California State University Northridge
Department of Physical Therapy

Department Chair: Janna Beling  PT, PhD

http://www.csun.edu/health-human-development/physical-therapy
California State University, Northridge
Physical Therapy Program

Fully accredited since 1969 by the Commission on Accreditation in Physical Therapy Education (CAPTE)

Last reaccreditation June 2015
Who are Physical Therapists?

• Physical therapists (PTs) are highly-educated licensed health care professionals who can help patients reduce pain and improve or restore mobility.

• PTs teach patients how to prevent or manage their condition so that they will achieve long-term health benefits.
Where do Physical Therapists Practice?

- Private Outpatient Clinics (33%)
- Hospital Based OP Clinics (20%)
- Acute Care Hospitals (11%)
- Academic Institutions (10%)
- Home Health Agencies (7%)
- School System (4%)
- Skilled Nursing Facilities (4%)
- Inpatient Rehabilitation (4%)
- Health & Wellness (<1%)
- Occupational Health (<1%)
- Research (<1%)

State licensure is required in each state in which a physical therapist practices.

Source: apta.org
APTA Board Certified Clinical Specialist areas include:

• Cardiovascular & Pulmonary
• Clinical Electrophysiology
• Geriatrics
• Oncology
• Orthopaedics
• Neurology
• Pediatrics
• Sports
• Women’s Health
Employment Opportunities for PTs

• According to the Bureau of Labor Statistics, the demand for physical therapists is expected to spike upward by 34% between 2014 and 2024—a much quicker rate than average.

• There are approximately 211,000 Licensed PTs in the US as of Dec 2017.

• Unemployment Rate = 0.7%.

• One of the 10 “happiest jobs” according to Forbes.

• Median Salary for a Physical Therapist in U.S. is $85,000.
  • Depends on setting, position, and years of experience
  • Varies by geographic location
  • Pacific Region median salary = $92,000 (CA, HI, OR, WA, AK average)

Doctor of Physical Therapy (DPT) Degree

The entry level PT degree has changed as the profession has evolved:

• Bachelor’s degree (BS) before 1999
• MPT was required from 1999 – 2014
• DPT now required by all accredited entry-level PT programs
CSUN PT Program Full-Time Faculty

Department Chair:
Janna Beling PT, PhD

Graduate Coordinator:
Peggy Roller PT, MS, DPT

Director of Clinical Education:
Sheryl Low PT, DPT, DSc, MPH, PCS*
Jan Adams, PT, MS, DPT*
Paula Ferreira, PT, MSC, DSc
Vicky Graham, PT, DPT, OCS, NCS
Aimie Kachingwe, PT, DPT, EdD, OCS, FAAOMPT
Witaya (Dan) Mathiyakom, PT, PhD
Beth Phillips, PT, DPA

*(Faculty Early Retirement Program)
Class 1
First PT Graduating Class
Class 60
2018 Graduating Class
White Coat Ceremony

CSUN Today
Physical Therapy Labs

- JD 1573 Anatomy Lab
- JD 1576 Applied Physiology Lab
- JD 1578 Movement Analysis & Gait Lab
- JD 1580 Multipurpose Lab
- JD 1625 Neuro Lab
- JD 1621 Ortho Lab
- MH 107 Vestibular Lab
Movement Analysis & Gait Lab

One of the few fully equipped Movement Analysis labs in California. Utilized for research, clinical examination, and patient treatment.

• 7-camera, 3-D Motion Analysis System
• NeuroCom SMART Equitest System
• ATMI Force Plates and GaitRITE System
• Orthotics & Prosthetics
• Kinesiologic EMG System
CSUN DPT Program

• Accepts 32 students each year
• Full-time enrollment
• Begins in the Fall semester
• 3 years including summer sessions
• 6 academic semesters + clinicals (3 years)
• Summer Clinical Affiliations:
  1\textsuperscript{st} Year = 6 weeks
  2\textsuperscript{nd} + 3\textsuperscript{rd} Year = 12 weeks
• Academic course list included in brochure
A Wide Choice of Clinical Placement Settings...
Culminating Events for the DPT Degree and Licensure

- Doctoral Project – choice of:
  - Supervised Research Project
  - Position Paper evaluating an evidence-based physical therapy intervention

- Comprehensive Examination

- Must pass all three clinical affiliations to be eligible to take the state licensure exam

- Attain a ‘C’ grade or higher in each course in the DPT program
Elective Course Options:

• International Physical Therapy
  • Vietnam, Guatemala, Malawi, India
• Movement Impairment
• Pilates in Physical Therapy
• Sports Medicine
• Advanced Neuroscience

*Choices vary each year depending on faculty and site availability.*
International PT Trips

Countries Served:
• Vietnam
• Guatemala
• Malawi
• India
One CSUN student is selected annually to intern at Dodgers Spring Training Camp

- Started by Stan Conte, PT, DPT, ATC, former Director of Medical Services - LA Dodgers and CSUN Class 12 Alumnus
- Work with Dodgers major and minor league teams under the supervision of Dodgers Physical Therapy staff

The Campanella Foundation & Dodgers Dream Foundation grant scholarships to CSUN PT students annually
Physical Therapy Department iPad Initiative – myCSUNtablet

The myCSUNtablet initiative is a method in which classes are being taught by professors involving the iPad with goals of increasing student learning and engagement, improving the quality of teaching materials, and decreasing costs for students.

