

## **DIETETIC INTERNSHIP**

## **HANDBOOK**

California State University, Northridge Department of Family and Consumer Sciences

Revised July 2023

<sup>\*</sup> Things are continuously changing due to the current situation, and this is a tentative DI Handbook.

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## **Program Introduction**

This handbook is for the graduate student enrolled in the Dietetic Internship (DI) program, within the Department of Family and Consumer Sciences (FCS), College of Health and Human Development, California State University, Northridge (CSUN). The DI is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND), formerly known as the Commission on Accreditation for Dietetics Education (CADE) of The Academy of Nutrition and Dietetics (A.N.D.), 120 South Riverside Plaza, Suite 2000, Chicago, IL 60606-6995, 312/899-5400.

Preparation for the profession of dietetics is based on a combination of didactic knowledge and specialized training. The purpose of the specialized training is to transfer academic knowledge to professional practice. As a specialist in nutrition, food science and foodservice management, the registered dietitian nutritionist offers expertise to individuals and groups desiring to maintain, improve or restore health. These services are provided in a variety of settings ranging from hospitals and other institutions, to community programs and outpatient clinics, private practice, corporate food science and food service operations.

The DI at CSUN follows completion of the ACEND Approved Didactic Program in Dietetics and a baccalaureate degree. The DI provides the opportunity to acquire the skills and knowledge necessary to pass the Commission on Dietetic Registration (CDR) Examination for Registered Dietitian-Nutritionists and to function as an entry level registered dietitian nutritionist. Although the program provides the opportunity to acquire the skills and knowledge, it is up to the intern to make use of the opportunities in the classroom and the specialized training in order to pass the examination.

ACEND® has established a process for reviewing complaints against accredited programs in order to fulfill its public responsibility for assuring the quality and integrity of the educational programs that it accredits. For more information https://www.eatrightpro.org/acend/public-notices-and-announcements/filing-a-complaint-with-acend

## **Program Description**

The CSUN DI (and NEVHC WIC combined) program is a full time postbaccalaureate program that admits only individuals who have completed the Didactic Program in Dietetics requirements and have at least a bachelor's degree. It provides a total of 1216 hours of a combination of supervised practice experiences and alternate hours. Students applying to the CSUN DI will either be considered for the Masters in Human Nutrition, Dietetic Internship option (MS DI) combined program or DI Certificate program. Students considered for the MS DI combined program will need to meet the master's degree and DI requirements in order to receive a DI verification statement. The program has been designed to have the students complete the MS DI Combined program in 24 months. The students considered for the DI Certificate program will have completed or will complete a Master's degree prior to starting the DI program. The DI Certificate has been designed to have interns complete this program within twelve months. Approximately 12-14 interns will be accepted each year. Depending on CDC and university guidelines (based on the current situation), if necessary, the CSUN DI will be following ACEND Board Approval of temporary reduction in the required number of supervised practice hours. The CSUN DI program has two concentration areas, Nutrition Therapy (NT) concentration and Community (COM) WIC concentration. Students in the NT concentration will be scheduled to rotate additional hours at their clinical site, and students in the COM WIC concentration will be scheduled to rotate additional hours at their community sites including a scheduled rotation with LA County Department of Public Health. Note that these additional hours at the specified sites are built into the 1216 required hours. The students in the COM WIC concentration must be employed by a California WIC program at the time of application, and are required to work each Saturday and maintain continued employment in good standing at a WIC agency throughout the Dietetic Internship Program. The general breakdown of hours for all interns are 552 hours in the nutrition therapy or community nutrition, 424 hours in the community nutrition or nutrition therapy and 240 hours in the foodservice management rotation.

All interns will attend consortium classes each Monday. This seminar mainly consists of attending Monday Greater Los Angeles Dietetic Internship Consortium (GLADIC) classes. Attendance at the GLADIC classes is mandatory. You are required to attend all GLADIC classes, if for any reason you may need to be excused from a class, a 5-6 page research paper will be assigned. Details of the paper will be provided in the FCS 573 syllabus. These classes are always on Mondays and may be 4-8 hours long during the day. These Monday consortium classes will be part of the DI graduate seminar class (FCS 573) along with other specific graduate classes. In addition, the interns will take an online medical Spanish course, a Motivational Interviewing Training, Breastfeeding Training, and JEDI (Justice, Equity, Diversity and Inclusion) Training.

The DI Certificate will be completed within 2 semesters (~12 months), and MS DI Combined will be completed within 2 years (~24 months). Scheduled supervised practice experiences are 3-4 days per week, Tuesday through Friday. All interns will begin in August of each year and end in May. DI Orientations for all will be scheduled during August of each year prior to start of semester/rotations. (COM WIC concentration interns will begin their WIC computer training June 1st). ALL Interns must plan on being available during the entire months of June and July for possible additional trainings. Community WIC concentration interns must be available starting June 1st. Orientation hours are not part of the DI supervised hours; however they are mandatory. There will be some trainings for all during the summer, online and/or in person, through proper approvals and county guidelines.

Note: We ask that you do not work during your Dietetic Internship Program during scheduled rotations. If you must work for financial reasons, you must notify the DI Director and Coordinator, and you are recommended to work no more than 8 hours a week. Just a reminder, your Dietetic Internship Program must take priority, you will not be able to use work as an excuse for skipping rotation hours and/or internship related projects and/or events that may be asked of you to participate in during the program. \*You may be asked to rotate or participate on a Saturday or Sunday, at least 2 weeks in advance.

Note: COM WIC concentration Interns are required to work each Saturday, and maintain continued employment in good standing at a WIC agency. Interns will be paid for Saturday work, please see WIC handbook for details.

## **Program Mission and Goals**

Our Mission is to prepare high quality and culturally sensitive entry-level registered dietitian nutritionists to meet our community needs by promoting optimal nutrition, health and well-being.

Our program will enhance the profession of dietetics and ultimately the health status of the community by training dietitians who can combine academic theory, research application, practical experience, critical thinking and problem solving skills in all areas of dietetics and serve ethnically diverse populations.

The goals of the program are:

- 1. To prepare registered dietitian nutritionists to work in all areas of dietetics.
- 2. To prepare graduates who are trained in Spanish language and cultural sensitivity.
- 3. To prepare graduates who are qualified to participate in the collection, analysis and interpretation of research.

The mission statement of the program and the values of the university are consistent with The Academy of Nutrition and Dietetics Model for Dietetics Practice. This model emphasizes that the core of the profession is nutrition and dietetics for individuals, groups and communities. The ability to effectively communicate and collaborate with others enables dietetics practitioners to provide these services. Our program provides graduate education in nutrition and food science as well as opportunities for communication and collaboration in the classroom and at supervised practice sites. A variety of supervised practice sites gives interns experience in providing food and nutrition services to individuals, groups and communities thus further developing technical skills, interpersonal skills and the ability to problem-solve, to think creatively and to make decisions which are driven by research.

## **Program Affiliates**

Our affiliations include local hospitals, county programs, WIC programs, hospital foodservice, school districts, outpatient clinics and programs, and wellness programs.

For information regarding rotation sites, please contact DI Director.

Sometimes a rotation site could be 20-25 miles from an intern's home. The daily schedule at the practice sites may vary. It is important to start early at some rotation sites and start late at other rotation sites, so the intern must be able to adjust to a flexible schedule.

Some of the rotation sites may be used for special interest. The DI Director will meet with individually with every intern to discuss option and areas of interest. Requirements for placement vary at each site. Some rotation sites require an additional interview. Interns will be placed at a facility pursuant to facility requirements. For example, if a hospital requires an intern to have one year prior clinical work experience, an intern who meets that requirement will be placed at that facility. Intern placement may be based on residence if they meet the facilities' requirements. The DI Director, if possible, will attempt to place the intern at a facility location in close proximity to their residence. There are specific rotation sites for Community emphasis interns. Rotation may change at the last minute due to unplanned circumstances, such as a shortage of dietitians at a facility or budget cuts.

## **Entrance Requirements**

All Students must submit a Dietetic Internship Program application through DICAS, and all students must participate in the Spring Computer Matching (D&D Digital). In addition to the DICAS application and participation in the Computer Matching, students must submit the required supplemental materials to the DI program, and students must also apply to the CSUN graduate program by February 15<sup>th</sup>. List of supplemental materials can be found on the DI webpage.

All applicants interested in applying to the DI must file a separate application for graduate school at California State University, Northridge (CSUN) through **CSUApply, which is a \$70 fee**. After completing the CSUApply application, all applicants must also apply to the FCS Department for Master in Human Nutrition through **ApplyWeb, which is a \$30 fee**. These applications must be completed and submitted by February 15<sup>th</sup>.

