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FOR IMMEDIATE RELEASE

**CSUN Community Invited to Get in the Game durings
the Student Recreation Center's Spring 2016 Intramurals**

Northridge — The Student Recreation Center (SRC) at the University Student Union (USU) encourages all students, faculty and staff to get active with some friendly competition by participating in Spring 2016 Intramurals starting Feb.1. All current CSUN students, faculty and staff are eligible to register online as a team or sign up as a free agent from Jan. 11 to Jan. 27. It's a great way to compete with or against your friends, build camaraderie and meet new people through a variety of sports.

“There is something for everyone who wants to compete and have fun in this popular program,” said Demont Oliver, intramural coordinator, “Intramurals are the perfect opportunity for SRC members to participate in a team-sport of their choice or a one-day challenge in a fun, friendly and safe environment.”

Sports available this Spring include dodgeball, basketball, volleyball, softball, flag football and soccer. To register for your desired sport, just go to www.IMleagues.com or download the Rec It App. SRC members can join a team, start their own or sign up as a free agent and have a team found for them. Participants are also eligible to take part in

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exciting one-day challenges.

All games will be held in the SRC and spectators are welcome to attend and cheer on their fellow Matadors. Winners in each sport will be awarded an SRC intramural championship shirt for their victory in the program.

Come join the fun and get a great workout at the same time. For more information please visit www.csun.edu/src/intramurals or call the SRC Intramural office at (818)677-5865.

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The University Student Union (USU) is committed to inclusion, diversity and personal growth for all students while providing services such as study areas, a computer lab, TV lounge, games room and wireless printing kiosks in addition to a variety of food options and a wide range of events. The USU includes the Student Recreation Center, Oasis Wellness Center, Pride Center and Veterans Resource Center. To learn more, please visit www.csun.edu/usu.