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Contact: Sarah Shabbar, Public Relations Assistant
sarah.shabbar.17@my.csun.edu
Michael Niles, Marketing Manager
University Student Union
California State University, Northridge
michael.niles@csun.edu
(818) 677-2875

FOR IMMEDIATE RELEASE

All Matadors Invited to Get in the Game for Fall 2015 Intramurals

Northridge- The Student Recreation Center at the University Student Union is inviting all CSUN students, faculty and staff to sign up and get in the game for the Fall 2015 Intramurals Sports Programs. Registration begins on Monday, Aug. 17 and ends Wednesday, Sept. 9. All those interested in participating can register online to compete along with their friends and other Matadors in a wide variety of sports.

“Intramural sports are a great way for all students to get involved on campus, meet new friends and challenge their skill level with a variety of fun sports,” said Intramurals Graduate Assistant, Demont Oliver “Participants of all ability levels are welcome. It’s time to round up your friends, colleagues, fraternity members, sorority members and classmates. Let’s get everyone in the game!”

To get started, just register online through IMleagues.com or through the app ‘Rec It’ and select the indoor or outdoor sport of your choice. Indoor sports include five-on-five basketball, indoor soccer and indoor volleyball. Outdoor sports include flag football, ultimate Frisbee and outdoor soccer.

-More-



All participants can also put their skills and fitness to the test in a variety of exciting one-day tournaments, which include floor hockey, battleship and kayak jousting, table tennis, the CSUN flag football classic, and the CSUN athletic director's three-on-three basketball challenge.

Sign up early and get involved in intramurals this fall for a good workout and a great time. For more information on all the leagues available and a full list of their start and end dates, please visit csun.edu/src/intramurals or contact the intramural office at srcintramurals@csun.edu. All participants must register through IMleagues.com

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The University Student Union (USU) is committed to inclusion, diversity and personal growth for all students while providing services such as study areas, a computer lab, TV lounge, games room and wireless printing kiosks in addition to a variety of food options and a wide range of events. The USU includes the Student Recreation Center, Oasis Wellness Center, Pride Center and Veterans Resource Center. To learn more, please visit www.csun.edu/usu.