














September

9/11	6:00 PM	<u>Matador Faculty and Staff Appreciation Series - Women's Soccer</u> Facilitated by: Matadors vs. Pepperdine Waves	Matador Soccer Field	
9/13	12:30 PM - 1:30 PM	<u>Go Green and Save Green</u> Facilitated by: Helen Cox & Kiana Lucero	Oviatt 16	
9/14	9:00 AM - 11:30 AM	<u>CERT Training (7 Week Course)</u> Facilitated by: Susan Jensen, LAFD Firefigther	Ferman Presentation Room, Oviatt	
9/14	5:30 PM - 8:30 PM	<u>Basics of Pepper Spray Defense</u> Facilitated by: Stacey Nowak	Police Services Training Room	
9/15	12:00 PM - 12:55 PM	<u>Building Marshal Training</u> Facilitated by: Jenny Novak	Police Services Training Room	
9/15	2:00 PM - 3:00 PM	<u>Exploring Transportation Options @ CSUN</u> Facilitated by: Larry Isrow, Astrid Logan	Police Services Training Room	
9/20	9:00 AM - 11:00 AM	<u>Benefits & Wellness Fair</u> Facilitated by: HR Benefits Administration	Student Recreation Center	
9/20	8:00 AM - 4:30 PM	<u>CalPERS: One-on-One Consultations</u> Facilitated by: Mindy Fox	Oviatt 16	
9/21	10:00 AM - 11:00 AM	<u>The Standard Life Insurance and Long Term Disability</u> Facilitated by: Darin Plotnick	Oviatt 16	
9/22	12:00 PM - 1:00 PM	<u>Smoking Cessation - Now is the Time</u> Facilitated by: Ester Jun, M.D.	Oviatt 16	
9/22	7:00 PM	<u>Matador Faculty and Staff Appreciation Series - Men's Soccer</u> Facilitated by: Matadors vs. San Diego Aztecs	Matador Soccer Field	
9/22	12:00 PM - 12:55 PM	<u>CSUN Emergency Procedures and Emergency Notification</u> Facilitated by: Jenny Novak	Police Services Training Room	
9/23	8:00 AM - 5:00 PM	<u>Fidelity One-on-One</u> Facilitated by: Christel Whittier	Oviatt 16	
9/27	10:00 AM - 12:00 PM	<u>CalPERS Seminar: Planning for Your Retirement</u> Facilitated by: Mindy Fox	Extended University Commons, EU 101	
9/28	10:00 AM - 11:30 AM	<u>Eldercare: Practical Tips and Resources for Caregivers</u> Facilitated by: Yael Wyte, Empathia/Life Matters	Oviatt 16	
9/29	9:00 AM - 12:00 PM	<u>New Employee Welcome Orientation</u> Facilitated by: Human Resources	Oviatt 16	
9/29	12:00 PM - 12:55 PM	<u>Disaster Ready 101: Introduction to Personal Preparedness</u> Facilitated by: Jenny Novak	Police Services Training Room	
9/29	6:00 PM - 7:00 PM	<u>Going Solar - Everything You Need to Know</u> Facilitated by: Helen Cox & Chris Blevins	Colleagues Room, Sierra Center	
9/30	10:00 AM - 11:00 AM	<u>Savings Plus - Investing</u> Facilitated by: Joshua Hayes	Oviatt 16	



