BUILD PODER
Promoting Opportunities for Diversity in Education and Research

Research Lab Hours Log

Name:	Month:

Date	Activity (Description)	Time IN	Time Out	Total Time

Total:	

Reminder: Scholars/Trainees are required to log a minimum of 11/9 lab hours per week. If you have fallen short of that this month, please write what the plan is to make up missing hours.

Mentor Signature: _____ Date: _____

Student Signature: _____ Date: _____