2020-2021 Scholarships & Awards Recipients
# Table of Contents

- MESSAGE FROM THE DEPARTMENT CHAIR 3
- MESSAGE FROM THE SCHOLARSHIP & AWARDS COMMITTEE 4
- SCHOLARSHIPS 5
  - Besnilian Leadership Scholarship 5
  - Christine H. Smith Scholarship for Nutrition, Dietetics & Food Science 6
  - Nancy J. & Joseph N. Owens Scholarship for Apparel Design & Merchandising 9
  - Nancy J. & Joseph N. Owens Kappa Omicron Nu Scholarship 11
  - Rosalie Hilger Achievement Scholarship 13
  - Tom Chen Scholarship for Food Science 15
- AWARDS 16
  - Dean’s Award 17
  - Apparel Design & Merchandising 18
  - Food Science 20
  - Interior Design 22
  - Nutrition & Dietetics 24
- IN LOVING MEMORY 31
- MANY THANKS 33
Dear FCS student and friends,

I am very proud to congratulate all of our scholarship and award recipients. First, I’d like to thank those of you who have made generous donations and contributions. We are able to celebrate our students’ achievements only because our supportive donors have generously made a commitment to supporting student success here at CSUN and beyond. Also, thank you to the FCS Scholarship and Awards Committee: Chair, Dr. Tracie Tung; Dr. Dena Herman; Dr. Hessam Ghamari; Professor Rodica Kohn; and Mrs. Madelynn Garbett, as well as the other dedicated faculty members. Thanks to their tireless efforts, we are able to showcase the best and brightest FCS students in this brochure.

I admire the hard work, enthusiasm, and creativity derived from the vast diversity of the academic and professional experience of the students and organization presented here. As the pandemic still remains a reality, the scholarship you receive not only recognizes your hard work and incredible academic performance, it also showcases your resilience and dedication in pursuing excellence when facing adversities. During this most trying time, our mission of enhancing the quality of life for individuals, families, and communities has become more important than ever. You and many, many more, whom are not mentioned in this brochure, are dedicated to supporting this mission and make FCS one of the finest.

Best wishes,

Yi Cai
Department Chair, Yi “Tom” Cai, Ph.D.
Department of Family & Consumer Sciences
Dear FCS community and friends,

Congratulation on the scholarships and awards. We would like to acknowledge everyone's hard work and determination during this uncertain time. Adapting to the current situation, we are proud to recognize the excellence of our FCS Students. This brochure is our way to honor the Fall 2020 Scholarship recipients, the Spring 2021 Awards Recipients, and the Fall 2020/Spring 2021 graduating KON members.

Our students’ achievements are outstanding examples of the Department of Family and Consumer Sciences mission of enhancing the quality of life for individuals, families, and communities through education, research, creative endeavors, and public service.

Congratulation to all of our Scholarships and Awards Recipients!

Scholarships and Awards Committee

Chair Tracie Tung, Ph.D.
Dena Herman, Ph. D.
Hessam Ghamari, Ph.D.
Rodica Kohn, Professor
2020-2021 Scholarship Recipients
Besnilian Leadership Scholarship

CSUN has been a second home to Annette Besnilian and her family for over 27 years. She first earned her bachelor’s degree in 1994 and then completed her doctorate in Educational Leadership at CSUN in 2013. She is currently the Director of the CSUN accredited Dietetic Internship Program and a full-time faculty teaching Nutrition, Dietetics, and Food Science courses to graduate students in the Department of Family and Consumer Sciences since 2002. She is also the Executive Director of the Marilyn Magaram Center for Food Sciences, Nutrition, and Dietetics.

The gift proceeds for the Besnilian Leadership Scholarship will provide annual scholarship awards for undergraduate or graduate students enrolled in the Family and Consumer Sciences Department. The scholarship was established to help support students and provide leadership opportunities for those who intend to apply to a local or national conferences or annual professional symposiums to present their research.

