### January

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/22</td>
<td>08:00 AM - 5:00 PM</td>
<td><strong>Fidelity - One on One Consultations</strong>&lt;br&gt;Facilitated by: George Nofel</td>
<td>Extended University Commons, EU 106</td>
</tr>
<tr>
<td>1/28</td>
<td>2:00 PM - 3:00 PM</td>
<td>**Mata-Tech Monday</td>
<td>Information Security - Keeping Your Work and Data Safe**&lt;br&gt;Facilitated by: Monish Mehta</td>
</tr>
<tr>
<td>1/29</td>
<td>12:00 PM - 1:00 PM</td>
<td><strong>Clutter Busters - Life Matters</strong>&lt;br&gt;Facilitated by: Lara Mekhitarian</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>1/29</td>
<td>10:00 AM - 11:00 AM</td>
<td>**CSUGT</td>
<td>Strategic Persuasion Through Body Language**&lt;br&gt;Facilitated by: Traci Brown</td>
</tr>
<tr>
<td>1/30</td>
<td>2:00 PM - 3:30 PM</td>
<td>**Manager Exchange</td>
<td>Creating an Accountable Team**&lt;br&gt;Facilitated by: Jason Wang</td>
</tr>
<tr>
<td>1/31</td>
<td>7:00 PM</td>
<td>**Matador Athletics Faculty &amp; Staff Appreciation Series</td>
<td>CSUN Women's Basketball vs. Cal State Fullerton**&lt;br&gt;Facilitated by: CSUN Athletics</td>
</tr>
<tr>
<td>1/31</td>
<td>5:00 PM - 6:20 PM</td>
<td><strong>Commit to Be Fit Orientation, Spring 2019</strong>&lt;br&gt;Facilitated by: Kim Henige &amp; Shabnam Islam</td>
<td>Redwood Hall 200</td>
</tr>
</tbody>
</table>

