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**Contact:** Sarah Shabbar, Public Relations Assistant,  
Sarah.shabbar.17@my.csun.edu  
Michael Niles, Marketing Manager  
University Student Union  
California State University, Northridge  
michael.niles@csun.edu  
(818) 677-2875

### Media Advisory

### **Get AFAA® Certified at The SRC**

- WHAT:** The Student Recreation Center (SRC) will be hosting trainings for current or aspiring fitness instructors available through the Aerobics and Fitness Association of America® (AFAA).
- WHO:** Amanda Christianson, SRC fitness coordinator, is responsible for this event.
- WHEN:** Saturday, Sept. 20 from 9 a.m. to 6 p.m. (Fuze Craze™)  
Sunday, Sept. 21 from 9 a.m. to 6 p.m. (Group Exercise Primary Certification)
- WHERE:** Student Recreation Center, USU.
- WHY:** Provides an opportunity for aspiring or current fitness instructors to get AFAA® certified.
- BACKGROUND:** Trainings include FuzeCraze™: Dance Drills & Skills on Saturday, Sept. 20 or Group Exercise Primary Certification on Sunday, Sept. 21. The cost for each training is \$99 and excludes any required study material. To sign up now or for more information, please visit [AFAA.com](http://AFAA.com).

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*The University Student Union (USU) is committed to providing inclusion, diversity, personal growth, and providing students with services such as food, study areas, computer labs, TV lounges and events. The USU includes the Student Recreation Center, Veterans Resource Center and Pride Center. To learn more, please visit [usu.csun.edu](http://usu.csun.edu).*