

California State University
NORTHRIDGE
Department of Public Safety
University Police Division



LESSON PLAN

SUBJECT: Glock Familiarization Course

LENGTH: 4 hours

PREPARED BY: James Stotler

DATE PREPARED: January 31, 2008

APPROVED BY: *Gene P. J. [Signature]*, Chief

DATE APPROVED: 2/5/08

I. Performance Objectives/Job-Related Objectives:

This course is designed for officers that already possess a working knowledge of the Glock weapon system and were previously authorized to carry the weapon as a duty sidearm. This training will provide familiarization with the department issue Glock G-22 pistol and the Safariland 070 SSIII retention holster. At the completion of training, officers must demonstrate a functional level of competency with the duty equipment, including an understanding of the fundamentals of the draw, marksmanship, holstering, and the cardinal rules of firearm safety.

II. Type of Instruction:

The use of the Glock weapon system and the Safariland retention holster will be discussed and demonstrated to the student by a POST-certified firearms instructor. Instruction will include live-fire exercises and a qualification course.

III. Course Outline:

A. Introduction

1. Purpose of Course

- a. Provide information on department duty weapon and equipment.
- b. Provide training in various techniques with the Glock weapon system.

2. Course Requirements

80% minimum score on qualification course.

B. Four Basic Safety Rules

1. Treat all firearms as if they are loaded at all times
2. Keep the muzzle pointed in the safest possible direction
3. Keep your finger off the trigger until you are ready to shoot
4. Be sure of your target and the background before firing

C. Policy and Procedures

Department Use of Force Policy 08-L.E.-011

D. Legal Issues

1. Court cases
2. Liability

E. Glock G-22 Familiarization Training

1. Glock G-22 Pistol Description and Specifications

- a. Nomenclature
- b. Function
- c. Disassembly
- d. Reassembly

2. Function Test

- a. Trigger safety engagement
- b. Trigger safety disengagement
- c. Firing pin safety

3. Magazines

- a. Nomenclature
- b. Disassembly
- c. Reassembly

- 4. Cleaning Procedures
 - a. Lubrication
 - b. Magazines
 - c. Reassembly and function test
- F. Loading/Unloading
 - 1. Administrative
 - a. Slide forward
 - b. Slide locked open
 - 2. Speed Reload
 - a. Slide locked open
 - b. Slide forward
 - 3. Tactical Reload
 - a. Save partially loaded magazine
 - b. No immediate threat
 - c. Behind cover
- G. Fundamentals of Marksmanship
 - 1. Stance
 - a. Weaver
 - b. Isoscles
 - c. F.I.
 - 2. Master Grip
 - a. Necessary for proper functioning
 - b. Encompass stocks – high and firm
 - 3. Sight Alignment/Sight Picture
 - a. Importance of sights directly proportional to distance from target
 - b. Proper sight alignment and sight picture
 - c. Define center of available mass
 - 4. Trigger Control
 - a. Trigger finger placement – pad vs. joint
 - b. Proper trigger press
 - c. Trigger reset

H. Training with Duty Equipment

1. Holster

- a. Types
- b. Position on belt

2. Magazine Carriers

- a. Styles
 - i. Horizontal
 - ii. Vertical
- b. Location on belt

I. Fundamentals of the Draw

1. One Fluid Motion

- a. Access
- b. Withdraw
- c. Presentation

2. Location of Support Hand

- a. Safety
- b. Efficient use

3. Holstering

- a. Don't look at holster
- b. One hand only
- c. Thumb on rear of slide during holstering

J. Stoppages

1. Out of Battery

- a. Tap-Rack-Ready

2. Stove-Pipe

- a. Sweep
- b. Tap-Rack-Ready

3. Double-Feed

- a. Remove magazine
- b. Lock slide to rear
- c. Rack slide to remove spent casing

d. Insert magazine

e. Release slide

K. Realism of Training

1. Realistic distances (usually short)

a. Emphasis on speed

b. Practical accuracy (not bulls-eye)

c. Training vs. qualification

2. Action vs. Reaction

a. Distance allows more time for reaction

b. Time is a critical factor – options

i. Movement

ii. Obstacles

iii. Cover

iv. Concealment

3. Color Codes of Awareness

a. White

b. Yellow

c. Orange

d. Red

e. Black

4. Officers killed usually failed to react to a stimulus or warning signs

a. Color

b. Distance

c. Movement

5. As stress increases so does “tunnel vision”

a. Introduce 360-degree scan technique

L. Safety

1. Department firearm safety guidelines

2. Range rules and regulations

3. Four cardinal rules of firearm safety

a. Treat all firearms as if they were loaded at all times

- b. Keep muzzle pointed in the safest direction
- c. Keep trigger finger outside the trigger guard until ready to shoot
- d. Be sure of target and background before firing

4. Tactical Safety

- a. Trigger finger
- b. Muzzle control

5. Negligent Discharges

- a. Poor technique
- b. Stress of the occurrence

6. Firearms Safety at Home

- a. Guns, kids & cops

7. Lead Contamination and Shooting

8. Hot Range Concepts and Safety

- a. Never holster an empty pistol unless directed to do so by the instructor

IV. Range Exercises

A. Dry Fire Exercises

- 1. Stance
- 2. Steps of the draw
- 3. Dry fire

B. Trigger Reset

- 1. Release trigger only enough for reset

C. Loading and Unloading

- 1. Dummy rounds
- 2. Live rounds

D. Fire and Scan Exercises

- 1. From a ready position, student will fire two rounds using proper technique and perform a 360-degree scan. Repeat drill five times.
 - a. Emphasis on finger off trigger and outside trigger guard while scanning.

