The Institute for Community Health and Wellbeing is proud to promote the availability of Lactation Spaces on campus.

1. **The Institute for Community Health and Wellbeing (Appointment Recommended):**
   The lactation room is located on the first floor of Santa Susana Hall. Please call (818)677-7715 to make a reservation.
   - **Schedule:** Anytime with an appointment

2. **Student Health Center (Appointment Recommended):**
   The lactation space is located on the first floor of the Klotz Student Health Center. To make an appointment, please call (818)677-3666 and ask to speak with the Clinical Support Unit.
   - **Schedule:** Monday- Wednesday and Friday: 8am-5pm
     Thursday: 9am-5pm

3. **University Student Union (Walk-ins Welcome):**
   The lactation room is located on the first floor of the East Conference Center. Upon arrival, please see a USU Representative for access to the room.
   - **Schedule:** Monday-Thursday: 7am-10pm
     Friday: 7am-7pm
     Saturday-Sunday: 8am-5pm

4. **Marilyn Magaram Center (MMC) (Appointments Recommended):**
   The lactation room is located on the second floor of Sequoia Hall. Please call (818) 677-3102 to make a reservation. Upon arrival, please see a MMC staff for access to the room. The MMC is located on the first floor of Sequoia Hall room 120.
   - **Schedule:** Monday- Friday: 9am-3:30pm

Lactation is the process of making milk for a baby and requires consistent, predictable removal of milk from breasts to maintain milk supply, for comfort and to prevent illness (Breastfeed LA 2013).