



California State University, Northridge

Dietetic Internship Program

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Mission

To prepare high quality and culturally sensitive entry-level registered dietitian nutritionists to meet our community needs by promoting optimal nutrition, health and well-being.

CSUN Dietetic Internship Program

Program Goal 1:

To prepare registered dietitian nutritionists to work in all areas of dietetics.

Program Goal 2:

To prepare graduates who are trained in Spanish language and cultural sensitivity.

Program Goal 3:

To prepare dietitians who are qualified to participate in the collection, analysis and interpretation of research.

DI Mission & Goals



Program Description

California State University
Northridge

+

Northeast Valley Health
Corporation WIC

- Our Dietetic Internship provides 1216 hours of supervised practice experiences and alternative hours in ***Nutrition Therapy, Community Nutrition, Foodservice/administration***
- In addition:
 - Graduate Courses and Research
 - Spanish Training
 - Cultural Sensitivity Training
 - Breastfeeding Training
 - MI Training
 - Monday Consortium Classes – Greater LA DI programs



Two Paths

Masters in Human Nutrition Dietetic Internship (MS DI) combined program

DI Certificate program

Approximately 12-14 interns will be accepted each year in total.

- Students selected for this path **must meet the Masters degree and DI requirements** in order to receive a DI verification statement.
- The program has been designed to have the **interns complete the MS DI Combined program in 24 months.**

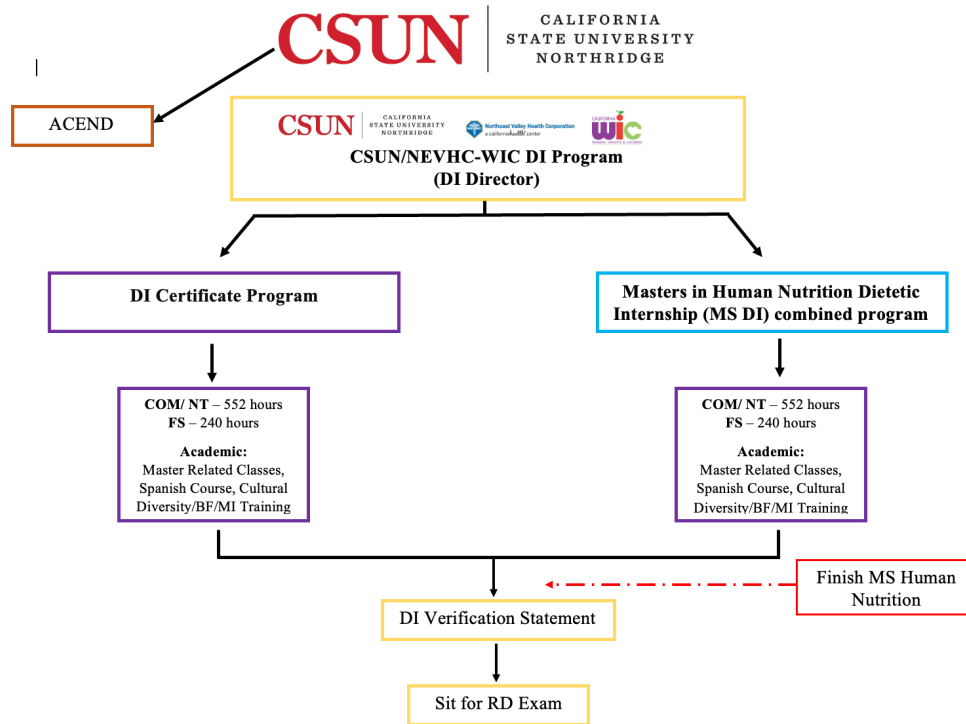
1216 Total hours of supervised practice & alternative hours

- Students considered for the DI Certificate program **will have completed or will complete an MS degree** prior to starting the DI program.
- DI Certificate has been designed to have **interns complete this program within twelve months.**

1216 Total hours in supervised practice & alternative hours



CSUN Dietetic Internship



Note: Each path can have a specific concentration. Please contact DI Director and/or Coordinator for further details.