Information about entrance requirements for the graduate program is available at <a href="http://www.csun.edu/health-human-development/family-consumer-sciences/graduate-admission-human-nutrition">http://www.csun.edu/health-human-development/family-consumer-sciences/graduate-admission-human-nutrition</a>

Additional information about the DI application is available at <a href="http://www.csun.edu/hhd/fcs/di/">http://www.csun.edu/hhd/fcs/di/</a>

Applicants to the DI program who are unable to pass or unwilling to pay for a background check, drug screen or fingerprinting should not apply to this program as contracts/memorandum of agreements with supervised practice sites require these tests which are obtained at student expense.

An intern who is not able to pass the required background check, drug screen or fingerprinting will be dismissed from the DI program and tuition may be only partially refunded, if at all. Procedures for withdrawal and the refund schedule are published each semester in the CSUN Schedule of Classes.

CSUN DI COVID 19 requirements: The CSUN DI is following all CDC, State and County guidelines. Intern must sign Release of Liability COVID Form found in DI handbook, intern must be fully vaccinated, and intern maybe required to complete COVID 19 training.

## **DI Program Completion Requirements**

The DI program is completed approx. over two semesters for the DI Certificate program and completed over four semesters for the MS DI Combined program, and is rigorous.

#### Interns are expected to:

- 1. Complete graduate courses. A "B" average must be maintained with a minimum "B" grade earned in each graduate course. A grade of "B-"or lower in any of the required below graduate courses taken will be cause for suspension or dismissal from the program. The intern's coursework and schedule are determined by DI Director with concurrence of the intern.
  - A description of graduate courses can be found at the Family and Consumer Sciences (FCS) Department web site: <a href="http://www.csun.edu/hhd/fcs">http://www.csun.edu/hhd/fcs</a> or the online catalog.
- 2. Complete 1,216 hours of supervised practice in assigned facilities and/or programs, and alternative hours. The supervised practice includes 552 hours in the nutrition therapy or community nutrition, 424 hours in the community nutrition or nutrition therapy and 240 hours in the foodservice management rotation. The rotations are taken for a grade. The DI program needs to be completed within 150% time. This means that DI requirements must be completed within 15 months for DI Certificate program and within 36 months for MS DI Combined program. In addition, for each area of supervised practice you will be required to enroll in a course for a grade. These courses include FCS 570 (Nutrition Therapy), FCS 571 (Food Service), and FCS 572 (Community Nutrition). Depending on CDC and university guidelines (based on the current situation), if necessary, the CSUN DI will be following ACEND Board Approval of temporary reduction in the required number of supervised practice hours.
- 3. Complete a medical Spanish training or a conversational Spanish course.
- 4. Complete Motivational Interviewing Training, Breastfeeding Training, and JEDI (Justice, Equity, Diversity and Inclusion) Training.
- 5. Meet all program competencies and student learning outcomes.
- 6. Remain in good standing with the University and comply with all rules and regulations as written in the University Catalog and this Handbook.

After completing the above, the intern will **be eligible to schedule and write** the Commission on Dietetic Registration (CDR) Examination for Registered Dietitian- Nutritionists.

The current CSUN DI Certificate Program is accredited as a non-degree DI, however the program requires that students take 33 graduate units credits in order to receive a DI verification statement. These units can be applied to the MS in Human Nutrition degree. Courses include all of the following: FCS 573, FCS 570, FCS 571, FCS 572, FCS 606, FCS 607, FCS 681, FCS 682, and medical Spanish online training. Students that have completed a prior MS in HN may be able to substitute 2 classes. This needs to be discussed and approved by Graduate Coordinator and DI Director.

The students in the MS DI Combined program will begin their M.S. in HN courses the first year of the DI Program. In addition, interns will meet with DI Director and/or DI Coordinator once a month though out the Fall and Spring semester to begin their program development, research, business plan, and peer mentoring in year one. Completion of all required courses: FCS 570, FCS 571, FCS 572, FCS 573, FCS 681, FCS 682, FCS 606, FCS 607, FCS 601, FCS 609, FCS 505, EPC 600, and medical Spanish online training. Each student will need to complete FCS 697 (comprehensive) or FCS 698 (Thesis /Project).

For MS DI Combined program, the interns must have completed the MS HN requirements in addition to the DI requirements to be verified to sit for the exam. (The verification statement will be issued once all MS HN and DI combined requirements are met)

For a description of the M.S. degree and other important information, interns will need to read the CSUN catalog, the Schedule of Classes and the FCS Graduate Handbook which are available in the university bookstore and the FCS Department office.

## **DI Program Admission & Verification Requirement**

	MS DI Combined Program	DI CERTIFICATE	
PROGRAM	Cohort, fall start	Cohort, fall start	
STRUCTURE AND	2-year program/24 months	10-12 months	
LENGTH			
	1. Cal State Apply	1. Cal State Apply	
	https://www2.calstate.edu/apply	https://www2.calstate.edu/apply	
WHERE TO	(choose MS HN)	(choose DI Certificate)	
SUBMIT	1. ApplyWeb (CollegeNet)	2. DICAS <a href="https://portal.dicas.org/">https://portal.dicas.org/</a>	
APPLICATION	https://www.applyweb.com/applyweb/	3. D&D Digital <u>www.dnddigital.com</u>	
	2. DICAS <a href="https://portal.dicas.org/">https://portal.dicas.org/</a>		
A DDY YOU THOU	3. D&D Digital www.dnddigital.com	7. 45. F.II	
APPLICATION	February 15 for Fall	February 15 for Fall	
DEADLINE WHERE TO FIND			
WHERE TO FIND	COUNT Cotal and I among the state of	CCLIN Coasta and a large and a large	
APPLICATION	CSUN Catalog + department website	CSUN Catalog + department website	
INFORMATION	1 Compact of Control o		
	1. Copy of unofficial transcripts: Please		
	highlight the prerequisite courses on each unofficial transcript to show the		
	prerequisites have been completed.		
	2. Resume		
	3. Letters of Recommendation: three letters		
	of recommendation are required for	Students applying to the DI Certificate	
APPLICATION	admission. At least one of the letters	may be current MS students or have a	
DOCUMENTS TO	must be from an instructor in the	completed a Master's degree program.	
MS HN	student's undergraduate program,	They do need to apply to the university	
	preferably in a science-based discipline.	as indicated in the section above through	
	Letters should be addressed to the	Cal State Apply.	
	Graduate Program Coordinator.		
	4. Personal statement: personal statement		
	addressing several short prompts		
	5. Writing sample		
	1. Personal statement	1. Personal statement	
	2. Transcripts indicating a bachelor's	2. Transcripts indicating a bachelor's	
	degree	degree	
	2 M C AND		
	3. Verification Statement from an AND	3. Verification Statement from an	
	approved/accredited Didactic Program in	AND approved/accredited Didactic	
	Dietetics (DPD) or a Declaration of	Program in Dietetics (DPD) or a	
	Intent to complete the DPD	Declaration of Intent to complete	
ADMISSIONS	4. Three (3) letters of recommendation	the DPD	
REQUIREMENTS	(one must be from an	4. Three (3) letters of recommendation	
AND	employer/supervisor and one must be from a full-time Nutrition/Dietetics	(one must be from an	
APPLICATION	Faculty)	employer/supervisor and one must be from a full-time	
DOCUMENTS TO	5. Leadership and work experience	Nutrition/Dietetics Faculty)	
DI (DICAS)	6. Upload as supplemental documents:	5. Leadership and work experience	
·	a. Signed DI professional program	6. Upload as supplemental documents:	
	contract form found on the CSUN DI	a. Signed DI professional program	
	website	contract form found on the	
	b. Authorization for Packet Review	CSUN DI website	
	c. Recency of Education	b. Authorization for Packet Review	
	d. Proof of Letter of Acceptance to	c. Recency of Education	
	CSUN Graduate program* (or a letter	d. Proof of Letter of Acceptance to	
	indicating that you have applied to	CSUN Graduate program* (or a	
	the CSUN graduate program.)	letter indicating that you have	

