



LEARNING BUNDLES

Access curated courses, videos and webcasts designed to support CSU employees across all 23 campuses as we work from home



COVID-19

Essential info on COVID-19



Work/Life Balance

Ways to manage a busy life



Mindfulness

Meditation to reduce stress



Communication: Best Practices

The best communication method in situations



Communication: Listening

Tips and ideas to become an active listener



Communication: Non-Verbal

Our body language can make an impact



Communication: Team

Effective team communication at work



Communication: Written

Build up your writing skills