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**Media Advisory**

**Sign Up Now for  
Group Boxing Orientations at the SRC**

- WHAT:** Knock out your fitness goals this semester with Group Boxing Orientations in the Determination Studio at the Student Recreation Center.
- WHO:** Amanda Christianson, Coordinator, Fitness is responsible for planning this event.
- WHEN:** Friday, Aug. 29 from 11 a.m. to 12:25 p.m. and 5:30 to 6:55 p.m.  
Friday, Sept. 19 from 11 a.m. to 12:25 p.m. and 5:30 to 6:55 p.m.  
Friday, Oct. 17 from 11 a.m. to 12:25 p.m. and 5:30 to 6:55 p.m.
- WHERE:** Determination Studio, SRC
- WHY:** To provide students with an opportunity to participate in orientation with their friends and familiarize themselves with basic boxing technique and the equipment in the Determination Studio.
- BACKGROUND:** The Determination Studio, SRC is equipped with Boxing equipment. Interested participants are required to use hand wraps and can be purchased at the SRC pro shop for only \$5.33. After completing this mandatory orientation, participants will be eligible to develop their skills in Open Rec Boxing. To learn more about Open Rec Boxing, please visit, [www.csun.edu/src](http://www.csun.edu/src)

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*The University Student Union (USU) is committed to providing inclusion, diversity, personal growth, and providing students with services such as food, study areas, computer labs, TV lounges and events. The USU includes the Student Recreation Center, Veterans Resource Center and Pride Center. To learn more, please visit [usu.csun.edu](http://usu.csun.edu).*