NATIONAL PUBLIC HEALTH WEEK

YOUTH MENTAL HEALTH FIRST AID (YMHFA) CERTIFICATION

YMHFA is an evidence-based prevention tool, to improve the public's knowledge of mental health and substance use problems.

Tuesday, 4/2

9 am- 4 pm Location: Jacaranda Hall Room 1568

Participants will learn:

 how to help adolescents (ages 12-18)
who may be experiencing a mental health crisis or addiction challenge.

Space is Limited!

Advanced <u>registration</u> is required.



Participants will need to complete some pre-training work.





