HOW TO TALK TO YOUR CHILD ABOUT RACE AND INEQUALITY

Helpful Resources

Stereotypes and discrimination

- Tips from Media Arts on talking about Racial Stereotypes: https://rb.gy/lhskr
- Article from American Psychological Association in discussing Discrimination: https://www.apa.org/helpcenter/kids-discrimination

Teach your child how to be resilient

- Nurturing Resilience in a World of Racial Aggression and Violence, interview from embracerace: https://rb.gy/grxz0f
- Talking to children after racial incidents, Penn CSE News: https://www.gse.upenn.edu/news/talking-children-after-racial-incidents

Take a break from the media and read a book!

- A is for Activist, Innosanto Nagara
- Something Happened in Our Town: A Child’s Story About Racial Injustice by Marianne Celano, Marletta Collins, and Ann Hazard
- Helping Teens Stop Violence, Build Community, and Stand for Justice by Allan Creighton and Paul Kivel
- Find more great reads here: https://bit.ly/2zlAvj

Need more resources? Check out the Center for Racial Justice in Education: https://rb.gy/mucewu

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