

DROWNING IS SILENT

Signs of Distress



HEAD TILTED BACK

CAN'T CALL FOR HELP

HAIR OVER FOREHEAD

CAN'T WAVE FOR HELP

BODY IS VERTICAL

"CLIMBING LADDER" MOTION



There are **NO WARNING** or splashing **SOUNDS** associated with a drowning accident.



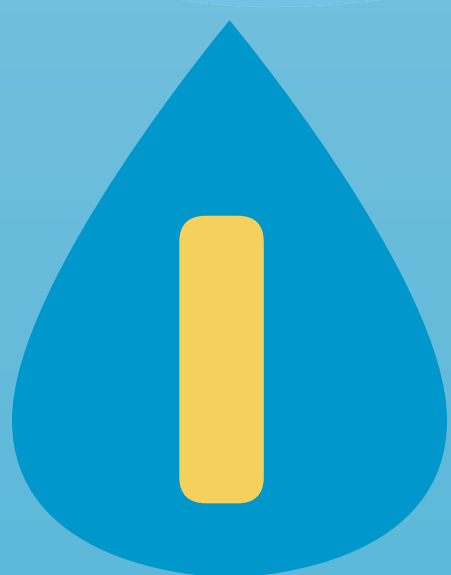
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Children under age 5 are at a higher risk of drowning in a pool.



Swim Skills

Teach your child(ren) to swim at an early age, as backyard swimming pools account for over half of drowning deaths for children 0-5 years old each year.



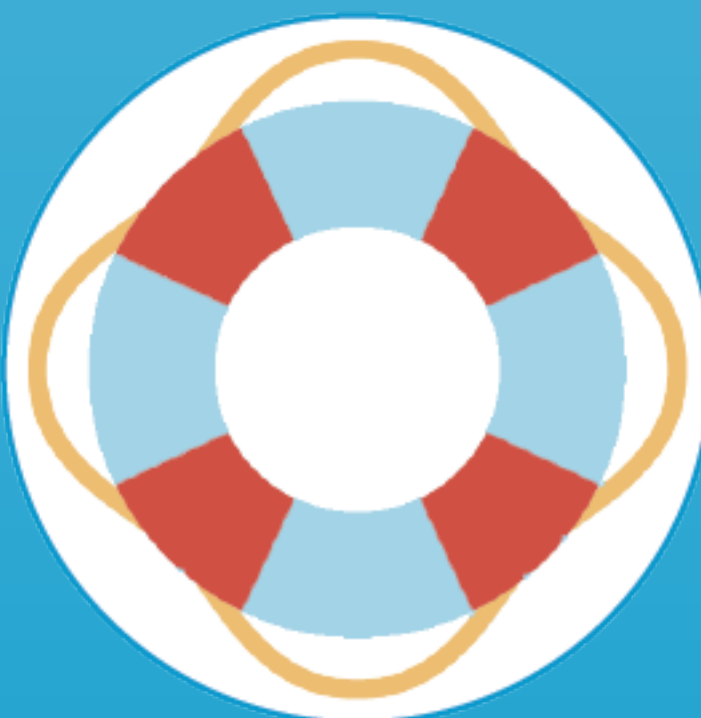
Install Alarms

Install alarms on house doors and around pool area.



Layers of Protection

Layers of protection include adult supervision, fences, gates, latches, safety pool covers, education, throwing aids, and rescue techniques.



Eye

Adults should keep a constant eye on children in or near any water including bathtubs, buckets, toilets, ponds, spas and pools.



Never Leave a Child Alone

Never leave a child alone near water. Check the pool first if a child is missing.



Touch

Designate an adult to be close enough to reach out and touch the child.



DID YOU KNOW...

Drowning is the leading cause of death for toddlers 1-4 years old.

68%

In general, boys are two times more likely to drown in a pool than girls.



2/3

2/3 of fatal drownings occur between May and August for most age groups.



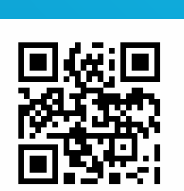
Yell for Help

911

Call 911



Perform CPR



Visit: www.dds.ca.gov/drowning | www.drowningpreventionfoundation.org | www.cdph.ca.gov