

REVITALIZE

CAMPUS CARE RECOVERY PROGRAM



ONE DAY CONFERENCE

SCHEDULE

8:45AM - 9:00AM

Welcoming & Overview of Conference

9:00AM - 10:00AM

Keynote Address:
David Kessler

10:00AM - 10:30AM

Revitalize Student
Multimedia Art
Competition Awards

10:45AM - 11:30AM

Workshop 1 with
Zabie Yamasaki

11:45AM - 12:30PM

Workshop 2 with
Christy Turek Rials

1:00PM - 1:45PM

Workshop 3 with
Ayana Shepherd

2:00PM - 4:00PM

Final Keynote:
Laura Van Dernoot Lipsky

4:00PM - 4:15PM

Closing Remarks

APRIL 26, 2022, 8:45AM-4:15PM

Join our CSUN community for a series of workshops and keynote speakers focused on wellness and collective healing from grief and trauma.

Returning to campus can come with its own challenges in finding a new "normal". Our goal is to provide effective self-care strategies and relevant information in a safe space that fosters community healing and revitalization.

OUR SPEAKERS <<<<<



Ayana Shepherd
Associate Clinical Social Worker



Zabie Yamasaki
'Transcending Sexual Trauma through Yoga' Founder



David Kessler
Grief and Loss Expert



Christy Turek Rials
Director of Training & Outreach at 'A Window Between Worlds'



Laura Van Dernoot Lipsky
'The Trauma Stewardship Institute' founder and Director



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