E. Drawing Exercises

- 1. Drawing and Shooting Drill: Student will draw and fire two rounds at target, perform 360-degree scan, reholster. Repeat drill five times.

- a. Emphasis on trigger reset and quick accurate shots
2. Speed Draw and Shooting Drill: Student will draw and fire two rounds at target, perform 360-degree scan, reholster. Repeat drill five times.
 - a. Emphasis on access, withdraw, and presentation.
 - b. Time for first shot on target: <3.0 seconds.
 - c. Time interval between shots: < .75 seconds.

F. Reloading Exercises

1. Slide Forward: Student will draw and fire two rounds, reload, fire two rounds, reload fire two rounds, perform 360-degree scan. Holster on command. Repeat drill three times
2. Slide Back: Drill begins with pistol loaded with two rounds and two additional magazines each loaded with two rounds. Student will fire two rounds, reload, fire two rounds, reload, fire two rounds, perform 360-degree scan. Holster on command. Repeat drill three times.

G. Stoppage Reduction Exercises

1. Using “sabotaged” magazines, the student will draw and fire until stoppage is encountered. The student will apply immediate action to reduce the stoppage, proceed to fire two additional rounds at the target, and perform a 360-degree scan. Holster on command. Repeat drill three times.
2. Using “sabotaged” pistol (stove-pipe), the student will start at high ready. The student will apply immediate action to reduce the stoppage, proceed to fire two additional rounds at the target, and perform a 360-degree scan. Holster on command. Repeat drill five times.
3. Using “sabotaged” pistol (double-feed), the student will start at high ready. The student will apply immediate action to reduce the stoppage, proceed to fire two additional rounds at the target, and perform a 360-degree scan. Holster on command. Repeat drill five times.

H. Police Challenge Exercise

On the command “challenge,” the student will draw and issue a verbal command, i.e. “POLICE – DON’T MOVE,” from the scan position (finger outside of trigger guard).

- a. This is a “call exercise.” The instructor will verbalize whether or not the threat has complied with the command.

I. Multiple Targets

Target #1 distance 10 feet. Target #2 distance 25 feet: On command, the student will draw and fire two rounds at each target. Repeat drill five times.

- a. Emphasis on immediacy of the threat.

J. Firing While Injured

1. Dominant Hand Only

- a. Student will draw and fire pistol loaded with two rounds then reload and fire two additional rounds using the dominant hand only.
- b. Using “sabotaged” magazines, the student will draw and fire until stoppage is encountered, apply immediate action to reduce the stoppage, proceed to fire two additional rounds at the target, and perform a 360-degree scan. Holster on command. Repeat drill three times.
- c. Using “sabotaged” pistol (stove-pipe), the student will start at high ready. The student will apply immediate action to reduce the stoppage, proceed to fire two additional rounds at the target, and perform a 360 degree scan. Holster on command. Repeat drill three times.
- d. Using “sabotaged” pistol (double-feed), the student will start at high ready. The student will apply immediate action to reduce the stoppage, proceed to fire two additional rounds at the target, and perform a 360 degree scan. Holster on command. Repeat drill three times.

2. Support Hand Only

- a. Student will draw and fire pistol loaded with two rounds then reload and fire two additional rounds using the support hand only.
- b. Using “sabotaged” magazines, the student will draw and fire until stoppage is encountered, apply immediate action to reduce the stoppage, proceed to fire two additional rounds at the target, and perform a 360 degree scan. Holster on command. Repeat drill three times.
- c. Using “sabotaged” pistol (stove-pipe), the student will start at high

- ready. The student will apply immediate action to reduce the stoppage, proceed to fire two additional rounds at the target, and perform a 360 degree scan. Holster on command. Repeat drill three times.
- d. Using a “sabotaged” pistol (double-feed), the student will start at high ready. The student will apply immediate action to reduce the stoppage, proceed to fire two additional rounds at the target, and perform a 360 degree scan. Holster on command. Repeat drill three times.

K. Qualification Course

Firearms must be handled safely at all times during the qualification. Firearms are to be carried in the manner they would normally be carried for the type of firearm and the duty assignment. The student will demonstrate a safe draw with an unloaded firearm prior to starting the shooting portion of the qualification course. The student is responsible for ammunition management and reloading during the course of fire. The student will correct all stoppages as needed.

- a. Distance: 50 feet. 10 rounds fired in five minutes to center body mass.
- b. Distance: 21 feet. Six rounds fired. Two to the body and one to the head in four seconds. Two-hand hold. Repeat once.
- c. Distance: 21 feet. Six rounds fired. Two to the body and one to the head in four seconds. Dominant hand only. Repeat once.
- d. Distance: 21 feet. Six rounds fired. Two to the body and one to the head in five seconds. Support hand only. Repeat once.

Scoring: 330 total possible points. Passing score is 264 (80%).