

# Resources for Better Understanding and Supporting First Generation College Students In Undergraduate and Graduate School

Prepared by the EPC Department Diversity Committee at CSUN for the *Panel presentation on COE First Generation College Students to expand our notion of self-care and build community. 3/6/18*

## **Promoting Opportunities for Diversity in Education and Research**

*CSUN Grant-Build Poder*

[www.csun.edu/build-poder](http://www.csun.edu/build-poder)

## **College of Social and Behavioral Sciences-Student Success Literature and Resources**

[www.csun.edu/social-behavioral-sciences/student-success/s/student-success-literature-and-resource](http://www.csun.edu/social-behavioral-sciences/student-success/s/student-success-literature-and-resource)

## **Experiencing Confidence and Enjoyment of Learning (ExCEL) Programs**

[www.csun.edu/eisner-education/experience-confidence-and-enjoyment-learning](http://www.csun.edu/eisner-education/experience-confidence-and-enjoyment-learning)

Selfies of Your Professors Video—First Generation College Students who are faculty at CSUN  
27 minutes of Building Academic Confidence—Geared to First Generation College Students

## **University Counseling Services**

[www.csun.edu/counseling/therapy-groups-and-workshops](http://www.csun.edu/counseling/therapy-groups-and-workshops)

*First Generation College Student Support Group—Free*

## **New Book from CSUN Faculty (Including chapters by three faculty from our department)**

Learning from the Learners: Successful College Students Share Their Effective Learning Habits. Rowman & Littlefield Publishing Group, Inc., (2018)  
by [Elizabeth Berry](#) (Editor), [Bettina J. Huber](#) (Editor), [Cynthia Z. Rawitch](#) (Editor)

## **Academic First Year Experiences**

*Understanding the Learning Process for First Generation College Students at CSUN*

<http://www.csun.edu/afye/Teaching-First-Generation-Students.html>

## **Sundial Article**

*Low income and first-generation students overcome feelings of guilt*

<http://sundial.csun.edu/2016/11/low-income-and-first-generation-students-overcome-feelings-of-guilt/>

## **Publications**

### **Graduate Students**

Gardner S., Holley K. (2011). "Those invisible barriers are real": The progression of first-generation students through doctoral education. *Equity & Excellence in Education*, 44, 77-92.

Lunceford, B. (2011). When first-generation students go to graduate school. *New Directions For Teaching & Learning*, 2011(127), 13-20. doi:10.1002/tl.453

Tate, K. A., Fouad, N. A., Marks, L. R., Young, G., Guzman, E., & Williams, E. G. (2015). Underrepresented first-generation, low-income college students' pursuit of a graduate education: Investigating the influence of self-efficacy, coping efficacy, and family influence. *Journal Of Career Assessment*, 23(3), 427-441. doi:10.1177/1069072714547498

### **Undergraduate Students**

Ward L., Siegel M. (2012). *First-generation college students: Understanding and improving the experience from recruitment to commencement*. San Francisco, CA: Jossey-Bass.

McCartney, K. (2017, April 21). Closing the gap for first-generation students. *Chronicle of Higher Education*. p. A34.

Collier, P., Morgan, D. (2008). "Is that paper really due today?: Differences in first-generation and traditional college students' understandings of faculty expectations." *Higher Education*, 55(4), 425-446