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Media Advisory

TRX® Group Training Course at the Student Recreation Center

- WHAT:** The Student Recreation Center at the University Student Union is inviting all current or aspiring fitness instructors to the highly popular TRX® group training course.
- WHO:** Amanda Christianson, SRC Fitness Coordinator, is responsible for this event.
- WHEN:** Saturday, Nov. 7 from 9 a.m. to 5 p.m.
- WHERE:** SRC
- WHY:** Provide current or aspiring fitness instructors an opportunity to become a qualified TRX® instructor.
- BACKGROUND:** After successfully finishing this course, attendees will receive a certificate of completion and become a qualified TRX® instructor. Registration is open now online at www.trxtraining.com.

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The University Student Union (USU) is committed to inclusion, diversity and personal growth for all students while providing services such as study areas, a computer lab, TV lounge, games room and wireless printing kiosks in addition to a variety of food options and a wide range of events. The USU includes the Student Recreation Center, Oasis Wellness Center, Pride Center and Veterans Resource Center. To learn more, please visit www.csun.edu/usu.