



# Helping Students in a Challenging Job Market

California State University Northridge  
Career Center  
University Hall, 105

July 2012

# Career Center's Online Resources

**SUNlink** (online career services) – Powered by NACElink Network & Symplicity Corp.

Access from the Career Center webpage: [www.csun.edu/career](http://www.csun.edu/career)

- Job & Internship Listings
- International information & employment opportunities
- Links to federal, state, and local government employment websites
- Access to Resume Builder and Interview Stream (job search preparation)
- On-campus Interview Schedules

**Pathways:** *Career & Academic Planning Tool* [www.csun.edu/pathways](http://www.csun.edu/pathways)

Explore by major or occupation – link to online websites – Experiential Learning Section

- Internships
- Fellowships
- Research Opportunities
- Volunteer Activities
- Current Job Listings

**Career Center YouTube Channel:** <http://www.youtube.com/csuncareercenter>

Video tutorials on internships, fellowships, research opportunities, federal employment, networking, application processes & procedures, etc.

(Videos funded by Campus Quality Fees & Produced by students)

**Facebook Social Jobs Partnership:** (new Federal Jobs initiative) A coalition of employment service non-profits including our partner, NACElink Network, the U.S. Dept. of Labor, and Facebook. <http://www.facebook.com/socialjobs>

## Career Center Job Search Programs & Services

Employer Connections / Career Education / Job Search Readiness Services

- Job Fairs, On-campus Interviews, Events
- Internships & Experiential Learning
- Senior Boot Camp (annually in spring)
- Company Information Sessions
- Job Search Preparation (resume, interview, career & employer information)
- Career Counseling

## Additional Employment Resources

- Use social networking sites: **Facebook**, **Linked-In**
- Career Builder [www.careerbuilder.com](http://www.careerbuilder.com)
- Craig's List <http://losangeles.craigslist.org>
- After College [www.aftercollege.com](http://www.aftercollege.com)
- Monster [www.monster.com](http://www.monster.com)
- Net-Temps [www.net-temp.com](http://www.net-temp.com)
- Indeed [www.indeed.com](http://www.indeed.com)

## **Consider Alternative Opportunities** (build skill, make connections, & stay motivated)

- **Internships**
  - Corporate, Non-profit, government agencies
  - HACU Internships [www.hacu.net](http://www.hacu.net)
- **Fellowships**
  - Capital Fellows
  - Fulbright
  - Coro Foundation
- **Community Service**
  - Volunteer – listings at MIC (Matador Involvement Center) [www.csun.edu/getinvolved](http://www.csun.edu/getinvolved)
  - Americorps & Americorps VISTA (MIC has information) [www.americorps.gov](http://www.americorps.gov)
  - Work for a non-profit organization
  - Become an advocate
- **Seasonal Work**
  - Summer Camps [www.campresource.com](http://www.campresource.com) (directory of camps in California)
  - Camp Counselors USA [www.ccusa.com](http://www.ccusa.com)
  - CoolWorks [www.coolworks.com](http://www.coolworks.com) (job listing site)
  - National Park Service [www.nps.gov/personnel](http://www.nps.gov/personnel)
  - Local amusement parks
- **Teach** (training provided, no credential needed, one-two year commitment, pay & benefits)
  - Kaplan University & Testing Services  
[www.kaplan.com/careersatkaplan/Pages/KaplanCareers.aspx](http://www.kaplan.com/careersatkaplan/Pages/KaplanCareers.aspx)
  - Teach for America <http://www.teachforamerica.org>
  - Citizen Schools <http://www.citizenschools.org/careers/>
  - MATCH Corps <http://www.matcheschool.org/index.htm>
  - City Year Los Angeles <http://www.cityyear.org/losangeles.aspx>
- **Federal Government** [www.usajobs.gov](http://www.usajobs.gov)
- **Peace Corps** [www.peacecorp.gov](http://www.peacecorp.gov)
- **Civilian positions within the military** <http://civilianjobs.com>
- **Temporary Employment or Contract Work**
- **Commission Sales / Management Trainee Programs**
- **Freelance**
  - [www.freelance.com](http://www.freelance.com)
- **Start a Business – become entrepreneurial**
  - Use the web
  - Turn your hobby into a money maker
  - Work for a start-up company
  - Create a niche job and market it to employers