Diane Ajiatas
Undergraduate Student
for Nutrition and Dietetics

Diane Ajiatas is a junior at CSUN. She is majoring in Family & Consumer Sciences (FCS) and minoring in Human Lactation. Diana’s focus in FCS is Nutrition & Dietetics. She was born and raised in Los Angeles, California, in a small town called Canoga Park. Diane is an only child who was raised by a single mother. Diane comes from an immigrant family in which strong values and traditions shaped her into who she is today. One of her special interests is photography. Diane enjoys the concept of capturing a beautiful moments in life.
2020-2021 Scholarship Recipients
Christine H. Smith Scholarship
for Nutrition, Dietetics & Food Sciences

The late Dr. Christine “Chris” Smith was a beloved professor in the Family and Consumer Sciences Department for almost 30 years. She was a co-advisor for the department’s Student Dietetic and Food Science Association (SDFSA) for over 20 years and served as the Director of the Didactic Program in Dietetics (DPD). Chris was instrumental in guiding students into becoming registered dietitians. She remanded a large part of the DPD program after her retirement. Chris and her husband, Owen ‘65 (Theatre), M.A. ‘67 (Drama) met at CSUN, had a fairytale romance, and both were influential members of the CSUN community. In 2013, they passed away just 81 days apart — Owen, after battling cancer, and Chris, after an accident at her home. Prior to their passing, the Smiths decided to leave a gift from their estate to CSUN, their second home. In their will, the Smiths directed funds in the form of a planned gift to five different areas at CSUN, including this endowed scholarship for a student in the Department of Family and Consumer Sciences with an emphasis in Nutrition, Dietetics, and Food Science.

Lori Minaskanian
Undergraduate Student
for Nutrition and Dietetics

Born and raised in Southern California, Lori Minaskanian has always been passionate about topics relating to an individual’s health. At an early age, she knew she wanted to approach health holistically by combing her education of proper nutrition and physical activities to help people achieve their health and fitness goals. She obtained her Certification in personal Training through the National Academy of Sports Medicine, while also holding positions of Fundraising Chair for the Student Dietetic and Food Science Association, as well as the Social Director/Events Coordinator for the Armenian Students
Je Young Lee was born in Seoul, South Korea. His family and him moved to Los Angeles, California when he was 10 years old. Je Young is proud to be a first-generation college student. Je Young has worked in diverse restaurants and cafes, including running his family business in the food industry. He chose to study Food Science because he wants to pursue a career in food science researcher and development after college. Je’s dream workplace is a soft drink or energy drink manufacturing company. He is also an ardent coffee connoisseur, always looking for a new coffee roastery.

Je Young Lee
Undergraduate Student
for Food Science and Administration
Gabriela Brocca is an international transfer student, born and raised in Rio de Janeiro, Brazil. She is bilingual (Portuguese), and is currently in her third year at CSUN. Gabriela is focusing her studies in Nutrition and Dietetics, while also taking Food Science courses. She is a Chemistry tutor at CSUN, as well as an intern for the Marilyn Magaram Center. Her favorite things to do are going to the beach, hanging out around my family, reading, and working out.
2020-2021 Scholarship Recipients
Nancy J. and Joseph N. Owens Scholarship
for Apparel Design & Merchandising

Nancy Owens taught in the Department of Family and Consumer Sciences for 36 years, specializing in apparel design and merchandising. She was highly involved at CSUN and has continued volunteering at the university since her retirement. Nancy served as the university’s chapter advisor for Kappa Omicron Nu, the leading honor society for students in the Human Sciences. Nancy and her husband, Joe, have continued to the university through their scholarship endowments that help students achieve their academic and career goals. This scholarship provides support to a student in the Apparel Design and Merchandising program.