October

10/03	10:00 AM - 11:30 AM	<u>Stellar Customer Service - The CSUN Way: De-escalating Interactions</u> Facilitated by: Juana Maria Valdivia & Marianne Quirroz	Oviatt 16	
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10/04	10:00 AM - 11:00 AM	<u>Saving Money for College Through a 529 Program - Scholar Share</u> Facilitated by: Gianne Dashiell and Gregorio Alcantar	Oviatt 16	
10/05	9:00 AM - 10:15 AM	<u>Making CSUN's eTravel Solution Your Roadmap to Seamless Travel Reimbursements</u> Facilitated by: Annie Dang, Christine Dorman, Debbie Whitchurch	Oviatt 16	
10/06	7:00 PM	<u>Matador Faculty and Staff Appreciation Series - Women's Volleyball</u> Facilitated by: Matadors vs. Hawaii Rainbows	Matadome	
10/07	8:00 AM - 12:00 PM	<u>Live2Lead John Maxwell Leadership Event Telecast</u> Facilitated by: John Maxwell	Northridge Center, Univ. Student Union	
10/10	2:00 PM - 3:00 PM	<u>CSUN Rise: Maximizing the Identity System & Positioning Platform</u> Facilitated by: Jeff Noblitt & Kevin Lizarraga	Oviatt 16	
10/11	12:00 PM - 12:55 PM	<u>Cyber Safety</u> Facilitated by: Stacey Nowak	Police Services Training Room	
10/11	10:00 AM - 11:00 AM	<u>Learning Can Be Fun and Almost Free: The CSU Fee Waiver & Reduction Program Benefit</u> Facilitated by: Nikki Valadez, Nick Alexander, Blinda Oborn, and Phyllis Delgado	Oviatt 16	
10/11	8:00 AM - 4:30 PM	<u>CalPERS: One-on-One Consultations</u> Facilitated by: Mindy Fox	Extended University Commons, EU 101	
10/12	12:00 PM - 1:00 PM	<u>Matador Book Club - So You've Been Publicly Shamed</u> Facilitated by: Elizabeth Adams, Melanie Williams, and Deborah Cours	Oviatt 16	
10/13	12:00 PM - 12:55 PM	<u>Fire: Safety in the Home and Wildfire Preparedness</u> Facilitated by: Jenny Novak	Police Services Training Room	
10/17	2:00 PM - 3:00 PM	<u>Incorporating Healthier Behaviors Into Your Lifestyle</u> Facilitated by: Sandra Salute	Oasis Center	
10/18	9:00 AM - 10:30 AM	<u>Performance Management/Providing Useful Feedback</u> Facilitated by: Toni Strauja	Oviatt 16	
10/19	11:00 AM - 5:00 PM	<u>Campus Sustainability Day</u> Facilitated by: Institute for Sustainability	Campus-Wide	
10/19	10:00 AM - 11:30 AM	<u>Benefitting From Our Differences: Engaging in Creative Conflict</u> Facilitated by: Raji A Rhys & Susan Hua	Oviatt 16	
10/20	12:00 PM - 12:55 PM	<u>Living in Earthquake Country: Preparing for the Big One</u> Facilitated by: Jenny Novak	Police Services Training Room	
10/20	10:00 AM - 11:00 AM	<u>Navigating the Audit Trail</u> Facilitated by: Howard Lutwak	Oviatt 16	
10/21	12:00 PM - 1:00 PM	<u>Backyard Composting Made Easy</u> Facilitated by: Mario Giraldo	Campus Organic Garden	
10/23	1:00 PM	<u>Matador Faculty and Staff Appreciation Series - Women's Soccer</u> Facilitated by: Matadors vs. Oklahoma Sooners	Matador Soccer Field	
10/25	9:00 AM - 12:00 PM	<u>New Employee Welcome Orientation</u> Facilitated by: Human Resources	Oviatt 16	
10/26	9:30 AM - 11:00 AM	<u>Workplace Violence and Surviving an Active Shooter Incident - Part 1</u> Facilitated by: Anne Glavin and Kristina de la Vega	Police Services Training Room	
10/27	12:00 PM - 1:30 PM	<u>MMC Creative Cooking and Wellness Series</u> Facilitated by: Marilyn Magaram Center Staff	Sequoia Hall 112	
10/28	12:00 PM - 1:30 PM	<u>Fidelity 403B Workshop</u> Facilitated by: Christel Whittier	Oviatt 16	
10/28	2:00 PM - 4:00 PM	<u>Fidelity 403B Help Desk</u> Facilitated by: Christel Whittier	Oviatt 16	
10/28	8:00 AM - 12:00 PM	<u>Fidelity One-on-One</u> Facilitated by: Christel Whittier	Oviatt 16	