Helping Meet New & Ongoing Competencies

–Unique opportunities:

- Research
- Program Development
- Business Plan
- Public Policy
- Spanish and Cultural Sensitivity Training
- Special Interest
- Mentorship



Affiliations (~30)

Local Hospitals
School/Hospital Food Service
Community Organizations
LA County Dept. of Public Health
Outpatient Centers
Special Interest



Resources

- **Financial Aid**
- **Master's Degree (Only pay for tuition)**
- **Access to University Services**
- **Peer Mentoring Program**
- **Scholarship and Fellowship Opportunities:**
 - NIH BUILD PODER
 - RISE and MARC Program
 - Department Scholarships and Fellowships
 - University Based projects and stipends



Completion of Dietetic Internship

- 1216 hours of supervised practice & alternate hours: 10-12 months DI Certificate & 24 months Masters in Human Nutrition DI Combined Program
- Completion of all required graduate courses
- Spanish, cultural sensitivity, MI and BF training
- Meeting all program competencies and student learning outcomes
- Remain in good standing with the University and comply with all rules and regulations as written in the University Catalog and DI Handbook.



Estimated Costs

One-time

- A.N.D. dues: \$58
- Professional Liability Insurance: \$30
- COM concentration training fee: \$750 (COM interns only)

University Expenses

- CSUN Graduate Application (CSUNApply): \$70
- FCS MS Human Nutrition Application (WebApply): \$30
- Graduate Tuition: \$4,249/ semester *
- Books/supplies: ~\$759/ semester
- Parking (optional) ~\$110/ semester

Other Expenses

- Health Insurance Variable (~\$1,500)
- Car Insurance
- Other fees such as finger printing, background checks, CPR training and Professional Annual Conferences

* Non resident fee is \$396 per unit.



Other Opportunities During the DI

RD Exam Review Game

Peer Mentoring

Program Development

Business Plan

Research



Application Requirements

- ✓ Completed DICAS application,
- ✓ Registered D&D Digital Computer matching,
- ✓ A Bachelor's Degree,
- ✓ Current *Verification Statement from an approved Didactic Program in Dietetics (DPD) of the Academy of Nutrition and Dietetics (A.N.D.) OR Declaration of Intent from the DPD Director,*
- ✓ **3 Letters of Recommendation** *2 from faculty and one from a supervisor. At least one needs to be a full time nutrition faculty,*
- ✓ Official Transcripts
- ✓ Need to submit **Supplemental materials** in addition to applying through DICAS.
(See next Slide)

***GRE is not required for Spring 2024 applications**



Supplemental Application

DICAS as ONE PDF File

In addition to applying through DICAS, please use the checklist below and submit supplemental materials by **February 15th**.

- ✓ Personal Statement
- ✓ Authorization for packet review
- ✓ DI Professional Program Contract
- ✓ *Proof of Letter of Acceptance to CSUN Graduate program (or a letter indicating that you have applied to the CSUN graduate program.) Please apply now for Fall 2024 and include letter of application in packet. (make sure to apply to the university and the department)*
- ✓ Recency of Education Form (if applicable)

Important: Make sure to check the CSUN DI website for updates.



Selection Criteria

- **Grade Point Average:** *overall in science and dietetic courses*
- **Volunteer/ Paid Work Experience** in dietetics/foodservice/food science fields. (COM concentration – WIC employment)
- **Involvement** in organizations, scholarships, leadership, honors
- Other **languages** and cultural experiences are a plus
- An **interview** is required for all finalists – a 20-30 min interview with a 2-4 person committee.



The Journey to becoming a ...

Registered Dietitian Nutritionist (RDN) at CSUN



DI Orientation





MNT Bootcamp





Outpatient Rotation

 **PROVIDENCE**
St. Joseph
Medical Clinic

 **HealthCare**TM
PARTNERS
MEDICAL GROUP

 **Facey**
Medical Foundation

 **NEVHC**
Northeast Valley Health Corporation


KAISER PERMANENTE[®]



Outpatient Project





Outpatient Education Classes & Workshops



Administrative/Food Service Rotation: School or Hospital





Food Service Inservice Presentation





Hospital Food Service





School District Food Service





Clinical Rotation





Case Study Presentation





Clinical Rotation





Use of Herbal Supplements Among Pregnant Women

Dietetic Interns:

