



March 3, 2020

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Media Alert

Experience Glow-in-the-Dark Workout Fun during “Neon Fitness Frenzy” at the SRC

- WHAT:** The Student Recreation Center (SRC) of the University Student Union (USU) invites all SRC members to work out with a very special glow during the weeklong “Neon Fitness Frenzy” event. We’re turning the lights out and turning up the glow-in-the-dark fun during select group exercise classes ranging from Zumba to cycling. Here’s your chance to experience our popular classes in a whole new light with a chance of winning free gifts along the way. Come enjoy a whole new level of excitement with your workout routine when you join in on the good times of “Neon Fitness Frenzy”!
- WHO:** Amanda Christianson, SRC Fitness Programs Coordinator, is responsible for this event.
- WHEN:** Monday, March 23 to Friday, March 27.
- WHERE:** Student Recreation Center of the USU.
- WHY:** This event gives SRC members a fresh and fun change to their usual workout schedule.
- BACKGROUND:** This special glow-in-the dark event will provide a colorful blast of cool in your group exercise classes. Just register online for your preferred classes through the SRC MindBody Portal as early as one week in advance. For more information on “Neon Fitness Frenzy” and the Student Recreation Center, please visit csun.edu/src.

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The University Student Union (USU) is committed to inclusion, diversity and personal growth for all students while providing services such as study areas, a computer lab, TV lounge, prayer room, lactation room and wireless printing kiosks in addition to a variety of food options and a wide range of events. The USU includes the Student Recreation Center, Oasis Wellness Center, Pride Center, Veterans Resource Center, USU Board of Directors, Computer Lab, Games Room, USU Events and more. For additional information, please visit www.csun.edu/usu.