### February

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/01</td>
<td>09:00 AM - 12:30 PM</td>
<td><strong>American Red Cross Adult CPR and AED (Automated Extended Defibrillator)</strong>&lt;br&gt;Facilitated by: Daniel Castellon</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/02</td>
<td>7:00 PM</td>
<td>**Matador Athletics Faculty &amp; Staff Appreciation Series</td>
<td>CSUN Men's Basketball vs. Cal Poly**&lt;br&gt;Facilitated by: CSUN Athletics</td>
</tr>
<tr>
<td>2/04</td>
<td>2:00 PM - 3:00 PM</td>
<td><strong>Student Mentorship Workshop</strong>&lt;br&gt;Facilitated by: Diana Medina, Joe Medina, Lynn Marks &amp; Rosemary Martin</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/05</td>
<td>12:00 PM - 1:00 PM</td>
<td><strong>Nutrition and Brain Health (Preventing Alzheimer’s and Dementia)</strong>&lt;br&gt;Facilitated by: Ellen Baurersfeld</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/05</td>
<td>10:00 AM - 11:30 AM</td>
<td>**HR Insights</td>
<td>Life Happens: Coordinating the Leave Process for Employees**&lt;br&gt;Facilitated by: Laurie Gold-Brubaker &amp; Karyn Cote</td>
</tr>
<tr>
<td>2/05</td>
<td>08:00 AM - 4:00 PM</td>
<td><strong>CalPERS - One on One Consultations</strong>&lt;br&gt;Facilitated by: Ladina Manella</td>
<td>Extended University Commons, EU 106</td>
</tr>
<tr>
<td>2/06</td>
<td>09:00 AM - 10:30 AM</td>
<td><strong>Travel the World with myCSUNglobe</strong>&lt;br&gt;Facilitated by: Cyndi Paull &amp; Marlene Gale</td>
<td>Ferman Presentation Room</td>
</tr>
<tr>
<td>2/07</td>
<td>10:00 AM - 11:00 AM</td>
<td><strong>eCommerce At CSUN</strong>&lt;br&gt;Facilitated by: Steve Woods</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/07</td>
<td>1:30 PM - 2:30 PM</td>
<td><strong>Introduction to Accessibility and Universal Design</strong>&lt;br&gt;Facilitated by: Universal Design Center</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/11</td>
<td>2:00 PM - 3:00 PM</td>
<td>**Mata-Tech Monday</td>
<td>Discover How to Navigate Effortlessly in the Windows 10 Platform**&lt;br&gt;Facilitated by: Bergen Muzatko</td>
</tr>
<tr>
<td>2/12</td>
<td>09:00 AM - 10:30 AM</td>
<td><strong>Making CSUN’s eTravel Your Roadmap to Seamless Travel Reimbursements</strong>&lt;br&gt;Facilitated by: Annie Dang, Cynthia De La Fuente, &amp; Ryan Heredia</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/13</td>
<td>7:00 PM</td>
<td>**Matador Athletics Faculty &amp; Staff Appreciation Series</td>
<td>CSUN Men's Volleyball vs. Pepperdine**&lt;br&gt;Facilitated by: CSUN Athletics</td>
</tr>
<tr>
<td>2/13</td>
<td>12:00 PM - 1:00 PM</td>
<td><strong>Stress Reduction - Kaiser Permanente</strong>&lt;br&gt;Facilitated by: Jennifer Prince</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/13</td>
<td>10:00 AM - 11:00 AM</td>
<td><strong>Screen Readers</strong>&lt;br&gt;Facilitated by: Universal Design Center</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/14</td>
<td>12:00 PM - 1:00 PM</td>
<td><strong>EAP Orientation - Life Matters</strong>&lt;br&gt;Facilitated by: Phyllis Cohen</td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>Date</td>
<td>Time</td>
<td>Event</td>
<td>Location</td>
</tr>
<tr>
<td>-------</td>
<td>------------</td>
<td>----------------------------------------------------------------------</td>
<td>-----------------------------------------------</td>
</tr>
<tr>
<td>2/14</td>
<td>1:30 PM - 2:45 PM</td>
<td><strong>Word Essentials</strong></td>
<td>Oviatt 30</td>
</tr>
<tr>
<td>2/18</td>
<td>2:00 PM - 3:15 PM</td>
<td><strong>PowerPoint Essentials</strong></td>
<td>Oviatt 30</td>
</tr>
<tr>
<td>2/18</td>
<td>08:00 AM - 5:00 PM</td>
<td><strong>Fidelity - One on One Consultations</strong></td>
<td>Extended University Commons, EU 106</td>
</tr>
<tr>
<td>2/19</td>
<td>2:00 PM - 3:00 PM</td>
<td><strong>Audism, Not Autism</strong></td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/19</td>
<td>12:00 PM - 1:00 PM</td>
<td><strong>Working Moms Brown Bag Lunch - Women In Investing (Savings Plus)</strong></td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/20</td>
<td>2:00 PM - 3:30 PM</td>
<td><strong>Understanding CSUN's Procurement Policy</strong></td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/20</td>
<td>09:00 AM - 10:00 AM</td>
<td><strong>Identifying, Preventing &amp; Responding to Fraud</strong></td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/21</td>
<td>7:00 PM</td>
<td>**Matador Athletics Faculty &amp; Staff Appreciation Series</td>
<td>CSUN Women's Basketball vs. Long Beach**</td>
</tr>
<tr>
<td>2/26</td>
<td>10:30 AM - 12:00 PM</td>
<td><strong>PDF Tools</strong></td>
<td>Oviatt 30</td>
</tr>
<tr>
<td>2/26</td>
<td>1:30 PM - 3:00 PM</td>
<td><strong>Travel the World with myCSUNglobe</strong></td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>2/27</td>
<td>2:00 PM - 3:30 PM</td>
<td>**Manager Exchange</td>
<td>Serving as a Catalyst for Continuous Change**</td>
</tr>
<tr>
<td>2/27</td>
<td>10:00 AM - 11:00 AM</td>
<td>**CSUGT</td>
<td>What High-Performance Teams Know: The Meetings That Make or Break an Organization**</td>
</tr>
<tr>
<td>2/28</td>
<td>2:00 PM - 3:00 PM</td>
<td><strong>Email Accessibility</strong></td>
<td>Oviatt 30</td>
</tr>
<tr>
<td>3/02</td>
<td>7:00 PM</td>
<td>**Matador Athletics Faculty &amp; Staff Appreciation Series</td>
<td>CSUN Men's Volleyball vs. Long Beach**</td>
</tr>
<tr>
<td>3/05</td>
<td>2:00 PM</td>
<td>**Matador Athletics Faculty &amp; Staff Appreciation Series</td>
<td>CSUN Baseball vs. St. John's**</td>
</tr>
<tr>
<td>3/05</td>
<td>10:00 AM - 11:45 AM</td>
<td>**HR Insights</td>
<td>Conducting a Successful Employee Search**</td>
</tr>
<tr>
<td>3/05</td>
<td>08:00 AM - 4:00 PM</td>
<td><strong>CalPERS - One on One Consultations</strong></td>
<td>Extended University Commons, EU 106</td>
</tr>
<tr>
<td>3/06</td>
<td>10:00 AM - 11:30 AM</td>
<td><strong>Respect in the Workplace - Life Matters</strong></td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>3/06</td>
<td>1:30 PM - 3:00 PM</td>
<td><strong>Compliance Sheriff</strong></td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>3/07</td>
<td>2:00 PM - 3:30 PM</td>
<td><strong>PDF Custom Tags</strong></td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>3/07</td>
<td>12:00 PM - 1:00 PM</td>
<td>**Spice Up Your Life - MMC Wellness Cooking Series</td>
<td>Meal Prep Ideas &amp; Demonstrations for Dinner &amp; Snacks**</td>
</tr>
<tr>
<td>3/07</td>
<td>09:00 AM - 11:00 AM</td>
<td><strong>Budgeting in Action</strong></td>
<td>HR Training Room, Oviatt 16</td>
</tr>
<tr>
<td>3/11</td>
<td>2:00 PM - 3:00 PM</td>
<td>**Mata-Tech Monday</td>
<td>Creating &amp; Sharing Accessible Information**</td>
</tr>
<tr>
<td>3/20</td>
<td>10:00 AM - 11:00 AM</td>
<td>**CSUGT</td>
<td>Navigating the Multi-generational Workplace**</td>
</tr>
</tbody>
</table>
3/25  12:00 PM - 1:00 PM  Learning Can Be Fun and Almost Free - Fee Wavier
Facilitated by: Nikki Valadez, Nick Alexander, Frank Calderon, Shen Milunvic
HR Training Room, Oviatt 16