		applied to the CSUN graduate
APPLICATION REVIEW AND SELECTION CRITERIA	MS HN Admission Committee     The committee determines     acceptance into MS HN (holistic approach)      DI Admission Committee     Application review     DI Interview     Applicant evaluated based on the following:     Personal statement     GPA     Work experience     Leadership/honors     Letters of recommendation	program.)  • DI Admission Committee  • Application review  • DI Interview  • Applicant evaluated based on the following:  • Personal statement  • GPA  • Work experience  • Leadership/honors  • Letters of recommendation  • NEVHC WIC COM – WIC experience is preferred
REQUIRED HOURS FOR PROGRAM COMPLETTION	NT Concentration – 1216 Hours  Supervised practice = sp Alternate hours = alt  NT ~17.25 weeks [552 hours]  MNT rotation [288 hours = 208 sp (8.6 weeks/26 days) & 80 alt hours*]  Staff relief [96 hours (4 weeks)]  Research project [64 hours]  Spanish Practicum [64 hours]  Peer Mentoring Program [24 hours]  Professional organization [16 hours]  COM ~13.25 weeks [424 hours]  WIC [144 hours = 120 sp & 24 alt hours*]  Special interest [64 hours]  COM Outpatient/C4C [96 hours]  Program development [120 hours = 104 sp & 16 alt hours*]  Foodservice [240 hours]  25 days = 10 weeks [240 hours = 200 sp & 40 alt hours*]  Hospital/acute School Foodservice  *Case studies, role play, simulation  COM Concentration – 1216 Hours  Supervised practice = sp Alternate hours = alt  COM ~17.25 weeks [552 hours]  WIC [144 hours = 120 sp (5 weeks/15 days) & 24 alt hours*]  COM Outpatient/C4C [96 hours]  LA County Dept of Health Services [96 hours]  Special interest [64 hours]	NT Concentration – 1216 Hours  Supervised practice = sp Alternate hours = alt  NT ~17.25 weeks [552 hours] MNT rotation [288 hours = 208 sp (8.6 weeks/26 days) & 80 alt hours*] Staff relief [96 hours (4 weeks)] Research project [64 hours] Spanish Practicum [64 hours] Peer Mentoring Program [24 hours] Professional organization [16 hours]  COM ~13.25 weeks [424 hours] WIC [144 hours = 120 sp & 24 alt hours*] Special interest [64 hours] COM Outpatient/C4C [96 hours] Program development [120 hours = 104 sp & 16 alt hours*]  Foodservice [240 hours] 25 days = 10 weeks [240 hours = 200 sp & 40 alt hours*] Hospital/acute School Foodservice  *Case studies, role play, simulation  COM Concentration – 1216 Hours  Supervised practice = sp Alternate hours = alt  COM ~17.25 weeks [552 hours] WIC [144 hours = 120 sp (5 weeks/15 days) & 24 alt hours*] COM Outpatient/C4C [96 hours] LA County Dept of Health Services [96 hours] Special interest [64 hours]

Peer Mentoring Program [24 hours] Peer Mentoring Program [24 hours] Research project [64 hours] Research project [64 hours] Spanish practicum [64 hours] Spanish practicum [64 hours] NT ~13.25 weeks [424 hours] NT ~13.25 weeks [424 hours] MNT rotation [240 hours = 160 sp (6.6 m)MNT rotation [**240 hours** = 160 sp (6.6 m)weeks/20 days) & 80 alt hours\*] weeks/20 days) & 80 alt hours\*] Staff relief [48 hours] Staff relief [48 hours] Professional organization [16 hours] Professional organization [16 hours] Program development project [120 hours = Program development project [120] 104 sp & 16 alt hours\*] **hours** = 104 sp & 16 alt hours\*] Foodservice [240 hours] Foodservice [240 hours] 25 days = 10 weeks [240 hours = 200 sp &25 days = 10 weeks [240 hours = 200 sp]40 alt hours\*] & 40 alt hours\*] Hospital/acute Hospital/acute School Foodservice School Foodservice \*Case studies, role play, simulation \*Case studies, role play, simulation Completion of 1216 hours of supervised Completion of 1216 hours of practice supervised practice Completion of all required and Completion of all required and equivalent courses are: FCS 570, FCS equivalent courses are: FCS 570, 571, FCS 572, FCS 573, FCS 681, FCS FCS 571, FCS 572, FCS 573, FCS 682, FCS 606, FCS 607, FCS 601, FCS 681, FCS 682, FCS 606, and FCS 609, FCS 505, and EPC 600. Each 607 and medical Spanish class. A student will need to complete FCS 697 "B" average must be maintained in all classes. 33 graduate units may (comprehensive) or FCS 698 (Thesis /Project), and medical Spanish class. A be applied towards the Master of "B" average must be maintained in all Science (M.S.) in Human classes. As a combined Master of Nutrition, but the M.S. degree is PROGRAM Science (M.S.) in Human Nutrition and not a requirement to receive the DI Certificate and DI verification **VERIFICATION** DI, both the degree requirements and DI requirements must be met in order statement; however, you must hold for the student to receive a DI a Master's degree to write the RD verification statement. Cultural sensitivity training Cultural sensitivity training Meeting all program competencies and Meeting all program competencies student learning outcomes. and student learning outcomes. Upon completion of all program Upon completion of all program requirements, the graduate intern will be requirements, the graduate intern will be issued a verification statement and will be issued a verification statement and will

Note: Depending on CDC and university guidelines (based on the current situation), if necessary, the CSUN DI will be following ACEND Board Approval of temporary reduction in the required number of supervised practice hours.

be eligible to sit for the registration

exam for dietitians.

eligible to sit for the registration exam for

dietitians.

## **DI Program Admission Rubric**

Other

Research, publications, etc.

## CSUN NEVHC WIC Dietetic Internship Program DIETETIC INTERNSHIP PROGRAM - CRITERIA FOR SELECTION

The rating is based on the information in the application packet submitted by each of the applicants.
□ Supplemental Packet (Applicant must have submitted the following) □ Authorize to review packet □ DI Professional Contract □ Application to CSUN and/or Masters In Human Nutrition □ Graduate Student at CSUN □ Recency of education (If Applicable)
Category
Letter of application/Personal Statement: Ability to spell correctly, sentences are grammatically sound, Demonstrates unity and cohesion of thought, clarity and conciseness.  Demonstrates interest in the DI program, shows leadership ability as well as ability to be self-directed, Demonstrates positive attitude toward the profession; shows enthusiasm, personable, creative, adaptability, specifies mechanisms by which goals will be accomplished including how they have overcome barriers and challenges in the past.
Academic Achievement
<b>Letters of recommendation</b> (3 points each): one must be from an employer/supervisor and one must be from a full-time Nutrition/Dietetics Faculty, and one other faculty
Work Experience For NT concentration: Previous work experience in dietetics or related field setting. Clinical setting preferred. For COM concentration: The interns employed by a California WIC program at the time of application and maintain continued employment in good standing at a WIC agency preferred. (One letter of recommendation must be from a WIC supervisor.) Note: If there spots are available, other applicants will be considered.
Leadership/professional participation /A wards  Membership in dietetics related group or participation professional/ leadership activity  Officer or leadership position
Awards/Scholarships  • Awards (Honor Society, student of year, scholarships). Do not count Dean's list

The highest possible score for each applicant is 200 from the rater of the Selection Committee. The application packet score (100 points) in combination with the interview score (100 points) will give a score of 200 possible points. Students with a packet score of 80 or above will be called for an interview with the DI Advisory Committee. Final selection for regular appointments will be made on the top twenty-five to thirty applicants.

## DI Certificate Calendar / Schedule

The CSUN DI Program starts August of each year, with some trainings in June/July. Orientation/bootcamp is scheduled for the month of August. The first rotation will start beginning of September. The program ends on the fourth week of May. There will be a two week vacation which is usually scheduled for the end of December and/or beginning of January. A sample rotation schedule is below. Dates will vary based on the intern rotations and intern concentrations. Please refer to hours of rotation and weeks of rotation. Community Concentration interns must be available for WIC training starting June 1<sup>st</sup>.

#### THIS IS A SAMPLE DI SCHEDULE

June/July/August WIC Training (COM Concentration ONLY)

Aug – SeptOrientation to DISept – OctFoodservice rotation

Oct-Dec Nutrition Therapy rotation

Dec-Jan Vacation 2 weeks (dates will vary)

**Feb-May** Community Rotation

Most rotations are scheduled for Tuesday-Friday (3 or 4 days per week depending on the DI Concentration and site requirements).

#### **Weekly Intern Schedule Sample**

Mondays FCS 573, Seminar in Dietetics

Attending Consortium class

One graduate course taken in the evening

Tuesdays- Friday Supervised Practice (FCS 570, FCS 571 and/or FCS 572)

Tuesday or Thursday One graduate course taken during the week day

Saturday WIC Clinic (COM Concentration ONLY)

**Fall semester:** 

FCS 681, FCS 606, FCS 573, FCS 572, FCS 571 and/or FCS 570

**Spring semester:** 

FCS 682, FCS 607, FCS 573, FCS 570, FCS 571 and/or 572

Spanish training classes will be taken online.