10/31	2:00 PM - 3:30 PM	<u>Knowing and Sharing Our Success Stories - The Ways CSUN SHINES</u> Facilitated by: Carmen Chandler & Jorge Martin	Oviatt 16	
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November

11/01	12:00 PM - 12:55 PM	<u>Building Marshal Training</u> Facilitated by: Jenny Novak	Police Services Training Room	
11/01	10:00 AM - 11:00 AM	<u>Office Ergonomics</u> Facilitated by: Daniel Castellon	Oviatt 16	
11/01	1:00 PM - 2:30 PM	<u>Get Picked: Using Conference Presentations to Raise Your Profile and Grow Your Career</u> Facilitated by: Aurora Gregory	Ferman Presentation Room, Oviatt	
11/02	10:00 AM - 11:30 AM	<u>Social Security Workshop</u> Facilitated by: Anna Roca, Social Security Administration	Oviatt 16	
11/02	12:00 PM - 12:55 PM	<u>Emergency Kit Essentials</u> Facilitated by: Jenny Novak	Police Services Training Room	
11/02	9:30 AM - 11:00 AM	<u>Workplace Violence and Surviving an Active Shooter Incident - Part 2</u> Facilitated by: Anne Glavin and Kristina de la Vega	Police Services Training Room	
11/03	12:00 PM - 12:55 PM	<u>Creating Family Emergency Plans</u> Facilitated by: Jenny Novak	Police Services Training Room	
11/03	2:00 PM - 3:30 PM	<u>Pre-Award Workshop: Grant Seeking for Success</u> Facilitated by: Teresa Morrison & Stefanie Friesen	Oviatt 16	
11/03	9:00 AM - 11:00 AM	<u>Being at Your Best: Knowing Your True Colors and How Best to Work with Others</u> Facilitated by: Bridget Sampson	Extended University Commons, EU 101	
11/07	10:00 AM - 11:00 AM	<u>International Travel 101</u> Facilitated by: Cyndi Paull & Marlene Gale	Ferman Presentation Room, Oviatt	
11/08	12:00 PM - 12:55 PM	<u>Identity Theft Prevention</u> Facilitated by: Stacey Nowak	Police Services Training Room	
11/09	12:00 PM - 1:00 PM	<u>Matador Book Club - The Girl On The Train</u> Facilitated by: Elizabeth Adams, Melanie Williams, and Deborah Cours	Oviatt 16	
11/09	10:00 AM - 11:00 AM	<u>Savings Plus - Nearing Retirement</u> Facilitated by: Joshua Hayes	Oviatt 16	
11/10	4:00 PM - 6:00 PM	<u>First Time Home Buyer's Seminar</u> Facilitated by: Linda Turner	Orange Grove Bistro	
11/10	12:00 PM - 1:00 PM	<u>Smoking Cessation - Now is the Time</u> Facilitated by: Ester Jun, M.D.	Oviatt 16	
11/14	10:00 AM - 11:00 AM	<u>International Travel 101</u> Facilitated by: Cyndi Paull & Marlene Gale	Ferman Presentation Room, Oviatt	
11/16	10:00 AM - 11:30 AM	<u>Supporting Student Success I: Understanding and Helping Students</u> Facilitated by: William Watkins	Ferman Presentation Room, Oviatt	
11/17	10:00 AM - 11:00 AM	<u>For Managers & Supervisors: Payroll Basics</u> Facilitated by: Alan Kuykendall & Toni Strauja	Oviatt 16	
11/17	12:00 PM - 1:30 PM	<u>MMC Creative Cooking and Wellness Series</u> Facilitated by: Marilyn Magaram Center Staff	Sequoia Hall 112	
11/18	8:00 AM - 5:00 PM	<u>Fidelity One-on-One</u> Facilitated by: Christel Whittier	Oviatt 16	
11/21	8:00 AM - 5:00 PM	<u>Fidelity One-on-One</u> Facilitated by: Christel Whittier	Oviatt 16	
11/29	10:00 AM - 11:30 AM	<u>For Managers & Supervisors: Understanding How CSUN's Classification & Compensation System Works</u> Facilitated by: Mika Williamson & Lynn Marks	Oviatt 16	