Benefits include:

- eBooks
- eLabs
- Articles
- Peer review journals
- Accessing the internet
- Apps
- Organization!
## CSUN Graduates are Top Performers on the National Physical Therapist Licensure Exam

<table>
<thead>
<tr>
<th>Students</th>
<th>Average First-time Pass Rate on National Licensing Exam</th>
</tr>
</thead>
<tbody>
<tr>
<td>CSUN Students over the past 10 years</td>
<td>96%</td>
</tr>
<tr>
<td>National Average for all PT Programs</td>
<td>89%</td>
</tr>
</tbody>
</table>
# Cost Comparison of DPT Programs in California

<table>
<thead>
<tr>
<th>DPT Programs in California</th>
<th>Type</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>USC</td>
<td>private</td>
<td>163,442</td>
</tr>
<tr>
<td>University of the Pacific</td>
<td>private</td>
<td>143,094</td>
</tr>
<tr>
<td>West Coast University</td>
<td>private</td>
<td>108,891</td>
</tr>
<tr>
<td>Western University of Health Sci</td>
<td>private</td>
<td>117,635</td>
</tr>
<tr>
<td>Chapman University</td>
<td>private</td>
<td>119,553</td>
</tr>
<tr>
<td>Mount Saint Mary’s College</td>
<td>private</td>
<td>109,564</td>
</tr>
<tr>
<td>Azusa Pacific University</td>
<td>private</td>
<td>118,372</td>
</tr>
<tr>
<td>University of St. Augustine</td>
<td>private</td>
<td>170,016</td>
</tr>
<tr>
<td>Loma Linda University</td>
<td>private</td>
<td>100,796</td>
</tr>
<tr>
<td>UCSF/SFSU joint DPT</td>
<td>public</td>
<td>80,000</td>
</tr>
<tr>
<td>CSU Long Beach</td>
<td>public</td>
<td>81,800</td>
</tr>
<tr>
<td>CSU Fresno</td>
<td>public</td>
<td>81,800</td>
</tr>
<tr>
<td><strong>CSU Northridge</strong></td>
<td><strong>public</strong></td>
<td><strong>81,800</strong></td>
</tr>
<tr>
<td>CSU Sacramento</td>
<td>public</td>
<td>81,800</td>
</tr>
<tr>
<td>CSU San Diego</td>
<td>public</td>
<td>81,800</td>
</tr>
</tbody>
</table>

2017 data
## CSUN DPT Tuition

<table>
<thead>
<tr>
<th>Graduate Students</th>
<th>State Univ. Fees (per semester)</th>
<th>Campus Fees (per semester)</th>
<th>Total Fees (per semester)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall Year 1</td>
<td>$8,598</td>
<td>$564</td>
<td>$9,162</td>
</tr>
<tr>
<td>Spring Year 1</td>
<td>$8,598</td>
<td>$564</td>
<td>$9,162</td>
</tr>
<tr>
<td>Summer Year 1</td>
<td>$8,598</td>
<td>$340</td>
<td>$8,938</td>
</tr>
<tr>
<td>Fall Year 2</td>
<td>$8,598</td>
<td>$564</td>
<td>$9,162</td>
</tr>
<tr>
<td>Spring Year 2</td>
<td>$8,598</td>
<td>$564</td>
<td>$9,162</td>
</tr>
<tr>
<td>Summer Year 2</td>
<td>$8,598</td>
<td>$340</td>
<td>$8,938</td>
</tr>
<tr>
<td>Fall Year 3</td>
<td>$8,598</td>
<td>$564</td>
<td>$9,162</td>
</tr>
<tr>
<td>Spring Year 3</td>
<td>$8,598</td>
<td>$564</td>
<td>$9,162</td>
</tr>
<tr>
<td>Summer Year 3</td>
<td>$8,598</td>
<td>$340</td>
<td>$8,938</td>
</tr>
</tbody>
</table>

Total Tuition $81,786

Per semester: ~ $9,088
Per year: ~ $27,262 (3 semesters per year)
Total Cost: ~ $81,786 (3 years) Not including books, housing, food, etc.

*If you are NOT a resident of California you must add $396.00 for each unit to your graduate tuition and fees. ~ 16 units per semester

*All CSU fees listed should be regarded as estimates that are subject to change upon approval by The Board of Trustees. All State University and Campus Fees are mandatory.*
Financial Aid & Scholarships

• Financial Aid and Scholarship Opportunities
  • Apply through FAFSA for loans/grants

• Some $1,000 scholarships

• Dee Lily Scholarship *(amount varies each year)*

• DPT Grant up to $12,000/year if responsibility to pay is less than 60% per FAFSA

http://www.csun.edu/financialaid/financial-aid-basics
Class Size & Applicant Number

• 32 students are accepted into the DPT program each Fall semester.