Guadalupe Alfaro Itzel Dzul

Community/WIC





WIC Professional Presentation





LA County Department of Public Health





Consortium Class





Holiday Party



RD Exam Review Game



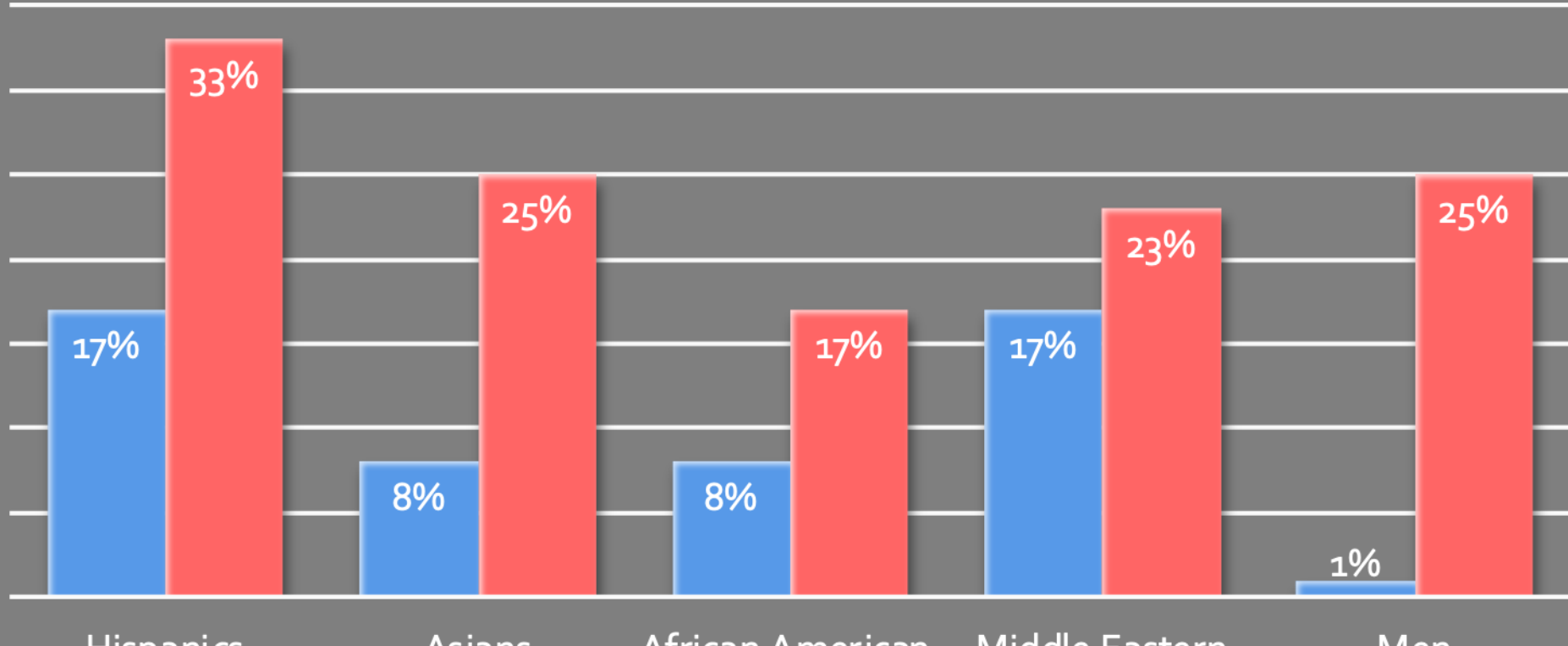


Our Interns as Peer Mentors



CSUN DI is the Recipient of the Academy's DIVERSITY ACTION AWARD

CSUN DI Peer Mentorship to Promote Diversity





Special Interest & Professional Development



Pediatrics Special Interest Rotation – UCLA





Marketing & Communications at CAND



Special Interest: Nature Made





NT Interns at the CA Academy Annual Conference





Community Interns at California WIC Association (CWA) Annual Conference





Scholarships and Awards Available





CWA: Nutrition Corps Scholarship Recipients





Academy Of Nutrition and Dietetics Public Policy Workshop



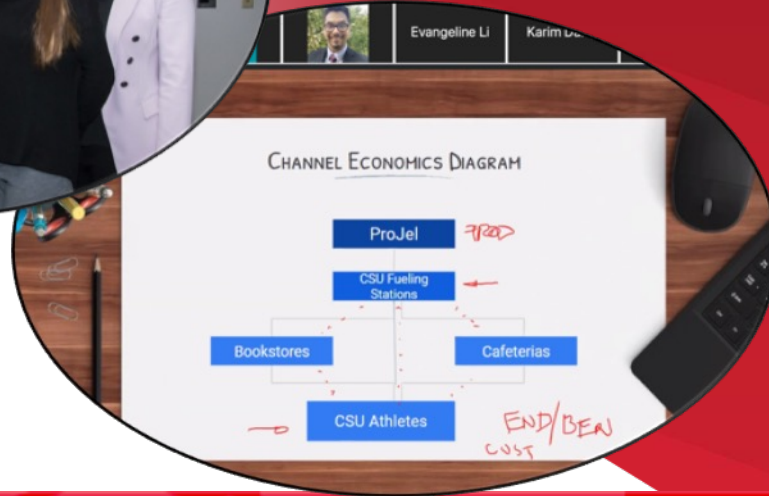


CAND Advocacy Summit in Sacramento





Business Plan Competition





Public Policy Event at CSUN: Health in Every Policy





WIC Outreach Center @ CSUN



Graduates (alumni) Serve as Preceptors!