11/30	9:00 AM - 12:00 PM	<u>New Employee Welcome Orientation</u> Facilitated by: Human Resources	Oviatt 16	
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December

12/02	8:00 AM - 5:00 PM	<u>Fidelity One-on-One</u> Facilitated by: Christel Whittier	Extended University Commons, EU 101	
12/06	12:00 PM - 12:55 PM	<u>Maintaining a Proactive Approach to Personal Safety</u> Facilitated by: Stacey Nowak	Police Services Training Room	
12/06	9:00 AM - 11:00 AM	<u>Transitioning from Peer to Supervisor</u> Facilitated by: Mika Williamson	Oviatt 16	
12/07	10:00 AM - 11:00 AM	<u>Strategies for Identifying Unconscious Bias in the Hiring Process</u> Facilitated by: Susan Hua & Raji A Rhys	Oviatt 16	
12/07	12:30 PM - 1:30 PM	<u>Sustainable Alternatives to Your Lawn</u> Facilitated by: Jim Logsdon and Ruben Lopez	Oviatt 16	
12/09	8:00 AM - 3:45 PM	<u>CalPERS One-on-One</u> Facilitated by: Mindy Fox	Extended University Commons, EU 108	
12/12	10:00 AM - 11:30 AM	<u>The Challenges of Finding Your Healthy Weight</u> Facilitated by: Ellen Bauersfeld	Oviatt 16	
12/14	2:00 AM - 3:00 PM	<u>MaNEx Improving Team Interactions: Exploring the Instinctive Drives Tool</u> Facilitated by: Toni Strauja	Oviatt 16	
12/14	12:00 PM - 1:00 PM	<u>Matador Book Club - A Summons to Memphis</u> Facilitated by: Elizabeth Adams, Melanie Williams, and Deborah Cours	Oviatt 16	
12/16	8:00 AM - 5:00 PM	<u>Fidelity One-on-One</u> Facilitated by: Christel Whittier	Oviatt 16	

Series

10/25	12:00 PM - 1:00 PM	<u>Working Moms Brown Bag Lunch Begins (Monthly)</u> Facilitated by: Amy Reichback and Susan Krikorian	Oviatt 16	
8/31	11:00 AM - 1:00 PM	<u>Lunch Time Express Begins, (Weekly W & F, ends on 12/18)</u> Facilitated by: SRC Trainers	Student Recreation Center	
9/08	5:30 PM - 6:20 PM	<u>Commit To Be Fit Begins - Orientation (Weekly M-Th)</u> Facilitated by: Kim Henige & Shabnam Islam, Kinesiology	Redwood Hall 200	
9/12	12:00 PM - 1:00 PM	<u>Mindfulness Mondays Begin (Weekly M, ends on 12/5)</u> Facilitated by: Institute of Community Health and Wellbeing	Santa Susanna Hall 108	
9/14	12:00 PM - 1:00 PM	<u>Walkability Wednesdays Begins (Weekly W, ends on 12/7)</u> Facilitated by: Institute of Community Health and Wellbeing	Santa Susanna Hall 115	
9/14	9:00 AM - 11:30 AM	<u>CERT Training (7 Week Course, begins 9/14)</u> Facilitated by: Susan Jensen, LAFD Firefigther	Ferman Presentation Room, Oviatt	

Registration Information:

For registration and descriptions of these and other programs, visit our online calendar at: <http://www.csun.edu/development/training>.