## Think Global

- Going Global Listings online at SUNlink <https://csun-csm.symplicity.com/index.php/pid869081>
- Indeed.com International Job Search [www.indeed.com](http://www.indeed.com)
- Overseas Jobs [www.overseasjobs.com/](http://www.overseasjobs.com/)
- United Nations Development Program <http://jobs.undp.org>
- BUNAC <http://www.bunac.org> (overseas summer camps, work opportunities, volunteerism)
- Teach EFL (English as a Foreign Language)
  - U.S. Department of State: [www.state.gov/m/a/os/c16899.htm](http://www.state.gov/m/a/os/c16899.htm)
  - U.S. Department of State Teaching Overseas [www.state.gov/m/dghr/flo/c21946.htm](http://www.state.gov/m/dghr/flo/c21946.htm)
  - JET Japan Exchange & Teaching Programme [www.jetprogramme.org](http://www.jetprogramme.org)  
or go to [www.us.emb-japan.go.jp/JET](http://www.us.emb-japan.go.jp/JET)
  - Language Corps [www.languagecorps.com](http://www.languagecorps.com) (teaching in Latin America)
  - Bridge TEFL (certification program) [www.bridgetefl.com](http://www.bridgetefl.com)
  - Teach EFL in France [www.frenchculture.org/spip.php?rubrique424&tout=ok](http://www.frenchculture.org/spip.php?rubrique424&tout=ok)

## Advice for Students

- If you are employed (even part-time), keep your job while searching
- Take a career-related part-time job in your field or industry & keep looking
- Register with a few employment agencies
  - Seek full-time, part-time, or temporary work
  - Perform well & make connections
- Consider a different industry or field
- Be open to working for small, local companies (hidden job market –you won't find a job posting)
- Consider relocating to another city or state
- Be willing to temporarily settle for less, learn what you can & keep looking for your dream job
- Stay connected to your field – join professional associations or find a mentor
- Maintain contact with former employers, faculty, and peers (80% of job search is networking)
- Keep a positive attitude and be flexible
- Set realistic goals
- Persist – treat your job search like a job – do it daily!

## Helping Students Prepare

- Plan ahead – start early
- Be aware that many programs have deadlines months or years in advance
- Make time for one or more internship experiences
- Do informational interviews or job shadow
- Think out of the box & plan to do more than sending out resumes or applying online
- Cast a wide net / keep every option open / get yourself in front of employers
- Pay attention! Watch for notices about jobs and career fairs
- Learn to market yourself / develop a personal brand
  - Manage your online presence
    - Learn how to tap into that hidden job market
    - Tell your story effectively and find referrals
    - Network – make the most of your contacts
      - Talk to faculty about your goals and plans
  - **Use the Career Center – University Hall 105**

Subject Area: Social Sciences

Bachelor of Arts

+ SAVE

## CHARACTERISTICS

(WHAT'S THIS?)

### INTEREST THEMES

★ INVESTIGATIVE (I)

★ SOCIAL (S)

★ ENTERPRISING (E)

### VALUES

★ CREATIVITY

EMPATHY  
INQUISITIVE  
RELATIONSHIPS  
WELL-BEING

### SKILLS

ABSTRACT REASONING  
DECISIVE  
INTERPERSONAL COMMUNICATION  
INTUITIVE

★ RESEARCH

## Psychology

Psychology is considered the study of human behavior. You will learn about the various areas related to human behavior including the brain, societal influences, normal and abnormal behavior, mental ability, perception, human development and individual differences. In addition, this major will provide you with a solid foundation of skills and knowledge. Psychology majors sometimes continue their education in psychology or a related field after receiving their degree while others go directly into the profession.

Learn More

Essential Information

What Will I Be Learning?

Pathways Through This Major

Experiential Learning

Further Exploration



Check with the Psychology department for immediate updates.