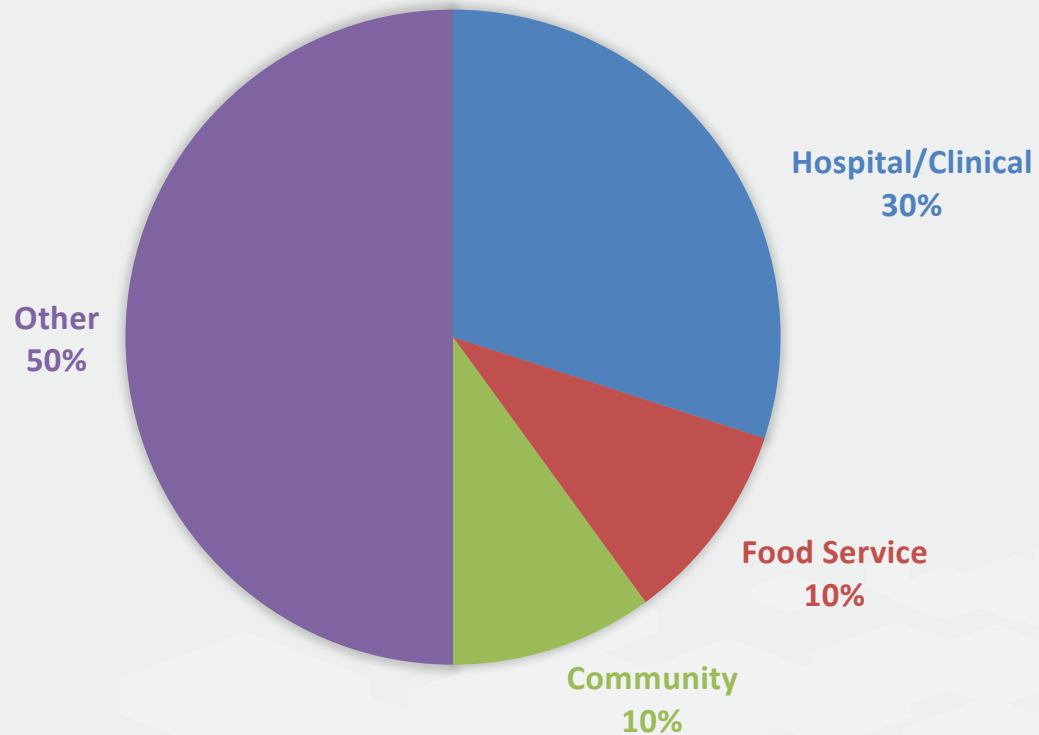




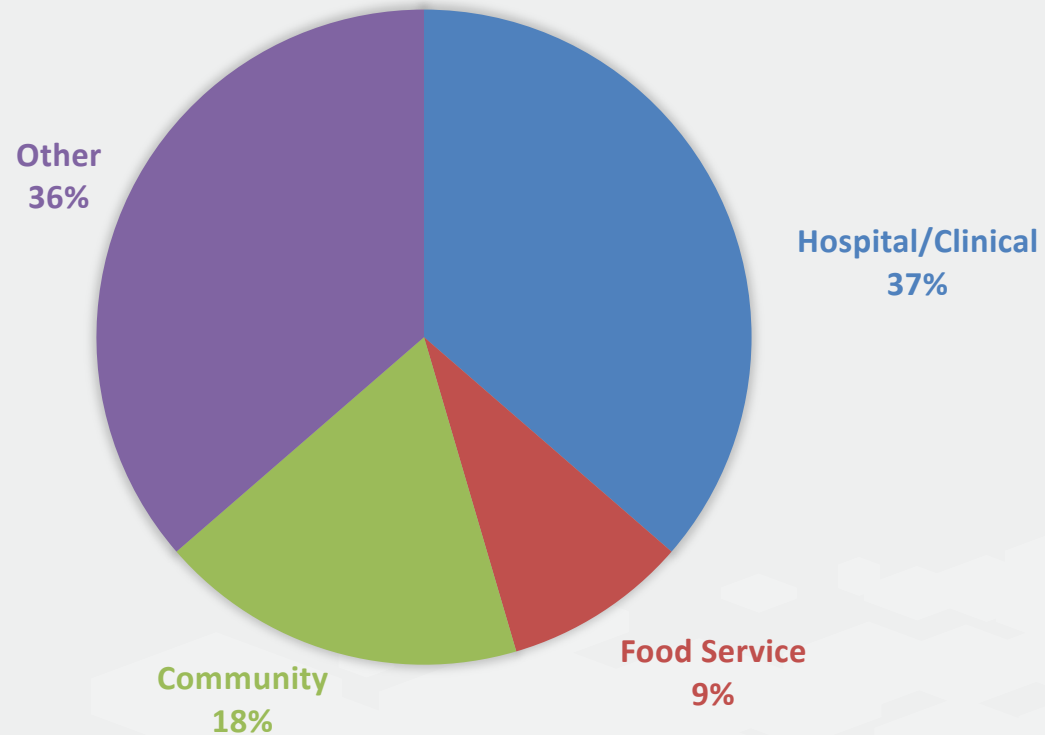
30 Years of Training Dietetic Interns



AREAS WHERE 1 YEAR GRADUATES ARE WORKING



AREAS WHERE 3 YEAR GRADUATES ARE WORKING



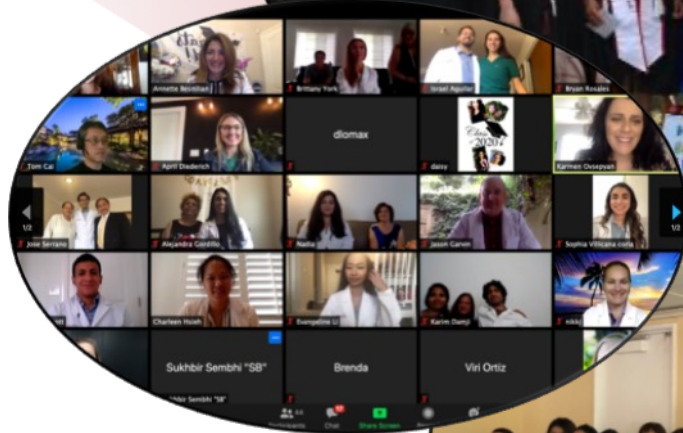


Dietetic Internship Graduation





Celebrations!!!





**KEEP
CALM
AND**

**ENJOY YOUR
INTERNSHIP**

KeepCalmAndPosters.com

Join Us As We Help You Through Your Journey of Becoming a Registered Dietitian Nutritionist

If you have further questions, you may contact us via email

Dr. Annette Besnilian at annetteb@csun.edu

and/or

Karmen Ovsepyan @ karmen.ovsepyan@csun.edu

www.csun.edu/~di

Dietetic Internship Program

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SHINE

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INTERNSHIP

