen Conte  
HR Training Room, Oviatt 16
5/13  2:00 PM - 3:00 PM  **Mata-Tech Monday | Increase Operational Efficiencies with DocuSign**  
Facilitated by: Bergen Muzatko & Karen Primm  
HR Training Room, Oviatt 16

5/14  10:00 AM - 11:00 AM  **CSUGT | Working With Difficult People Without Losing Your Mind**  
Facilitated by: Amy Cooper Hakim  
Online

5/14  08:00 AM - 5:00 PM  **Fidelity - One on One Consultations**  
Facilitated by: George Nofel  
Extended University Commons, EU 106

5/16  12:00 PM - 1:00 PM  **Get Moving - Physical Activity Resources - Kaiser Permanente**  
Facilitated by: Jennifer Prince  
HR Training Room, Oviatt 16

5/29  2:00 PM - 3:30 PM  **Manager Exchange | Coaching, Counseling and Performance Management**  
Facilitated by: Toni Strauja  
HR Training Room, Oviatt 16

**June**

6/10  2:00 PM - 3:00 PM  **Mata-Tech Monday | Becoming Sustainable in an OnBase Environment**  
Facilitated by: Bergen Muzatko & Karen Primm  
HR Training Room, Oviatt 16

6/20  12:00 PM - 1:00 PM  **Parenting Workshop - Life Matters**  
Facilitated by: Dr. Ellen Contente  
HR Training Room, Oviatt 16

**Series**

1/22  10:30 AM - 2:30 PM  **Lunch Time Express (Weekly, M-W, ends on 5/19)**  
Facilitated by: SRC Instructors  
Student Recreation Center

2/04  12:00 PM - 12:45 PM  **Mindfulness Mondays (Weekly M, ends on 5/6)**  
Facilitated by: Institute of Community Health and Wellbeing  
Santa Susanna Hall Rm 108

2/06  5:30 PM - 6:20 PM  **Commit To Be Fit Begins (Weekly M-Th, ends on 5/23)**  
Facilitated by: Kim Henige & Shabnam Islam  
Redwood Hall 200

2/06  12:00 PM - 12:45 PM  **Walkability Wednesdays (Weekly W, ends on 5/8)**  
Facilitated by: Institute of Community Health and Wellbeing  
Santa Susanna Hall Rm 108

3/26  12:00 PM - 1:00 PM  **Working Moms Brown Bag Lunch (Meets on 3/26, 4/23, 5/21)**  
Facilitated by: Rosemary Martin  
HR Training Room, Oviatt 16

**Join the Professional Development Listserv**

To subscribe to the list, send an email to majordomo@csun.edu and in the BODY of the email (not the SUBJECT) write "subscribe profdev-l@csun.edu."

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**CAMPUS PRIORITIES**

- Student Success
- Employees for Success
- Diversity & Inclusive Excellence
- Visibility & Reputation of the University
- Increase Financial Strength
- Increase Research Activity & Sponsored Programs
- Sustainability
- Athletics as a Tool for Engagement

**INTERESTS**

- Financial Wellness
- Personal Wellness
- Risky Business
- Safety

Please refer to the online calendar at http://www.csun.edu/development/training for up-to-date program information, descriptions, and registration information.

As of 20190129