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Media Advisory

Express Your Creativity at the Oasis Wellness Center's Monthly "Craft Creations" Event

- WHAT:** The Oasis Wellness Center of the University Student Union (USU) invites all CSUN students to experience Craft Creations, a monthly event where participants can express their creativity in themed arts and crafts activities. This event is a free and fun way for Matadors to showcase their artistic side in a relaxing environment!
- WHO:** Richard Cardona, Oasis Wellness Center Manager, is responsible for coordinating this event.
- WHEN:** Select Tuesdays, Feb.12, March 5, and April 23
10:30 a.m. to 12:00 p.m.
- WHERE:** Oasis Wellness Center at the USU.
- WHY:** Provide wellness through fun arts and crafts.
- BACKGROUND:** Craft Creations provides a healthy way to reduce your stress and promotes personal wellness through crafts. Each month will offer a new theme ranging from Valentine's to Masquerade to Earth Day with all the supplies provided for FREE! CSUN students can join us for free right here at the Oasis... Where Matadors can relax, revive and succeed! For more information on Craft Creations please visit www.csun.edu/oasis.

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The University Student Union (USU) is committed to inclusion, diversity and personal growth for all students while providing services such as study areas, a computer lab, TV lounge, games room and wireless printing kiosks in addition to a variety of food options and a wide range of events. The USU includes the Student Recreation Center, Oasis Wellness Center, Pride Center and Veterans Resource Center. To learn more, please visit www.csun.edu/usu.