3/26  2:00 PM - 3:30 PM  Web-One Accessibility
Facilitated by: Universal Design Center
HR Training Room, Oviatt 16

3/26  08:00 AM - 5:00 PM  Fidelity - One on One Consultations
Facilitated by: George Nofel
Extended University Commons, EU 106

3/27  2:00 PM - 3:30 PM  Manager Exchange | Conflict Resolution
Facilitated by: Whitney Scott
HR Training Room, Oviatt 16

3/27  12:00 PM - 1:00 PM  Create a Budget, Ditch Your Debt, and Start Building for the Future - Fidelity
Facilitated by: George Nofel
HR Training Room, Oviatt 16

3/27  10:30 AM - 11:30 AM  Introduction to Accessibility and Universal Design
Facilitated by: Universal Design Center
HR Training Room, Oviatt 16

3/28  2:00 PM - 3:00 PM  PDF Scanned & OCR
Facilitated by: Universal Design Center
Oviatt 30

April

4/02  10:30 AM - 12:00 PM  Accessibility Testing Tools
Facilitated by: Universal Design Center
Oviatt 30

4/03  10:30 AM - 11:30 PM  Infographics PDF
Facilitated by: Universal Design Center
Oviatt 30

4/04  2:00 PM - 3:00 PM  Infographics Web-One
Facilitated by: Universal Design Center
Oviatt 30

4/04  12:00 PM - 1:00 PM  Spice Up Your Life - MMC Wellness Cooking Series | Dried Spices
Facilitated by: Marilyn Magaram Center Staff
MMC Wellness Kitchen, SQ112

4/08  2:00 PM - 3:00 PM  Mata-Tech Monday | Learn How You Can Enhance Your Course Using Canvas
Facilitated by: Instructional Technology Center Staff
HR Training Room, Oviatt 16

4/09  12:00 PM - 1:00 PM  Nearing Retirement - Savings Plus
Facilitated by: Jasmine Bauer
HR Training Room, Oviatt 16

4/14  1:00 PM  Matador Athletics Faculty & Staff Appreciation Series | CSUN Softball vs. UC Riverside
Facilitated by: CSUN Athletics
Matador Softball Field

