

Public Health

Recommended Course Sequence
(Declared Major **2023 & Beyond**)

FRESHMAN

Units	Fall Semester			Units	Spring Semester		
3	ENG	115	Approaches to Univ. Writing	4	BIOL	101/L	General Biology and Lab*
4	MATH	141/L	OR 102/L, 103/L, 104/L, 140	3	SOC	150	Introductory Sociology*
3	UNIV	100	Freshman Seminar	3		151/L	Oral Communication
3	PSY	150	Introduction to Psychology*	3			Critical Thinking
3			General Education	3			General Education
16	Total Units			16	Total Units		

SOPHOMORE

Units	Fall Semester			Units	Spring Semester		
3	BIOL	281 OR 211&212,213,218/L,285,341,366,375		3	CHEM	100 or 103*	
3		Title V - History Requirement					
3		General Education Requirement		3		Title V - US Constitution/ Local Govmnt. Req.	
3		General Education Requirement		3		200 or 300 Level Public Health Elective	
3		General Education Requirement		3		General Education Requirement	
15	Total Units			12	Total Units		

JUNIOR

Units	Fall Semester			Units	Spring Semester		
3	HSCI	1 331	Prin & Found Health Ed (60 units req.)	3	HSCI	2 431	Health Behavior Theory
3	ENGL	306	Report Writing*	3	HSCI	439	Community Health Action
3	HSCI	345	Public Health Issues*	3	HSCI	488	Epidemiology
3/1	HSCI	390/L	Biostatistics and Lab	3	EOH	353	Global Perspects of Environmental Health*
3	HSCI	391	Computer Applications in Health Science	3			General Education Requirement
16	Total Units			15	Total Units		

SENIOR

Units	Fall Semester			Units	Spring Semester		
3	HSCI	3 441	Public Health Program Planning	3	HSCI	4 445	Program Evaluation for Health Education
1	HSCI	494IPH	Acad. Internship Evaluation for PH	2	HSCI	494PH	Acad. Internship for PH
3	HSCI	437	Effective Strat & Methods Pub Hlth	3	HSCI		Upper Division Elective
3	HSCI	314	Organization and Delv. Of Health Svcs.	3	HSCI		Upper Division Elective
3	HSCI		Upper Division Elective	3			Additional units to graduate - Reach 120 units
3			General Education Requirement				
16	Total Units			14	Total Units		

Courses taken in sequence starting at 60 units, HSCI 331 --> HSCI 431 --> HSCI 441+HSCI 494IPH --> HSCI 445+HSCI 494PH

Units	Recommended Electives - 12 units in electives required with at least 6 HSCI elective units					
3	HSCI	231	Women and Health			
3	HSCI	335	Holistic Health			
3	HSCI	336	Health Aspects of Drug Abuse			
3	HSCI	337	Nutrition and Health			
3	HSCI	369	Public Health Strategies in HIV/STI Prevention			
3	HSCI	433	Counseling of Health Problems			
3	HSCI	434	Lactation Education: Prenatal and Perinatal Period			
3	HSCI	435	Health Sciences for Children and Youth			
3	HSCI	436	Health Concerns of Adolescents			
3	HSCI	438	International Health			
3	HSCI	440	Family Health			
3	HSCI	442	Health, Culture, and Diversity			
3	HSCI	446	Lactation Education: Postpartum Period (pre-req: HSCI 434)			

