

September 18, 2018

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Media Advisory

**Treat Yourself to a Scary-Good Workout during
“Spooktacular Fitness Week” at the Student Recreation Center**

- WHAT:** The Student Recreation Center (SRC) of the University Student Union (USU) invites members to have a fang-tastic time at “Spooktacular Fitness Week.” The SRC will be offering a variety of Halloween-themed Group Exercise classes such as cycling, Zumba, yoga and more. Members will have the opportunity to enter a raffle, and attendees will also receive a prize just for participating.
- WHO:** Amanda Christianson, SRC Fitness Programs Coordinator, is responsible for this event.
- WHEN:** Registration is open from Monday, Oct. 15 to Friday, Oct. 26. Classes will take place on Monday, Oct. 22 to Friday, Oct. 26. See the schedule of classes included in this event by visiting the [SRC MindBody Portal](#).
- WHERE:** Student Recreation Center of the USU
- WHY:** This event provides the CSUN community the opportunity to have a revitalizing workout while participating in the festivities of Halloween.
- BACKGROUND:** “Spooktacular Fitness Week” is open to all members of the Student Recreation Center. Come experience a frighteningly fun workout. Limited space is available. To register for these Group Exercise classes, please visit [csun.edu/src/classes](#). For more information on this event and the Student Recreation Center, please visit [csun.edu/src](#). For more information on the University Student Union, please visit [csun.edu/usu](#).

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The University Student Union (USU) is committed to inclusion, diversity and personal growth for all students while providing services such as study areas, a computer lab, TV lounge, games room and wireless printing kiosks in addition to a variety of food options and a wide range of events. The USU includes the Student Recreation Center, Oasis Wellness Center, Pride Center and Veterans Resource Center. To learn more, please visit [www.csun.edu/usu](#).