4/16  10:00 AM - 11:30 AM  HR Insights | Understanding How CSUN's Classification & Compensation System Works
Facilitated by: Mika Williamson & Lynn Marks
HR Training Room, Oviatt 16

4/18  12:00 PM - 1:00 PM  Take the First Step to Investing - Fidelity
Facilitated by: George Nofel
HR Training Room, Oviatt 16

4/19  08:00 AM - 5:00 PM  Fidelity - One on One Consultations
Facilitated by: George Nofel
Extended University Commons, EU 106

4/23  10:00 AM - 11:00 AM  CSUGT | Great Grammar in 60 Minutes
Facilitated by: Nancy Flynn
Online

4/30  10:00 AM - 12:00 PM  CalPERS Seminar: Planning for Your Retirement
Facilitated by: Mindy Fox
Ferman Presentation Room, Oviatt

May

5/02  12:00 PM - 1:00 PM  California Casualty
Facilitated by: Nina Ericksen
HR Training Room, Oviatt 16

5/09  12:00 PM - 1:00 PM  Depression Workshop (Mental Health Month) - Life Matters
Facilitated by: Ellen Contente
HR Training Room, Oviatt 16

5/13  2:00 PM - 3:00 PM  Mata-Tech Monday | Increase Operational Efficiencies with DocuSign
Facilitated by: Bergen Muzatko & Karen Primm
HR Training Room, Oviatt 16

5/14  10:00 AM - 11:00 AM  CSUGT | Working With Difficult People Without Losing Your Mind
Facilitated by: Amy Cooper Hakim
Online
5/14  08:00 AM -  5:00 PM  **Fidelity - One on One Consultations**  
Facilitated by:  George Nofel  
Extended University Commons, EU 106

5/16  12:00 PM -  1:00 PM  **Get Moving - Physical Activity Resources - Kaiser Permanente**  
Facilitated by:  Jennifer Prince  
HR Training Room, Oviatt 16

5/29  2:00 PM -  3:30 PM  **Manager Exchange | Coaching, Counseling and Performance Management**  
Facilitated by:  Toni Strauja  
HR Training Room, Oviatt 16

### June

6/10  2:00 PM -  3:00 PM  **Mata-Tech Monday | Becoming Sustainable in an OnBase Environment**  
Facilitated by:  Bergen Muzatko & Karen Pimm  
HR Training Room, Oviatt 16

6/20  12:00 PM -  1:00 PM  **Parenting Workshop - Life Matters**  
Facilitated by:  Dr. Ellen Contente  
HR Training Room, Oviatt 16

### Series

1/22  10:30 AM -  2:30 PM  **Lunch Time Express (Weekly, M-W, ends on 5/19)**  
Facilitated by:  SRC Instructors  
Student Recreation Center

2/04  12:00 PM -  12:45 PM  **Mindfulness Mondays (Weekly M, ends on 5/6)**  
Facilitated by:  Institute of Community Health and Wellbeing  
Santa Susanna Hall Rm 108

2/06  5:30 PM -  6:20 PM  **Commit To Be Fit Begins (Weekly M-Th, ends on 5/23)**  
Facilitated by:  Kim Henige & Shabnam Islam  
Redwood Hall 200

2/06  12:00 PM -  12:45 PM  **Walkability Wednesdays (Weekly W, ends on 5/8)**  
Facilitated by:  Institute of Community Health and Wellbeing  
Santa Susanna Hall Rm 108

3/26  12:00 PM -  1:00 PM  **Working Moms Brown Bag Lunch (Meets on 3/26, 4/23, 5/21)**  
Facilitated by:  Rosemary Martin  
HR Training Room, Oviatt 16

Join the Professional Development Listserv

To subscribe to the list, send an email to majordomo@csun.edu and in the BODY of the email (not the SUBJECT) write "subscribe profdev-l@csun.edu."

---

**CAMPUS PRIORITIES**

- Student Success
- Employees for Success
- Diversity & Inclusive Excellence
- Webility & Reputation of the University
- Athletics as a Tool for Engagement
- Increase Financial Strength
- Increase Research Activity & Sponsored Programs
- Sustainability
- CSUN

**INTERESTS**

- Financial Wellness
- Personal Wellbeing
- Risky Business
- Safety

Please refer to the online calendar at [http://www.csun.edu/development/training](http://www.csun.edu/development/training) for up-to-date program information, descriptions, and registration information.

As of 20190225