• CSUN only accepts students in the Fall.

• Admission is very competitive. CSUN receives more applications than can be accepted.

<table>
<thead>
<tr>
<th>Year Cycle</th>
<th># Applicants CSUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2018</td>
<td>1004</td>
</tr>
<tr>
<td>2017</td>
<td>920</td>
</tr>
<tr>
<td>2016</td>
<td>850</td>
</tr>
<tr>
<td>2015</td>
<td>736</td>
</tr>
</tbody>
</table>
The PTCAS Application [PTCAS Application] for Fall 2019 will opened July 2, 2018.

**APPLICATION DEADLINE is OCTOBER 1, 2018**

Application should be eSubmitted by October 1st by 8:59 pm.

- A 3-week grace period will be given after the deadline for your application to be verified. The application review process will begin after the 3-week grace period.

- It is each applicant’s responsibility to be sure that ALL materials (GRE, transcripts, letters, verified work experience) are sent to PTCAS in a timely manner.
In Order to Apply You Need ...

1. **Bachelor’s Degree** - *Any Major*
   
   *Kinesiology/ Exercise Science recommended*

   *Degree must be conferred by the DPT program start date and is not required at time of application or acceptance.*

2. **Ten Prerequisite Courses** - See handout
   
   Must complete 10 prerequisite courses with a minimum 3.0 GPA.

   Only 2 prerequisite courses can be planned or in progress.

3. **GRE (Submit scores to 7794 code):**
   
   If Undergraduate GPA is under a 3.0 you must score above the 50\(^{th}\) percentile in either the Verbal or Quantitative portion of the GRE.

   Must have a minimum score of 3.0 on Analytical Writing section.

4. **Three Letters of Recommendation** electronically submitted through PTCAS:
   1 must be completed by a physical therapist (required), 2 are preferred.

5. **Work/Volunteer Experience** - Minimum 200 Hours
   
   200 hours must be completed before the application deadline. All hours must be supervised by a licensed physical therapist. 200 hours maximum will count towards each application.
Accepted Applicants’ Averages

Fall 2018 – Class 63:

• Undergraduate Cumulative GPA: 3.71  (Range: 2.77-3.99)

• Core PT Prerequisite GPA: 3.88  (Range: 3.54-4.00)

• GRE (Percentile Averages only):
  
  Verbal        154  65%
  Quantitative  155  58%
  Analytical    4.0  56%
If Accepted To Begin the DPT Program in Fall:

1. Bachelors Degree (BS/BA) must be conferred by Fall semester start date.

2. CSUN DPT student contract including PT Department Policies must be signed and returned to the PT Department staff.

3. Official transcripts for any outstanding prerequisite courses must be submitted to the CSUN PT Department by Fall (prerequisite GPA must still be ≥ 3.0)
You may contact your Faculty Advisor via email with questions. Advisors are assigned by the first letter of your last name:

<table>
<thead>
<tr>
<th>Last Names Beginning with:</th>
<th>Advisor Name</th>
<th>Telephone</th>
<th>Office</th>
<th>E-Mail Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-D</td>
<td>Dr. Paula Ferreira</td>
<td>818-677-7742</td>
<td>JD 1529</td>
<td><a href="mailto:paula.ferreira@csun.edu">paula.ferreira@csun.edu</a></td>
</tr>
<tr>
<td>E-H</td>
<td>Dr. Vicky Graham</td>
<td>818-677-2346</td>
<td>JD 1527</td>
<td><a href="mailto:victoria.graham@csun.edu">victoria.graham@csun.edu</a></td>
</tr>
<tr>
<td>I-L</td>
<td>Dr. Aimie Kachingwe</td>
<td>818-677-4602</td>
<td>JD 1533</td>
<td><a href="mailto:aimie.kachingwe@csun.edu">aimie.kachingwe@csun.edu</a></td>
</tr>
<tr>
<td>M-Q</td>
<td>Dr. Witaya “Dan” Mathiyakom</td>
<td>818-677-3108</td>
<td>JD 1513B</td>
<td><a href="mailto:witaya.mathiyakom@csun.edu">witaya.mathiyakom@csun.edu</a></td>
</tr>
<tr>
<td>R-U</td>
<td>Dr. Beth Phillips</td>
<td>818-677-2048</td>
<td>JD 1523</td>
<td><a href="mailto:beth.phillips@csun.edu">beth.phillips@csun.edu</a></td>
</tr>
<tr>
<td>V-Z</td>
<td>Dr. Peggy Roller</td>
<td>818-677-4684</td>
<td>JD 1521</td>
<td><a href="mailto:peggy.roller@csun.edu">peggy.roller@csun.edu</a></td>
</tr>
</tbody>
</table>
QUESTIONS?