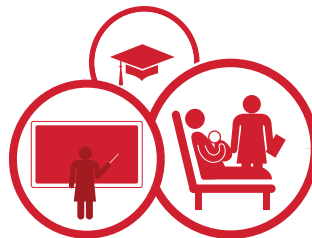




# LACTATION EDUCATION

CSUN

CALIFORNIA  
STATE UNIVERSITY  
NORTHRIIDGE



California State University, Northridge (CSUN) is one of the few universities in the U.S. that offers its graduate students the opportunity to complete a Lactation Education Accreditation and Approval Review Committee (LEAARC) recognized breastfeeding course.

## Health Science 534: Lactation Education for the Healthcare Professional:

- **Course Description:** This course provides graduate students from various health disciplines with the opportunity to learn and apply approaches used by public health professionals to promote breastfeeding in the community. Emphasis will be given to analyzing current breastfeeding behavior using a social-ecological model of thinking.

### Topics Covered In This Course Include:

- Historical context of breastfeeding
- Public health initiatives in the area of breastfeeding
- Social norms and cultural factors influencing breastfeeding
- Counseling skills
- Nutrition during pregnancy & breastfeeding
- Anatomy & physiology of lactation
- Common breastfeeding barriers & strategies to overcome those barriers
- Hospital practices that influence breastfeeding
- Key concepts for getting breastfeeding off to a good start

### Is This Course Recognized?



- Yes, HSCI 534-Lactation Education for the Healthcare Professional is recognized by the Lactation Education Accreditation and Approval Committee (LEAARC) as basic education (under 90 hours) for breastfeeding educators and counselors.

### What Requirements Will This Course Satisfy?

- **Master of Public Health Program**
  - This course will satisfy 3 units of required elective coursework that is part of the Master of Public Health Program.
- **All other Graduate Degree Programs**
  - Contact your department advisor if you have specific questions on how the course will help you progress toward graduation.

### I Am Not a Student at CSUN, May I Take The Lactation Education (HSCI 534) Course?

- Yes, community members and students not currently enrolled in a degree program at CSUN may enroll in HSCI 534 through the Tseng College without formal application or admission to the university. Individuals may take this class on a space-available basis, if they receive instructor approval and meet course prerequisites. For details about the course or certificate of course completion, contact [lactation.education@csun.edu](mailto:lactation.education@csun.edu). For specific questions about fees and how to enroll in HSCI 534 please contact the Tseng College Admissions Office at (818) 677-2504 or visit the following website: <http://tsengcollege.csun.edu/studentinfo/howtoregister>.

### After Taking HSCI 534: Lactation Education For The Healthcare Professional, What Designation May I Use?

- After completion of this course, you can call yourself a "Certificated Lactation Educator" (CLE).

**For more information, please visit us at:**  
<http://www.csun.edu/lactation-education>

\*This lactation education training course has been generously supported by a grant from the United States Department of Education.



Your Path to  
Health Careers

