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Media Advisory

Your Favorite Workout Session will Glow in the Dark during “Neon Fitness Frenzy” at the Student Recreation Center

- WHAT:** The Student Recreation Center (SRC) of the University Student Union (USU) invites all SRC members to work out with a special glow during the weeklong “Neon Fitness Frenzy”. Throughout this event, SRC members can experience their favorite group fitness classes ranging from cycling to yoga with an exciting twist: glow in the dark! All participants will receive a welcoming gift for attending and be entered into an awesome raffle to win a \$25 Visa gift card. Switch up your workout routine during the fun of “Neon Fitness Frenzy”!
- WHO:** Amanda Christianson, SRC Fitness Coordinator, is responsible for this event.
- WHEN:** Registration is open from Monday, April 2, through Friday, April 20. This event will take place from Monday, April 16, to Friday, April 20.
- WHERE:** The glow in the dark group fitness classes will be held in various locations at the Student Recreation Center of the USU.
- WHY:** This event gives SRC members a fresh change to their usual workout schedule.
- BACKGROUND:** All participants will receive glow-in-the-dark wristbands. They can also gain multiple raffle entries by attending multiple classes. Those interested must register online for their preferred class through the SRC MindBody Portal and can do so as early as one week in advance. For more information on this event and the Student Recreation Center, please visit csun.edu/src. For more information on the University Student Union, please visit csun.edu/usu.

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The University Student Union (USU) is committed to inclusion, diversity and personal growth for all students while providing services such as study areas, a computer lab, TV lounge, games room and wireless printing kiosks in addition to a variety of food options and a wide range of events. The USU includes the Student Recreation Center, Oasis Wellness Center, Pride Center and Veterans Resource Center. To learn more, please visit www.csun.edu/usu.