## MS DI Combined Calendar/Schedule

Year one interns will be taking master courses. In addition, interns will meet with DI Director and/or DI Coordinator once a month though out the Fall and Spring semester to begin their program development, research, business plan and peer mentoring in year one. In year two, interns will be scheduled for the Dietetic Internship rotations. In year two, orientation/bootcamp is scheduled for the month of August. The first rotation will start beginning of September. The program ends on the fourth week of May of year two. There will be a two week vacation which is usually scheduled for the end of December and/or beginning of January. A sample rotation schedule is below. Dates will vary based on the intern rotations and intern concentrations. Please refer to hours of rotation and weeks of rotation. Community Concentration interns must be available for WIC training in YEAR ONE starting August.

### THIS IS A SAMPLE DI Rotation SCHEDULE for Year two of DI Program

Aug – Sept	Orientation to DI
Sept – Oct	Foodservice rotation

Oct-Dec Nutrition Therapy rotation

Dec-Jan Vacation 2 weeks (dates will vary)

Feb-May Community Rotation

Most rotations are scheduled for Tuesday-Friday (3 or 4 days per week depending on the DI Concentration and site requirements).

### Year Two Weekly Intern Schedule Sample

Mondays FCS 573, Seminar in Dietetics

**Attending Consortium class** 

One graduate course taken in the evening

Tuesdays- Friday Supervised Practice (FCS 570, FCS 571 and/or FCS 572)

Saturday Work Saturday WIC Clinic (COM Concentration ONLY)

#### Year One:

#### Fall semester:

FCS 505, FCS 609, FCS 681, FCS 606, & Special DI Projects (begin working on program development, business plan, research project, and peer mentoring)

#### Spring semester:

FCS 601, FCS 607, FCS 682, EPC 600, & Special DI Projects (continue working on program development, business plan, research project, and peer mentoring)

#### Year Two:

#### Fall semester:

FCS 570, FCS 571, FCS 572, FCS 573

#### Spring Semester:

FCS 570, FCS 571\*, FCS 573, FCS 697C Directed Comprehensive Studies or FCS 698C Thesis/Project

Spanish training will be taken online before start of rotations.

\*Optional depending on Interns rotation or schedule.

#### **Rotation Schedule Policy**

The intern will meet with the DI Director prior to start of the DI to discuss all rotations. The intern will be required to contact the preceptor four to eight weeks prior to the start of any rotation. The intern may need to complete an orientation specific to the rotation site. Each intern may also be required to conduct additional background checks or tests. The intern is then urged to research and read about the site prior to the start of rotation. There are FACT SHEETS specific to each rotation. The intern should, in addition, familiarize him/her/them with an overview of the facility by reviewing the rotation's website and other outlets as deemed appropriate. The intern is responsible for obtaining all information necessary prior to starting their rotation. Interns doing supervised practice must not be used to replace employees.

#### **Special Interest Rotation**

During the initial meeting with the DI Director, the intern will be asked to think about an area of interest. The intern will have the option to choose from one of the special interest areas with which the DI is contracted. The intern will then contact the site 4 weeks prior to start date to determine if additional background checks or information are necessary. Some sites may take 4 weeks to clear an intern. Please plan ahead. Interns not following the policy may not be allowed to rotate through their first choice.

The intern will then need to come up with goals and objectives for this rotation. They will need to determine which Student Learning Outcomes will be met at the rotation site. The intern will need to develop an evaluation form for this rotation similar to the ones used at CSUN DI. The intern will submit a copy of their SMART goals, and evaluation form to the preceptor on the first day of rotation.

At the end of the rotation the following needs to be submitted to the DI Director:

Evaluation of intern by preceptor (intern has developed this)

Goals of the rotation

Self-Evaluation

Rotation/preceptor evaluation form

Critical Incident and log of activities form

Any projects or assignments completed at the rotation site

#### **Spanish Classes**

For this year we will use Skelly Publishing Continuing education and practice resources for RDs www.skellypublishing.com 1.888.Skelly1

The Spanish course is entitled 'Connecting Successfully with Your Hispanic Clients: Cultural Competence and Basic Spanish Skills for Nutrition Professionals', which is offered through Skelly Publishing. To purchase it, please go to https://www.skellyskills.com/product/connecting-successfully-with-your-hispanic-clients-cultural-competence-and-basic-spanish-skills-for-nutrition-professionals-second-edition-16-cpeu-ceu/. At checkout, enter the coupon code CSUN, which will give you 40% discounted. The program contains either a printed book or ebook you can purchase. Whichever one you choose to purchase, please make sure to find instructions for accessing the Skelly Publishing online testing site to complete the exam and receive your Certificate of Completion.

#### **Other Assignments**

Please refer to course syllabi for the following assignments:

Research assignment; Business Plan; Program Development assignment; peer mentoring assignment; Case Studies; Menu assignment; Public Policy assignment, etc.

Dietetic Interns wanting to complete thesis project may work with any FCS faculty for research hours. Research/data collection should begin in year one.

## **Estimated Costs of the Program**

Costs	6.1+ units/	Full Year
	Semester	
One-Time		
A.N.D. dues		\$58
Professional Liability Insurance		~\$30
COM Concentration Intern Training Fee (waived for WIC employees)		\$750
University Related Expenses		
CSUN Graduate Application Fee		\$70
FCS MS Human Nutrition Application Fee	:	\$30
CSUN Graduate Tuition	\$4,249	\$8,498
*add \$396 per unit for Nonresident & Inter	national studen	its
Books/Supplies	\$759	\$1,518
Parking Academic Year (optional)	\$109.8	\$219.62
Living On Campus Expenses		
Room and Board	\$ 5,924	\$ 11,848
Transportation	\$ 567	\$ 1,134
Miscellaneous	\$ 1,069	\$ 2,138
Health Insurance	variable	· ·
Health Insurance	variable	

#### Insurance and Other Costs

Students are required to purchase their own health insurance, auto insurance, & liability insurance throughout the program. Any additional trainings, background checks, fingerprinting, SCANS, CPR training, etc. will be the financial responsibility of the intern.

Interns are required to purchase all the materials/books and supplies necessary for the Spanish classes.

Interns are required to become student members of the Academy of Nutrition and Dietetics.

## Program Calendar, Vacation, Holiday, and Absence Policies

Two semesters and a total of ten months are needed to complete the program for DI Certificate program, and four semesters and a total of 24 months are needed to complete the program for MS DI Combined program. The required graduate courses are not taught during the summer

Holiday and vacation breaks are published in the CSUN catalog and in the Schedule of Classes; however most dietetic interns will be required to rotate through December and January (i.e. during normal winter break). At least one month before the beginning of the DI, the DI Director will plan the rotation schedule with the intern. Interns with vacation requests should make them known to the DI Director at this time. Interns will be rotating during spring break. The DI will begin in August of each year. The month of August will be used for orientation to the DI program and some affiliate orientations/trainings maybe scheduled in June/July. The first rotation will start the last week of August or first week of September. Interns will have approximately a one, two-week vacation during the winter break. Community concentration interns must be available to begin their WIC computer training June 1<sup>st</sup>.

A verification statement from the DI requires the satisfactory completion of 1216 hours supervised practice experience in addition to the completion of all required courses and trainings. Any time missed from these hours must be immediately discussed with the DI Director and be made up in a manner that is satisfactory with the DI Director and the institution in which the missed time occurred.

If an intern is sick or will miss any scheduled supervised practice hours, they must contact their preceptor and DI Director immediately. The intern will discuss with their preceptor and DI Director the manner in which they will make up the missed supervised practice hours.

Repeated absences that are not resolved may result in dismissal from the program.

All interns will have the opportunity to attend professional meetings such as the annual meeting of the Academy of Nutrition and Dietetics, meetings of the state and district dietetic associations, and Marilyn Magaram Center Advisory Committee Meetings, events, lectures and symposia. Attendance at meetings will be scheduled in advance so that the rotation schedule is not affected.

## **Dress Code**

Interns in the DI are expected to act and to dress in a manner appropriate for a professional dietitian. Business clothing and closed-toe shoes are required. Women may wear low-heeled shoes or dress flats. Men may wear neckties and dress shoes. No jeans, T-shirts, exercise shoes, shorts or tops exposing bare midriff are to be worn in supervised practice facilities. Laboratory coats are often required. Interns should check with the staff of each facility to ascertain the dress code for that operation. Name tags are to be worn at all times when in supervised practice facilities. A badge/name tag is provided; if one is not provided the intern may make one or order one through a stationery store. The name tag should indicate the interns name along with CSUN Dietetic Intern.

## Liability

#### Liability for Safety in Travel

Interns are responsible for making all travel arrangements to and from rotation sites and to and from the university. Interns must have available a car as travel in the Southern California area can involve considerable distances. Interns must complete an online "Student-authorization-privately-owned-vehicle" each semester for all supervised practice sites, complete Defensive Driving training through CSUN EH&S department, and show proof of car insurance. Defensive Driving training completion certification and proof of car insurance should be submitted to DI Director and Coordinator. Intern should carefully check rates after consulting with a number of insurance companies. Proof of insurance will be collected on a semester basis by the DI Director.

The State of California requires all licensed drivers to be able to show proof of automobile insurance.

**How to complete Defensive Driving training:** 1. Login CSUN portal; 2. Once logged in, click on the following link: <u>Driving Safely, Driving Smarter</u>. Training must be renewed every 4 years; 3. Click on Launch to start the course.

How to obtain Defensive Driving training certification: 1. Click on "my profile" from main portal page; 2. Click on "learning history"; 3. Click on the ellipsis menu next to the course that was completed, view certificate and print or safe to PDF.

#### Professional Liability Insurance

Upon admission to the DI, interns must immediately purchase professional liability insurance. Proof of liability insurance is required before beginning any supervised practice. This insurance is available through Mercer and should be ordered online at <a href="https://www.proliability.com">www.proliability.com</a>. Sign up as a student  $\rightarrow$  Dietetic Practitioners  $\rightarrow$ California  $\rightarrow$ 2,000,000/5,000,000  $\rightarrow$  for each year of the DI program. The yearly fee for this insurance is currently approximately \$30 for 1 year. Note: MS DI Combined program interns must have liability insurance for year one and year two of the DI Program.

#### Medical Insurance

Interns must also show evidence of medical insurance, either through a family medical plan or the health insurance program available to CSUN students at special rates. Student health insurance is available through Associated Students for services not provided by the Student Health Center (e.g. hospitalization, surgery and maternity care). For more information, visit CSUN's Klotz Student Health Center <a href="http://www.csun.edu/shc/">http://www.csun.edu/shc/</a>

## **Physical Examination**

Before beginning the DI, interns are required to have a physical examination competed either by their physician or by a physician at the Student Health Center. Student fees cover the costs of most services at the Student Health Center so often no additional fee is incurred. Physical examination forms are found in this Handbook. The purpose of the physical examination is to determine if the intern is free of communicable disease. Proof of a yearly physical must be provided to the DI Director and to all preceptors in hospitals, food service, and public health programs. Additional medical screening is required by all DI facilities; this includes yearly screening for tuberculosis. Some sites require additional health screening, such as titers for

varicella, mumps, measles, rubella and hepatitis. Some sites require the intern to have the hepatitis vaccine, a series of three injections. Most tests are done at the intern's expense.

In addition to the physical examination, all new and transfer students born after 1957 and all students living in campus housing are required to show immunity to measles and rubella during their first semester at CSUN. This requirement can be met by presenting immunization records or receiving a free immunization at the Student Health Center. Any student who was immunized between 1957 and 1967 for measles or rubella may be at risk of contracting these diseases due to an ineffective vaccine administered during that period. Failure to either show proof of immunity or receive an immunization will jeopardize future registration at CSUN.

## **Injury and Illness Policy at Facility**

In the event of a medical emergency during supervised practice, you should notify your preceptor who will arrange for necessary emergency health care. If you are unable to reach your preceptor, speak to another employee at the site. Except for emergency or first aid care, the facility is not required to provide any other health services. If additional services are provided, the intern is expected to pay for this service at the time of service. Interns should check the deductible on his/her medical insurance so the amount of out pocket expenses is known in advance. Should you become ill at your site, speak with your preceptor, make arrangements to leave and then call your personal physician. Please let the DI Program Director how you are doing.

## **Protection of Patients and Clients**

Most supervised practice sites require interns to attend an orientation and have a background check prior to beginning a rotation. Some sites require an intern to attend fire class or have CPR training. Hours spent in attending orientation or obtaining fingerprinting or background checks is not part of the rotation hours. At the present time, some sites pay for the fingerprinting or background checks but often the intern must pay for this service.

## **Student Services**

CSUN has a variety of services designed to assist the student in succeeding at the University. These services include: The Career Center which guides career development and decisionmaking through counseling and educational programs; Student Development and International Programs which provide information on off-campus housing, commencement and overseas programs; Student Health Center which provides basic medical care for illnesses and injuries; Learning Resource Center which provides assistance in developing effective writing as well as information on email and other software used on campus; Students with Disabilities Resources which provide direct services as well as referral services; University Counseling and Testing Services which offer confidential counseling and psychological services; Financial Aid and Scholarship Office which provides information on financial aid and scholarships. CSUN provides free virus protection for all students and a CSUN email account. As the University uses the CSUN email account to provide important announcements, any student who chooses not to use the CSUN email account should go to the CSUN portal and have email referred from the CSUN account to the student's personal email account. A complete description of these and other services can be found on the university web site at www.csun.edu or in the university catalog under "student services". Interns will have access to tutorial support services such as

associated students tickets, student's recreation center and other services can be found on the university web site at <a href="www.csun.edu/usu">www.csun.edu/usu</a>.

## **Equal Opportunity**

CSUN does not discriminate on the basis of age, sex, religion, disability, race, color, national origin, marital status or sexual orientation. Procedures have been established by the University President for students who feel discriminated against on the basis of any of the above. Please see section on Evaluation and Grievance Procedures in this Handbook and also in the CSUN catalog.

## **Access to Personnel Files**

The University maintains a personal file of each student in attendance. This file is considered to be confidential except for "directory information" as described in the Protection of Privacy section of this handbook. Students may access their files by using a PIN. In addition, students may also request access to their files by ordering a copy of their transcripts. Transcripts of courses taken at CSUN are issued only with the written request of the student concerned and must be accompanied with the appropriate payment. The FCS Department also maintains a file for each student. Interns may review their files at any time the Department office is open. The FCS Department is located in Sequoia Hall Room 141.

## **Protection of Privacy of Information**

The federal Family Educational Rights and Privacy Act of 1974 (20 U.S.C. 1232g) and regulations adopted from this act (34 C.F.R. 99) and California Education Code Section 67100 et seq., set requirements designed to protect the privacy of students concerning their records maintained by the University. The University has authority under this Act to release "directory information" concerning students unless the University has received a prior written objection from the student specifying that the information not to be released. This notification must be made at each registration for that semester. Any questions regarding student prerogatives under the Act should be addressed to the Vice President for Student Affairs. "Directory information" includes student's name, address, telephone listing, date and place of birth, major field of study, participation in officially recognized activities and sports, dates of attendance, degrees and awards received and the most recent previous educational agency or institution attended by the student. This information can be released at any time unless the University has received prior written notice as stated above.

## **Evaluation Procedures and Policies after Admission to the DI**

Each intern will meet with their preceptor during and/or at the conclusion of each rotation to measure the intern's progress towards meeting the competencies and to identify strengths and weaknesses in on-the-job behavior. Prior to the meeting, the intern and the preceptor separately will complete the appropriate evaluation form and then use the evaluation form to jointly discuss the intern's progress. There will be a midway and/or final evaluation, depending on the supervised practice. The original copy of the intern and the preceptor evaluation is given to the DI Director and/or DI Coordinator at the conclusion of each rotation.

#### Schedule for Preceptor/Dietetic Intern Evaluation:

#### **Nutrition Therapy**

· Intern should be evaluated midway and at the conclusion of the rotation.

#### Foodservice Management

· Intern should be evaluated midway and at the conclusion of the rotation.

#### Community

· WIC/LA Department of Public Health/Outpatient Counseling - Intern should be evaluated at the conclusion of each rotation.

During all the rotations listed below, an evaluation form (either final or midway/final) will be completed by the preceptor and submitted to the DI Director and/or DI Coordinator at the end of each rotation. Each of the following rotations have assessment/evaluation forms:

NT rotation (evaluation forms, verbal feedback, pretest, case study, timesheet, completed assignments)

WIC (evaluation forms, verbal feedback, timesheet, completed assignments)

Outpatient Rotation (evaluation forms, verbal feedback, pretest, case study, timesheet, completed assignments)

Hospital/Acute Foodservice (evaluation form, verbal feedback, pretest, timesheet, completed assignments)

School Foodservice (evaluation form, verbal feedback, pretest, timesheet, completed assignments)

Special interest (evaluation form prepared by each intern based on their goals/objectives, timesheet)

Research project (completed project, grade from instruction, sheet with hours completed)
Practicum Spanish (assessed throughout the internship, sheet with hours completed)
Program development (completed program development assignment, grade from instruction, sheet with hours completed)

In addition, each intern is required to complete a pretest, and a sheet with SMART goals prior to each rotation.

Interns are required to submit in addition to the above forms, an evaluation of the rotation experience on Qualtrics. Links will be provided on course syllabi.

One year and three years post graduation, each intern will be asked to complete an evaluation form. This will assist the program to assess the program.

## **Intern Retention**

Interns having difficulties meeting competencies for Registered Dietitian Nutritionist/Student Learning Outcomes will be given individual guidance and assistance by the DI Director. However, if improvement is not shown and the intern demonstrates a lack of ability or commitment, he/she/them may be temporarily suspended from the program until a course of action is taken and improvement results. If an intern believes he/she/them has been dealt with unfairly, a conference should be arranged with the DI Director. If the intern is not satisfied with the outcome of the conference, the Chair of the Department of FCS may be consulted. Interns with minimal chances of success in the program will be counseled into career paths that are appropriate to their ability.

## **Grievance Procedures**

Procedures have been established by the University President in the event a student feels he/she/them has been discriminated on the basis of age, sex, disability, race, color, national origin, marital status or sexual orientation. Any student who desires to initiate a grievance against a faculty or staff member because of discrimination on the basis of age, sex, race, color, national origin, marital status or sexual orientation are advised to obtain written instructions for filing the grievance from the Office of the Special Assistant to the President on Equity and Diversity. A student who wishes to initiate a grievance against a faculty or staff member on the basis of disability are advised to obtain written instructions on filing the grievance from the Office of the Vice President for Student Affairs.

Academic grievances are handled by separate grievance procedures than those used for discrimination grievances. Grades assigned by faculty are assumed to be correct. A student who has a question about the appropriateness of an assigned grade should first attempt to resolve the matter informally with the faculty member involved. If this does not prove satisfactory, the student may then bring his/her case before the Academic Grievance and Grade Appeals Board. Information and forms for filing an academic grievance or grade appeal may be obtained from the Office of the Vice President for <u>Student Affairs</u>. A copy will be saved in the file for seven years.

## Withdrawal from the Program or University and Refund Policy

When it is necessary for an intern to withdraw completely from the university, they must secure the appropriate approvals that are outlined in the university catalog under "withdrawal". Refund information is published each semester in the Schedule of Classes. Refunds are allowed for a reduction in units or a complete withdrawal requested prior to the refund deadline which are published in the Schedule of Classes and at www.csun.edu. The last day to apply for a refund, which is very early in the semester, is printed in the Schedule of Classes. The time limits may be extended if illness, accident or compulsory military service presents the student from filing application within the prescribed time limits. The refund policy is based upon the date of withdrawal. After the sixth week in the semester there is no refund. Please consult with the DI Director and review the information in the Schedule of Classes if you need additional information.

## **Disciplinary and Termination Procedures**

The University assumes that all students will exhibit behavior that is mature, responsible and law-abiding and that students will comply with University policies and procedures. The Student Conduct Code can be found in the CSUN catalog and the Schedule of Classes and at <a href="https://www.csun.edu">www.csun.edu</a>

Interns are expected to maintain professional behavior. This includes maintaining confidentiality of sensitive information obtained at the supervised practice facilities, providing proof of insurance (automobile, health, liability), providing proof of freedom from communicable disease, adequately preparing for supervised practice and completing assignments and following the dress code. Failure to maintain professional behavior will result in disciplinary action. Students are subject to disciplinary action and dismissal if they fail to follow the Code of Ethics for the Profession of Dietetics.

## **Counseling and Disciplinary Procedures**

Policies and procedures that protect your rights and represent current institutional practices are available in the Program Director's Office as well as in the FCS Department Office. You are expected to comply with University, Hospital and all other rotation site policies and regulations as long as you are enrolled in the Dietetic Internship. If you violate a policy or regulation, disciplinary action up to and including termination of the program enrollment may be appropriate. Action, other than termination, is taken in an attempt to correct your conduct or performance and to help you meet the standards as required. Counseling and disciplinary action may take several forms. The appropriate form depends on the seriousness of the offense, the circumstance involved, your previous record, etc. Actions taken by the Site Coordinator, after consultation with the DI Program Director, take the following steps:

#### **Step 1 – Oral Counseling**

Oral counseling occurs when it is necessary to verbally inform you of inappropriate behavior or performance problems. A record of the date, time and place the verbal counseling occurred will be recorded and maintained in the DI Program Director's and Site Coordinator's office. This record will consist of a statement of the counseling given, including date, time and place, signature of the Site Coordinator and date of signing. Space will be allotted for your comments and signature. Your signature acknowledges receipt of the counseling, NOT necessarily agreement as to content. This serves as a notice of necessary corrective action, not necessarily a statement of discipline.

Oral counseling may occur for any of the following reasons:

Tardiness
Unexcused absence\*
Incomplete or late assignments
Inappropriate behavior as determined by the Site Coordinator
(Inappropriate interactions with facility personnel, lack of professionalism, etc)

\*Unexcused absences will include failure to inform Site Coordinator or DI Program Director of inability to attend class or work, car trouble or the inability to find the class, scheduling vacation or absences without prior approval.

### **Step 2 - Written Counseling**

This counseling will document the second offense of action. The form will include a description of the incident describing required corrective action and failure to meet the action plan described in Step 1. This step may include failure to comply with corrective actions as documented in Step 1. The Site Coordinator will complete the Counseling Form attached below, in consultation with the DI Program Director. This record will consist of a statement of the counseling given, including date, time and place, signature of Site Coordinator and date of signing. Space will be allotted for your comments and signature. A copy of the form will be sent to the DI Program Director for inclusion in the student file.

Your signature acknowledges receipt of the counseling, NOT necessarily agreement as to content. This serves as a notice of a statement of discipline.

#### **Step 3 - Written Warning of Termination**

A written warning of termination will be given if the Written Counseling has not resulted in corrective action. Intern will have four (4) days to comply with all requirements or termination will occur.

#### Step 4 - Termination

Termination will occur if you have not met corrective action as described in Step 3 within the four (4) days.

Discharge for serious offense can be made without prior written warning to you, but requires prior approval of the DI Program Director and Chair of the FCS Department. The previous steps may not need to be undertaken if a serious offense occurs. Examples of a serious offense include but are not limited to, the following:

Insubordination;

Intoxication, possession, or use of intoxicants on the job;

Abandonment of position;

Fighting or threatening conduct;

Theft or unauthorized possession of hospital, patient or employee property;

Malicious and/or intentional destruction of hospital, patient or employee property;

Failure to report to work or notify the site coordinator of absence;

Falsification of records:

Action considered dangerous to patient, employees, visitors or physicians;

Behavior considered abusive or disruptive;

Lying:

Verbal or written falsification of assignments;

Plagiarism: and

Failure to follow site policy on patient privacy issues.

The Site Coordinator will document all actions taken on the Counseling Form attached. The Form will be mailed to the DI Program Director immediately after consultation with the Intern.

## California State University Northridge Dietetic Internship Program Counseling Form

Oral	Written	Written Warning of Termination	Termination
Date:			
Name of studer	nt/intern:		
Facility:			
Person complet	ting the couns	seling form:	
Description of	incident/ reas	on for counseling:	
Statement of co	ounseling:		
Corrective action	on plan requi	red: (include date required by)	
Comments by I	Dietetic Interi	n:	
Signature of Di	letetic Intern		
Signature of Pr	eceptor/Site (	Coordinator	
Signature of Dl	Director	<u></u>	

Your signature acknowledges receipt of the counseling, NOT necessarily agreement as to content. This serves as a notice of a statement of discipline.

## **Policy for Reviewing Preceptors**

Preceptors are evaluated by the interns at the end of their rotation, and reviewed by DI Program Director. If a preceptor is not meeting the needs of the intern or expectations of the program, the DI Program Director will contact the site supervisor and/or clinical nutrition manager to discuss concerns, and form a coaching plan for the preceptor. The supervisor and/or clinical nutrition manager will review the coaching plan with the preceptor. The preceptor will be reevaluated annually. If an issue is continues, interns will not be scheduled with that preceptor in the future. At the end of the internship year, DI Program Director will share and discuss evaluations with site supervisors and/or clinical managers.

## CALIFORNIA STATE UNIVERSITY, NORTHRIDGE DEPARTMENT OF FAMILY AND CONSUMER SCIENCES

#### DI PROFESSIONAL PROGRAM CONTRACT

In addition to the policies on academic, professional, and clinical performance as described in the DI Handbook and CSUN catalog,

- 1. I understand that the scheduling of DI supervised practice and FCS classes as to time and location may vary according to need and that any outside commitment is therefore secondary to my availability to the professional program. The DI begins August of each year with additional trainings in the months of June/July. All interns will be required to attend assigned orientation and trainings. All orientation meetings, including those at CSUN & at the supervised practice site are required and are not counted as part of the hours for supervised practice. COM concentration interns who are not WIC WISE trained will be required to become trained in the computer system prior to start of the DI.
- 2. I understand that I will need to anticipate the following financial obligations in the professional course of study:
  - Regular fees of the University as full-time student for required semesters to complete the DI program including orientation and other fees.
  - Textbook costs
  - Professional student expenses such as: liability insurance, health insurance & TB test, lab coat, name tag, commuting costs, parking fees at CSUN and other sites as needed. Student membership in the AND is recommended
  - Transportation expenses including access to a motorized vehicle and automobile insurance.
- 3. The Dietetic Internship is to be completed within 2 semesters (~10-12 months) for DI Certificate program and within 2 years (~24 months) for MS DI Combined program. Special permission from the DI is required to drop out from a class or from a semester. I am aware that a drop in one course will delay graduation from the Dietetic Internship. I understand that ACEND requires that the internship be completed within 150% of time.

I must abide by all rules, policies, regulations and requirements set forth in the DI Handbook including those related to yearly physical examination and TB test, flu shots, COVID 19 vaccine, titers when required, protection of clients (fingerprinting and background check), and completion of dietetic intern evaluations. I understand that if I fail to pass the background check and fingerprinting I will be removed from the DI program. For MS DI Combined program, the interns must have completed the MS HN requirements in addition to the DI requirements to be verified to sit for the exam. (The verification statement will be issued once all MS HN and DI combined requirements are met)

For MS DI Combined program, the interns must have completed the MS HN requirements in addition to the DI requirements to be verified to sit for the exam. (The verification statement will be issued once all MS HN and DI combined requirements are met)

- 5. I must abide by all rules and regulations of CSUN as described in the CSUN Catalog, CSUN Schedule of Classes, and Family and Consumer Sciences Graduate Handbook. CSUN stipulates that a graduate student must maintain a 3.0 GPA and B average.
- 6. I must provide a copy of my DPD verification form, proof of all insurance and physical examination indicating you are free of communicable disease before beginning the DI.

I have read and understand all CSUN DI Program Policies and Procedures.

I have read and unders	tand all CSUN DI Program Policies and Procedures.	
	terms and will agree to them as a Dietetic Intern in the Dietetic Interns Consumer Sciences at California State University, Northridge.	ship
Date	Print Name	
Date	Signature	
Date	Witness	

#### California State University Northridge Dietetic Internship

Intern Checklist and Agreement

The following documents are required for participation in the Dietetic Internship (DI). Contracts with hospitals, other facilities as well as University Policies are the basis of this requirement. Some documents are required each semester while others are required only at the beginning of the program. Attach a copy of the documents to this form and place a  $\sqrt{}$  by those that are attached. Provide this form and the attached documents at orientation. (Please prepare and bring these items to the DI orientation/bootcamp in August, you will submit to DI Director and/or DI Coordinator). (Please prepare these items by August 7th, you will submit to DI Director and/or DI Coordinator electronically).

 1 Student Confidentiality Statement (found in DI handbook)
 2 Liability Insurance: attach copy of professional liability insurance policy. (You should sign-up as a student, please make the official start date July. See handbook for how to apply for liability insurance.)
 3 Medical Insurance: attach copy of card (MUST have Medical Insurance during DI)
 4 Car Liability: 1. Attach copy proof of insurance (an updated card will need to be submitted throughout the DI), 2. submit an online Student-authorization-privately-owned-vehicle" each semester for all supervised practice sites, 3. attach a certification of completion for Defensive Driving training through CSUN EH&S department.
 5 Proof of good health & TB test (physical exam), & copy of immunization records. Please use the form in DI handbook and have your health care provider sign and date it. The Northeast Valley Health Corporation (NEVHC) Health Clearance form will be completed for community interns.
 6 DPD verification form (month, day, year of completion). Original signed copy.
 7 Final official transcript showing date of Bachelors degree awarded (month, day, year of completion)
 8 Community Concentration interns only: \$750 training fee. (Due 1st day of orientation)
 9 Background checks and fingerprinting. (Background checks completed through NEVHC WIC – Marilen Howard will send you an email with details. Fingerprinting will be completed through CSUN.)
 10 A copy of A.N.D. member card. If you are not a member, you need to apply online as a student.
 11 CPR certification: attach copy of proof (must be valid)
 12 ServSafe certification: attach copy of proof (must be valid)
 13 HIPPA certification: attach copy of proof (must be valid)
 14 Audio/Photo release form (found in DI handbook)
 15 COVID-19: Proof of Vaccination

Your s	signature below indicates that you have the following:	
	Lab coat: full length most desirable (Will be ordered)	
	Name Badge: Name, BS (or other degree) CSUN Dietetic Intern (Will b	e ordered through CSUN)
	at you have read the Dietetic Internship Handbook and you agree to abide dures throughout the Dietetic Internship.	by all policies and
Name:	: Signature:	Date:

#### **SMART GOALS**

#### **Dietetic Internship**

Each semester you will write SMART goals before beginning each rotation. During the first semester you will also write goals for DI and for your career. Word process your goals and update them as needed. Provide a copy of the goals at the beginning of the DI, either at the orientation or the first FCS 573 class.

- ✓ Goals for this Rotation: Goals for each rotation must be written as SMART Goals.
- ✓ Smart Goals are: measurable, acceptable, realistic, time framed. A Google search will provide more information to guide you in writing the SMART Goals. The competency statements will be a guide as to what you should expect to be able to do at the end of the rotation but you do not need to write a goal for each competency and you may want to achieve a goal that is not listed as a competency.
- ✓ Goals for the dietetic internship.
- ✓ Goals for your career.

Enjoy this process and be sure and save a copy as a word processed document.

# Sample CALIFORNIA STATE UNIVERSITY NORTHRIDGE

Name

Dietetic Internship: NT/FS/COM Rotation

## LOG SHEET

LOGSH	Date	Start & End time	Hours	Tasks/Assignments	Initial (by RD or FS Manager)
Week 1					
Week 2		_			
Week 3					
Week 4					
Week 5					
TY COIL S					
Week 6					
		Tatal Haynes			
		Total Hours:			
Na	me of Regis	stered Dietitian		Signature of Registered	 Dietitian
Name of Dietetic Intern			Signature of Dietetic Intern		

### CALIFORNIA STATE UNIVERSITY NORTHRIDGE—Dietetic Internship

**Critical Incident Form** – are completed every month on Canvas (at least 1 per rotation) during the internship

Describe an incident or situation, during supervised practice, in which you were involved that made an impression on you in either a positive or negative way.

Date:
Category of the Activity:  Observing & reporting  Decision making  Relating to preceptors, managers, employees  Adapting to new or stressful situations  Using learning opportunities  Demonstrating creativity  Evaluating professional performance
What happened?
How were you involved?
What was the effectiveness of this action?
In retrospect, is there anything you would have done differently?

### CALIFORNIA STATE UNIVERSITY NORTHRIDGE

# Dietetic Internship Evaluation of Supervised Practice and Preceptor Form

(Completed through Qualtrics)

Rotatio	of facility:on:
Compl	ete this form for each experience and rotation facility.
1.	To what extent did this experience contribute to your professional growth?  Circle one: a. contributed greatly b. contributed to some extent c. did not contribute as much as I expected
2.	Were you ready for this rotation through readings, classes, orientation? If not, what would have helped you be better prepared?
3.	What activities were the most valuable?
4.	What activities were useless for your professional development?
5.	Were you allowed to develop your judgment and decision-making abilities?
6.	In your opinion, does this rotation at this facility need improvement at this time?
7.	To what extent did the preceptors at the facility contribute to your professional growth? a. contributed greatly b. contributed to some extent c. did not contribute as much as I expected
8.	Additional comments:
Precep	tors may ask for feedback; indicate which action you want taken:  I have given my preceptor a copy of this form  You may send a copy of this form  Please keep my comments confidential  Not applicable for this event

### California State University Northridge Dietetic Internship Program Dietetic Preceptor Evaluation Form

(Completed through Qualtrics)

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### Name of Preceptor / Site:

**Rating Score:** (Please rate on the scale of 1-5. 1 being strongly disagree, 2. Disagree 3. Neutral 4. Agree 5. Strongly agree)

Criteria	Rating Score (rate 1-5)	N/A	Additional Comments
Provides a valuable role model			
2. Is knowledgeable and qualified as the rotation instructor			
3. Exhibits interest and enthusiasm in imparting knowledge			
4. Is sensitive and supportive to the needs of the intern			
5. Encourages development of self-confidence in the intern			
6. Demonstrates leadership in daily interactions			
7. Presents a cooperative attitude			
8. Promotes excellence for the profession and its standards of practice			
9. Provides clear and understandable expectations and instructions for the rotation experience			

## **Additional Comments:**

#### **Outline for Case Study (Clinical & Community)**

As this outline may be used for two rotations, there will be variations in information available. The intern is encouraged to consult with the DI Director on the suitability of a case or any part of the case.

#### **Nutrition Therapy**

Two case studies are completed during the nutrition therapy rotation. The first case study is due by the time the intern has completed 100 hours. The second case study, which should be a patient with multi-system organ failure, is due before staff relief begins. One case is presented during the DI Seminar; discuss what case to present with DI Director. The other case is presented to the staff at the rotation site. Please let the DI Director know the date and time of presentation. Consult with preceptor regarding which case to present. You must submit the written case studies in this format to your preceptor and DI Director. You must use PowerPoint presentation for the oral presentation of the case.

#### Community Rotation

One case study is usually completed during the WIC or education or outpatient rotation. The case study is due, at the latest, on the last day of the rotation or before the 573 exam. The intern is encouraged to consult with the DI Director on the suitability of a case or any part of the case.

A word-processed copy of the case study should include footnotes and a reference list; conversations with other members of the health care team should be footnoted and included in the reference section.

#### Sections to include in the case study

- <u>1. Description of primary disease and nutrition treatment:</u> Discuss the patient's primary diseases, including the incidence, diagnosis and pathophysiology and medical treatment. In greater detail, review current nutritional treatment. This section should be at least one page.
- <u>2. Abstract:</u> An overview of the case from start to finish. It should be 50 -100 words. Include reason for admission/outpatient visit and briefly review hospital stay/clinic visit.

#### 3. Nutrition Assessment:

Past medical history: Obtain from patient, family, team member and/or medical record

Family and Social history: Obtain from patient, family, team member and/or medical record. Include occupation or grade in school. Include hobbies, sports or other information which may impact on nutritional status.

Physical Examination: Include vital signs from team member or medical record and your description/physical assessment of hair, skin, eyes, mouth, teeth, wt, ht and other anthropometric data; note presence/absence of edema, ascites. Note patient's affect and other characteristics deemed important. Do not say eyes are normal, rather describe what you see. You may need to ask patient to open mouth. Include current and past physical activity. Use appropriate guide to assess adequacy of weight or growth (BMI, prenatal, child or specialized growth charts or BMI percentiles, % usual body wt or Subjective Global Assessment).

4. Oral, enteral or parenteral intake: Obtain from patient, family or medical record.

Record the diet order and/or type of diet followed. If hospitalized, include the amount consumed or results of calorie counts, if implemented. If an outpatient, obtain a 24 hour recall or other measurement of prior food intake, including portion sizes. Briefly summarize findings, compare to patient's usual intake and the Dietary Guidelines for Americans.

Feeding or Eating skills/limitations: Obtain from observation of patient and/or family or medical record. Note use of specialized feeding equipment.

Laboratory Data: Obtain from patient or medical record.

Prepare table with serial labs (when available). Note normal range, including units.

Medication usage: Obtain from patient or medical record.

List dietary supplements, herbs, over the counter medications and MD prescribed drugs. Review purpose for taking drug, food/nutrient interactions and reported side effects. Indicate if and what side effects the patient is experiencing.

Medical procedures or surgical procedures: Indicate and describe purpose and results of relevant procedures done during this or previous hospitalization

#### 5. Nutrition Diagnosis<sup>2</sup>:

Integrate all information above then write a nutrition diagnosis using reference 2; information this process is also included in Krause. If hospital is not using Nutrition Care Process (NCP) you must still include your PES statement in your case study.

#### 4. Nutrition Intervention<sup>2</sup>:

Describe activities and materials used to address the problem. Include discussions with health care team or family members. Write short-term and long-term measurable patient outcomes.

#### 5. Nutrition Monitoring and Evaluation:

Describe your review and measurement of the patient/client's status. Review and follow-up could be conducted by telephone. If you were not able to follow-up with the patient or client, then include recommend times for follow-up by the next member of the health care team and desired outcomes of nutrition care to be measured or evaluated.

#### 6. References used to prepare this case study.

References sited above:

Medical Nutrition & Disease A Case Based Approach (Hark & Morrison 2003). Nutrition Diagnosis: A Critical Step in the Nutrition Care Process available from www.eatright.org

	Medical and Physical History	ory Form			
Date:	Department:				
Name:	Age: Birth Place:				
Birth date:	Birth Place:	·			
Address:					
Phone Number:					
Family Physician:	Address/phone	number:			
	the past year?				
Medical History					
	Yes	No			
High Blood Pressure					
Vision Problem					
Hearing Problem					
Thyroid Problem					
Heart Disease					
Rheumatic fever					

Have you had surgery? Explain:			
Do you have any medical problems no Please describe	ot listed above?	Yes	_ No
Any problems you wish to discuss with	th doctor? Yes_	No_	
Are you on any medication? YesExplain:			
OFFICE USE ONLY			
Abnormal physical findings:			
VISION: Right	Left		
BLOOD PRESSURE:			
PULSE:			
TB SKIN TEST:			
Site Given			
Date Given			
Date Read			
Result			
Nurse Signature			



Rev. 6 (09/24/2013)

## **NORTHEAST VALLEY HEALTH CORPORATION**

#### INITIAL HEALTH CLEARANCE FORM

This form must be completed by a licensed provider and returned to the Human Resources Department.

Name				Pos	sition		Site
authorize th	ne release of thi	s information fo	or use by North	east Valley He	alth Corporation		
Signature					_	Dat	e
	ATUS - Requi			ults indicating im	nmunity.		
Type of Vacc		THAT II ZACIOTT 1000	ia ana or iab ioo	Date(	(s) Disea	se/Tier(IGG) f indicated]	Date
Rubeola (Mea	asles)						
Mumps							
Rubella (Gern	nan Measles)						
/aricella (Chi	cken Pox)						
Tetanus-Diph	theria-Pertussis	[Tdap] (Whoop	ing Cough)	1		1	
<b>nfluenza</b> (Flu	)				İ		
<b>Hepatitis B</b> Only required fo	or those individuals	with potential occu	pational exposure	1. 2. 3.			
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HRD-1083

## **Student Confidentiality Statement - Dietetic Interns**

The undersigned hereby recognizes that medical records, patient care information, personnel information, reports to regulatory agencies, conversations between or among any health care professional are considered privileged and should be treated with utmost confidentiality.

If it is determined that a breach of confidentiality has occurred as a result of my actions, I can be liable for damages that result from such a breach.

Dietetic Intern Name		
Dietetic Intern Signature		
Date		

## GENERAL PHOTOGRAPHY, VISUAL IMAGE RELEASE (ADULT)

I grant to the Board of Trustees of the California State University and each of its constituent campuses (including the Office of the Chancellor), and their officers, employees, agents, assigns, and volunteers (collectively "CSU"), the irrevocable and unrestricted right and permission to take, use, re-use, publish, and republish photographic portraits, video, or pictures of me or in which I may be included, in whole or in part, or composite or distorted in character or form, without restriction as to changes or alterations, in conjunction with my own or a fictitious name, or reproductions thereof in color or otherwise, made through any medium, and in any and all media now or hereafter known, including, but not limited to educational uses, marketing, public relations, websites, social media, publications, promotions, broadcasts, advertisements, and posters. I also consent to the use of any published matter in conjunction therewith.

I waive any right that I may have to inspect or approve the finished product or products and the advertising copy or other matter that may be used in connection therewith or the use to which it may be applied.

I further acknowledge that I have voluntarily agreed to allow CSU to use my image without the promise of compensation or remuneration in any form whatsoever, and I waive any claim for compensation or remuneration of any kind for CSU's use or publication of my image.

I release, discharge, and agree to hold harmless the CSU and each of its constituent campuses (including, but not limited to the Office of the Chancellor), and their officers, employees, agents, assigns, and volunteers, from any and all liability for claims by me, my family, or any third parties in connection with my participation, including without limitation, any claims ensuing from or in connection with the taking of my photograph and use or publication of my image, as well as any claims for invasion of privacy, defamation, false light, or misappropriation of name, likeness, or image.

I am at least 18 years of age and competent to sign this release. I have read the above authorization, release, and agreement prior to signing. I understand the legal consequences of its contents, meaning, and impact, and I freely accept the terms. This release shall be binding upon me and my heirs, legal representatives, and assigns.

DATE:			
NAME (PRINT):			
SIGNATURE:			
ADDRESS:			
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CSUN Dietetic Internship Program Handbook 18111 Nordhoff St, Northridge, CA 91330

TO: All current and incoming Dietetic Interns

Due to the current pandemic and rotation site restrictions, some of the rotations may be extended through end of summer and beginning of Fall. We will ensure that all interns successfully complete all program requirements, and meet all student learning outcomes and competencies within the 150% of the program length.

If you have any questions and/or concerns, please contact the DI Director, Dr. Annette Besnilian, at Annette.besnilian@csun.edu

Sincerely, CSUN Dietetic Internship Program

1/31/2021

Updated 6/2/2022