



HOW TO TALK TO YOUR CHILD ABOUT RACE AND INEQUALITY

Helpful Resources

Stereotypes and discrimination



- Tips from Media Arts on talking about Racial Stereotypes: <https://rb.gy/lihskr>
- Article from American Psychological Association in discussing Discrimination <https://www.apa.org/helpcenter/kids-discrimination>

Teach your child how to be resilient

- Nurturing Resilience in a World of Racial Aggression and Violence, interview from embracerace: <https://rb.gy/grxzOf>
- Talking to children after racial incidents, Penn GSE News: <https://www.gse.upenn.edu/news/talking-children-after-racial-incidents>



Take a break from the media and read a book!



- ***A is for Activist***, Innosanto Nagara
- ***Something Happenend in Our Town: A Child's Story About Racial Injustice***
Marianne Celano, Marletta Collins, Ann Hazard
- ***Helping Teens Stop Violence, Build Community, and Stand for Justice***
Allan Creighton, Paul Kivel
- **Find more great reads here:**
<https://bit.ly/2z1Av2j>

Need more resources? Check out the Center for Racial Justice in Education
<https://rb.gy/mucewu>