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Media Advisory

SRC Offering Special One-Day
“Barre Above Instructor Training”

WHAT: The Student Recreation Center of the University Student Union invites the CSUN community and anyone else interested in becoming a certified Barre Above™ instructor in only one-day at “Barre Above Instructor Training.” At this instructional training, a Master Instructor will help you learn the art of creating and teaching dynamic barre and barre fusion class formats. Registration is available now until Friday, April 26.

WHO: Amanda Christianson, SRC Fitness Programs Coordinator, is responsible for putting on this event.

WHEN: Saturday, April 27 from 9 a.m. to 5 p.m.

WHERE: Motivation Studio at the SRC

WHY: Provide the CSUN community and those beyond it an opportunity to become Barre Above™ certified at an affordable cost.

BACKGROUND: This valuable training event is open to both CSUN and Non-CSUN communities. Learn everything you need to know to become a dynamic Barre Above™ instructor from a Barre Above™ Master Trainer in a user-friendly environment! The 8-hour instructor training is fee-based. The cost of the training is currently only $249 but will increase to $269 two weeks prior to event date. To register, please visit www.barreabove.com. For more information, please contact Amanda Christianson at amanda.christianson@csun.edu.

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The University Student Union (USU) is committed to inclusion, diversity and personal growth for all students while providing services such as study areas, a computer lab, TV lounge, games room and wireless printing kiosks in addition to a variety of food options and a wide range of events. The USU includes the Student Recreation Center, Oasis Wellness Center, Pride Center and Veterans Resource Center. To learn more, please visit www.csun.edu/usu.