California State University

## NORTHRIDGE

Department of Police Services University Police Division



#### LESSON PLAN

SUBJECT: Naloxone

LENGTH: 30 minutes

PREPARED BY: Commander Rene R. Lino

DATE PREPARED: May 10, 2023

APPROVED BY:

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DATE APPROVED:

5/11/23

#### I. Performance Objectives/Job-Related Objectives:

The primary objective is to ensure that students can recognize opioid overdose symptoms and provide immediate and effective intervention to save lives. By the end of the training session, students should be able to identify the signs and symptoms of an opioid overdose, properly administer naloxone, and provide proper care and support to the victim until medical professionals arrive. Additionally, students will understand the legal and ethical implications of administering naloxone and the importance of documentation and reporting. These objectives will equip employees with the necessary skills and knowledge to act quickly and confidently in emergency situations, potentially saving lives and reducing the devastating impact of opioid overdoses.

# II. Type of Instruction:

This is an instructor-led course designed to provide instruction on the proper administration of naloxone to individuals who are likely to be first responders to an overdose situation. The instruction will cover the signs and symptoms of opioid overdose, the appropriate dosage and route of administration for naloxone, and the steps to take before and after administering naloxone, including calling for emergency medical

services. By the end of the instruction, students will have a better understanding of naloxone and the role it plays in preventing opioid-related deaths.

# III. Course Outline:

- A. Signs and Symptoms
- B. How Naloxone Works
- C. How to Administer Naloxone (Video)
- D. Department Policy Review
- E. Written Test
- F. Conclusion

### IV. Written Exam

A. Multiple choice test which is timed for 10 minutes with a required passing score of 100%.

# V. Closing

A. Questions & Comments