### Essential Information

You will graduate with a Bachelor of Arts degree in Psychology. Your college will be [Social and Behavioral Sciences](#) and your department will be [Psychology](#).

### What I Will Be Learning

The Psychology Department has identified [Student Learning Outcomes](#) for completing this degree program.

### Pathways Through This Major

#### Academic Courses & Plans

View the catalog year that matches the year you entered this program. If you are considering this major, refer to the most recent year.

- [University Catalog](#) ➡
- 4 Year Plan - Catalog Year: [2008](#) [2009](#) [2010](#) [2011](#) ➡
- Transfer Plan - Catalog Year: [2008](#) [2009](#) [2010](#) [2011](#) ➡
- [MAP \(My Academic Planner\)](#)

#### Majors & Career Advising & Counseling

- [I'm undecided or undeclared](#) ➡
- [I've declared this major](#) ➡
- [I'm considering changing majors](#) ➡

### Experiential Learning

- Clarify your goals
- Apply your knowledge
- Test yourself in the real world

Take some time to experience this field:

- [Campus Clubs and Organizations](#)
- [Professional Associations](#)
- [Internships](#)
- [Fellowships](#)
- [Research Opportunities](#)
- [Volunteer Activities](#) ➡
- [Current Jobs](#)

### Further Exploration

- [Related Occupations](#)
- [Related Majors](#)



Select a link

## Fellowships

Fellowships are research programs that are short term opportunities (6-12 months) designed to further your education and/or professional development. When you are hired into a Fellowship, you will be called a Fellow. As a Fellow, you will be sponsored by a specific organization that seeks to expand leadership in their field. You will be expected to take part in apprenticeships, research projects, internships, short-term placements in public affairs (government, nonprofits, etc.), or team and independent projects. This is an opportunity to explore and grow in a particular field of interest.

There are several types of Fellowships including:

- scholarship-based programs
- graduate research programs
- community-based leadership programs

### Sites by Related Subject Area(s)

- [AAUW American Association of University Women](#)
- [American Council of Learned Societies](#)
- [American Sociological Association](#)
- [Brookings](#)
- [CORO](#)
- [California Institute of the Arts](#)
- [California State Assembly](#)
- [Capital Fellows](#)
- [Congressional Fellowship Program](#)
- [Council of American Overseas Research Centers](#)
- [Council on Foreign Relations](#)
- [Department of Homeland Security](#)
- [Five Colleges: Incorporated](#)
- [Gay and Lesbian Alliance against Defamation \(GLAAD\)](#)
- [German Marshall Fund of the United States](#)
- [Humboldt Foundation](#)
- [Institute for Humane Studies](#)
- [International Reporting Project](#)
- [John Carter Brown Library](#)
- [John W. Kluge Center at the Library of Congress](#)
- [Lady Davis Fellowship Trust, The Technion](#)
- [NATSO Foundation](#)
- [NYC Human Rights Fellowship](#)
- [National Endowment for the Humanities](#)
- [National Institute of Justice](#)
- [National Library of Medicine](#) Limited to: For Graduate Students Only
- [New York City Urban Fellows Program](#)
- [Organization of American States](#)
- [Rotary International](#)
- [TIAA-CREF: Ruth Simmons Hamilton Research Fellowship](#)
- [The American Council on Germany](#)
- [The Greenling Institute](#)
- [The International Research and Exchange Board](#) Limited to: For Undergraduate Students Only
- [The Robert and Karen Newcomb Graduate Fellowship in Geography](#) Limited to: For Graduate Students Only
- [The Smithsonian](#)
- [The Social Science Research Center](#)
- [The Wellstone Fellowship for Social Justice](#)
- [The Wenner-Gren Foundation, Dissertation Fieldwork Grants](#)
- [The White House Fellows](#)
- [The Woodrow Wilson National Fellowship Foundation](#)
- [US Capitol Historical Society Internships](#)
- [US Supreme Court](#)
- [United States Department of Justice](#)

Look for Current Fellowships at [My Career Center](#)