

*Parent Coping:  
A Place to be seen, heard, and connect.*

A virtual parent support group  
Funded by CAPIT Program

Learn ways to support your children.  
Incorporate wellness into daily routines.  
Share stories with other parents.

\*Offered in English and Spanish

***Beginning the week of April 27th***

*Specific date and time will be coordinated with participants*

***Contact: Strength United 24/7 Hotline***

***818-886-0453 or 661-253-0258***

