

THE HUB NEWSLETTER

Valuable Resources for First Year and Exploratory Students

WELCOME TO THE NEW YEAR MATADORS!

We are excited to kick off 2022 with a great Spring semester!

- If you still haven't registered or need help with your schedule for Spring 2022 classes, virtual Drop-in Advisement is available January 3, 2022 through February 18, 2022: www.csun.edu/thehub - Advisement for Fall 2022 will begin February 21, 2022

Make your appointment by following the link that will be emailed to your CSUN account by February 16, 2022 from matadoradvisinghub@csun.edu or call our office at (818) 677 -2900

Students on academic probation are required to meet with a Hub advisor **twice** before registering for the Fall 2022 semester





Hello Matadors! My name is Maryna Volkava and I am one of the academic advisors at the Matador Advising Hub. I started my career at CSUN in 2009. Besides working with domestic students, I also assist our International Student population to meet their unique needs and reach educational goals and success at CSUN. I enjoy working with students from diverse cultural and geographic backgrounds. It is my pleasure to guide, support and mentor students through their academic journey at CSUN. Go Matadors!

Hello Matadors! My name is Lucio Simental. I've been working at CSUN for 10 years now, and have worked in various areas in higher education. I've worked with community college students, exploratory students, math majors, first time freshmen, STEM and non-STEM students, veterans, athletes, and the list goes on and on. I enjoy working with first time freshmen because we get to see you begin your academic journey and move on into your desired field of study. College is a roller coaster so hang on but have fun! Welcome to CSUN, future alum!

FALL SEMESTER CHECKLIST



Complete your FAFSA or DREAM Act Application

Applications are open from October 1st to March 2nd so make sure you renew yours in order to receive financial aid next year!



For additional help, contact the Financial Aid Department: Phone: (818) 677-4085 Email: financial.aid@csun.edu Location: Bayramian Hall, 1st Floor Lobby (BH100) Lobby hours: 10:00 a.m. - 2:00 p.m.

Complete your Title IX training through the CSUN Portal

 $To \ promote \ a \ culture \ of \ respect \ on \ campus, \ all \ CSUN \ students - and \ all \ college \ students \ in \ the \ United \ States - must \ complete \ a \ sexual \ and \ all \ college \ students \ in \ the \ United \ States - must \ complete \ a \ sexual \ and \ all \ college \ students \ in \ the \ United \ States - must \ complete \ a \ sexual \ and \ all \ college \ students \ in \ the \ United \ States - must \ complete \ a \ sexual \ and \ all \ college \ students \ in \ the \ United \ States - must \ complete \ a \ sexual \ and \ an$ misconduct and violence awareness and prevention education program. At CSUN this training is online, interactive and video-based, featuring real-life student testimonials.

> All students who are required to take the training will have a "Title IX Not Anymore" registration hold that prevents enrollment in classes. Once the training is completed, the hold will be removed within 24 hours. For additional help, visit: https://www.csun.edu/current-students/access-title-ix-training

WHAT'S GOING ON AT THE HUB?



Summer School Workshops

Are you interested in taking classes during the summer and do not know where to start?

 $Sign\ up\ for\ one\ our\ Summer\ School\ Workshops:$

- Why students enroll in summer school
 - Options for summer school
- Taking classes at CSUN vs Community College
 - Process of Enrollment



Exploratory Workshops

Are you an exploratory student who would like additional support in picking a major and choosing a career path? If so come to one of our workshops for:

- Utilizing the Career Center
- Understanding the Catalog
- Resources to learn about your careers

Pre-Health Workshops

Are you interested in learning about how to prepare for $health\ profession\ graduate\ programs?\ Join\ our\ Pre-Health$ workshops to learn about choosing a major, prerequisites, extracurricular activities, and how to get involved.

Health Fields Discussed:

- Medicine - Dentistry - Optometry - Pharmacy -- Veterinary - Physician Assistant -



Student Success Workshops

Academic success topics that will assist in developing $academic\ skills\ to\ help\ you\ thrive\ in\ college!$

Workshops:

- cating Effectively with Profe
 - Managing Finances & Budgeting
- Managing Stress & Test Taking Anxiety
- Final Exam Preparation & Self Care

Find Dates and Sign Up at: csun.edu/thehub/news-events

CAMPUS RESOURCE SPOTLIGHT



The Oasis

The Oasis is a welcoming destination where CSUN students can find serenity and relaxation amid the rush and activity of campus life. It offers $nutrition\ counseling,\ meditation,$ massages, acupuncture, nap pods and workshops focused on wellness and $managing\ stress$

Visit: csun.edu/oasis



Matador Involvement Center

The MIC is the place to learn more about getting involved on campus and meeting people with similar interests. Make your mark by discovering clubs and organizations, volunteer projects,

fraternities and sororities, and resources for leadership development.

Visit: csun.edu/mic



University Counseling Services

UCS enhances student well-being and academic success through a range of high-quality mental health services including counseling, psychotherapy, Wellness Workshops, group treatment, psychiatric services, crisis/urgent care

> services, and case management. Visit: csun.edu/ucs



CAMPUS OFFICE HOURS: *

Mon-Thu 8:30AM-5:00 PM 8:30AM-3:30PM

*Subject to change

CONTACT US:

(818) 677 - 2900

Matadoradvisinghub@csun.edu

www.csun.edu/thehub/contact-us



IMPORTANT REMINDERS:

January 24

- Classes Begin

January 30*

- Last day to make schedule changes without permission #

February 18*

- Last day to make schedule changes with permission #

March 21-27 March 31

- Spring Break - Cesar Chavez Day

May 14-20

- Finals Week



MISSION STATEMENT:

The Matador Advising Hub at California State University, Northridge is a centralized advising office for first-year freshman and new and continuing exploratory students. We strongly support the belief that academic advisement is a vital part of helping students accomplish their academic and professional goals. Cultivating a collaborative relationship between students and advisors is central to our work at the Hub. Students will have a clearer understanding of their role as active learners and their academic objectives as they move forward in their chosen educational path.



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