

California State University, Northridge (CSUN)
Department of Special Education

Disposition Self Reflection

Name _____ Date _____

In addition to knowledge and skills, accomplished special educators reflect upon professional qualities that enhance their effectiveness as teachers. The following dispositions have been identified by the CSUN Department of Special Education as important qualities of effective special education teachers. We would like you to begin this reflective process by thinking about these dispositions prior to entering the program. You will also be asked to reflect upon these dispositions at other transition points during the program. This information will not impact the evaluation of your credential application.

Directions: Please rate yourself on the “key dispositions” below using the following 5-point scale:
 “1” = an area that is a personal struggle or challenge for you
 “5” = an area in which you are comfortable and confident

Personal Characteristics: Strives to achieve and maintain a high degree of competence and integrity in all professional practices					
	1	2	3	4	5
• I have a positive outlook					
• I am hard working and responsible					
• I take initiative					
• I am flexible					
Use examples to explain your ratings:					
Interpersonal Characteristics: Strives to develop rapport and collaborate with others in the work environment.					
	1	2	3	4	5
• I work well with others					
• I communicate my ideas effectively to others					
• I listen effectively to others					
• I am able to influence/motivate others					
Use examples to explain your ratings:					

Key: “1” = an area that is a personal struggle or challenge for you
 “5” = an area in which you are comfortable and confident

Commitment to Professional Growth: Values creativity and thinks critically about work-related practices.

	1	2	3	4	5
• I seek solutions to problems					
• I reflect on personal strengths and weaknesses					
• I am responsive to instruction and/or supervision					
• I engage in professional development activities					

Use examples to explain your ratings:

Commitment to Diversity: Believes all individuals can learn, despite severity of disability, and is committed to serving students with diverse needs, cultural and linguistic backgrounds, and developmental levels.

	1	2	3	4	5
• I have high expectations for all individuals					
• I am respectful of others from diverse backgrounds					
• I recognize and respond to stereotypes in my own thinking					
• I am responsive to students’ diverse needs					

Use examples to explain your ratings:

Commitment to Ethical Practices: Committed to ethical professional activities which benefit individuals with exceptionalities and their families

	1	2	3	4	5
• I am motivated to learn educational practices					
• I maintain confidentiality					
• I consider the perspectives of others when making decisions					
• I use sound judgment					

Use examples to explain your ratings: