

# Cultural Competency Training Guide

Developed by CSUN Family Focus Resource Center with funding from  
North Los Angeles County Regional Center

## About the Training

This training was developed to introduce the concepts of cultural competence and cultural humility for professionals in the social services. The intended audience is service providers, service coordinators, educators and other professionals.

A training guide and all the training materials are available on our website at [www.csun.edu/family-focus-resource-center/cultural-competency](http://www.csun.edu/family-focus-resource-center/cultural-competency).

The components of the training include:

PowerPoint Presentation

3 videos on our YouTube Channel (links on our webpage or full videos at <https://www.youtube.com/c/csunfamilyfocusresourcecenter>)

Self Assessment (Pre-/Post )

Activities

Handouts

- Pronouns
- Gender Grammar
- One Up One Down Assessment
- Coloring Page

## Suggested Training Requirements

This training should take approximately two hours. We recommend a group of 8 to 20 people. During some of the exercises, there will be small group activities, so arrange the room so that people can easily break into small groups of up to 2-5 people. The videos are available on YouTube, so a laptop, projector and Internet access are recommended. Each person should receive copies of the handouts, a nametag and a pen.

## **About the Presenters**

### **Ivor Weiner, Ph.D.**

Ivor Weiner is a professor in the Department of Special Education at Cal State University, Northridge. He is also the Director of the Family Focus Resource Center.

### **Wendy Ashley, Ph.D.**

Wendy Ashley is a professor in the Department of Social Work at Cal State University, Northridge.

## **Resources**

Family Focus Resource Center YouTube channel

<https://www.youtube.com/c/csunfamilyfocusresourcecenter>

Harvard University Project Implicit – implicit bias tests

<https://implicit.harvard.edu/implicit/takeatest.html>

Administration for Children and Family – Enhancing Cultural Competence in Social Service Agencies (article)

[https://www.acf.hhs.gov/sites/default/files/opre/brief\\_enhancing\\_cultural\\_competence\\_final\\_022114.pdf](https://www.acf.hhs.gov/sites/default/files/opre/brief_enhancing_cultural_competence_final_022114.pdf)

National Center for Cultural Competence

<https://nccc.georgetown.edu/index.php>