



**CSUN**

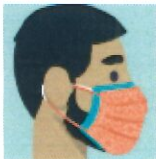
COLLEGE OF  
**SOCIAL AND  
BEHAVIORAL SCIENCES**

**Know which Masks Provide the Best Protection Against COVID-19**

Protect More



**Respirators:**  
N95, KN95, and KF94  
They are even more effective if they are fit tested.



**Double mask**  
(Medical/surgical mask + cloth mask)



**Medical/surgical mask – fitted with:**

- a brace
- knot & tuck technique



**Medical/surgical mask - not fitted**



**Cloth mask**  
Cloth masks are no longer acceptable for employees working indoors but can be worn as a double mask.

Protect Less

No matter what kind of mask you wear, check the fit and eliminate gaps above the nose or on the sides. Gaps significantly reduce the effectiveness of any mask.

**Attention CSBS**

**Students!**

**Upgrade Your**

**Mask.**

The Omicron variant is very contagious! All students *are encouraged* to wear medical grade masks indoors and in close contact to other students and/or instructors. This is to provide additional protection from COVID-19 infection.

**Disposable Respirators**



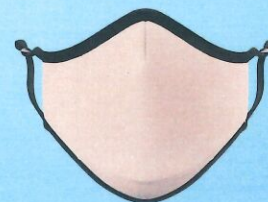
• N95 and KN95 respirators are designed to filter at least 95% of airborne particles (KF94s are designed to filter 94%). But they may be less comfortable because they filter better and fit more tightly.

**Medical/Surgical Masks**



- Use masks with a nose wire and at least three layers of non-woven material (melt-blown fabric and/or polypropylene).
- Medical masks should be resistant to fluids. Test your mask with a drop of water on the front. The water should not soak into the mask. It should form beads of water on the surface.

**Cloth Masks**



- If you use a cloth mask, make sure it has a third layer of non-woven fabric - such as filter insert or polypropylene.



These respirators and medical/surgical masks are designed for one-time use. They should be thrown away once they become wet or dirty OR after a day of use, whichever comes first.