Erik Talavera
Undergraduate Student
for Apparel Design & Production

Erik Talavera is a junior at CSUN. He is double majoring in Family & Consumer Sciences (FCS) and Chicano/a Studies. His focus in FCS is Apparel Design & Production. Erik is from Thermal, California, which is a small city located in the Coachella Valley. He is part of EOP, and a first generation college student. He has also joined MEChA and has made the Dean’s list for the Spring 2020 semester.
Lauryn Haines was born in Oakland, California. Lauryn contributes much of her success to her parents, who emphasized the importance of attending college and getting an education. Today, she is proud to acknowledge that she is a junior at CSUN majoring in Family & Consumer Sciences (FCS). Her focus in FCS is the Apparel Design & Merchandising program. When Lauryn graduates, her goal is to become a celebrity wardrobe stylist. Currently, she is working as a Visual Merchandiser at Victoria Secret. She strongly believes that attitude determines a person’s altitude. Lauryn is a very optimistic individual who looks forward to a bright future.
2020-2021 Scholarship Recipients
Nancy J. and Joseph N. Owens Kappa Omicron Nu Scholarship

Nancy Owens taught in the Department of Family and Consumer Sciences for 36 years, specializing in apparel design and merchandising. She was highly involved at CSUN and has continued volunteering at the university since her retirement. Nancy served as the university’s chapter advisor for Kappa Omicron Nu, the leading honor society for student in the Human Sciences. Nancy and her husband, Joe, have continued to support the society by creating this scholarship for an undergraduate and/or graduate student in the department who meets the academic requirements for membership in Kappa Omicron Nu.

Alondra Valdez
Undergraduate Student
for Nutrition and Dietetics

Alondra Valdez was raised in Wasco, California. She graduate from Bakersfield College in 2019 with an Associates of Science degree in Human Biology. Alondra transferred to CSUN in Fall of 2019, and is currently pursuing a Bachelor of Science degree in Family and Consumer Sciences. Her focus in FCS is Nutrition, Dietetics and Food Science. Alondra is passionate about research, in being so, she works as a research assistant for CSUN’s Marilyn Magaram Center. She plans to pursue a Master degree in the field of aging and health span, as well as a dietetics internship, in preparation to receive her certification as a registered dietitian.
Sahar Tamari is a Dietetics Intern student working towards her goal of becoming a Registered Dietitian. Sahar graduated from UCSB with a Bachelor in Molecular, cellular and Developmental Biology, as well as a Master degree in Family and Consumer Sciences with an option in Nutrition and Dietetics. She is inspired daily by her husband and three children.
This scholarship was made possible by a generous gift from Ernest Hilger, on behalf of the Hilger Family Trust, and in honor of Ernest’s most beloved wife, Rosalie Hilger. Ernest established this scholarship to carry on Rosalie’s legacy, her caring and gentle spirit, and to benefit future generations of students, something that Rosalie was passionate about. Rosalie Hilger was an alumna of CSUN’s Family and Consumer Sciences program and served as an adjunct professor at East Los Angeles Community College and Los Angeles Mission College.

Citlaly Padilla

Undergraduate Student

for Family Studies

Citlaly Padilla is a first-generation DACA college student. Citlaly is majoring in Family and Consumer Sciences with an emphasis in Family Studies. She is also minoring in Child Development and Human Lactation. Her goal is to be employed in a government job in human service and get into the nursing field along the way. Citlaly aims to use Family Studies to help families and children in a meaningful and caring way. She is also a part of CSUN’s Bridge to The Future Scholars Program. Citlaly enjoys volunteering and being involved in the community.
Sahar Tamari
Graduate Student
for Dietetic Internship

Sahar Tamari is a Dietetics Intern student working towards her goal of becoming a Registered Dietitian. Sahar graduated from UCSB with a Bachelor in Molecular, cellular and Developmental Biology, as well as a Master degree in Family and Consumer Sciences with an option in Nutrition and Dietetics. She is inspired daily by her husband and three children.
Dr. Tungshan “Tom” Chen was a professor in the Family and Consumer Sciences Department and the founding director of the Marilyn Magaram Center for Food Science, Nutrition and Dietetics. Marilyn Magaram met Dr. Chen while she was a master’s student and considered him a great mentor and friend. Unfortunately, Marilyn’s life was cut short. As a tribute to her, Phillip Magaram, Marilyn’s husband, and his family dedicated the center in honor of her memory. Tom was a large influence in seeing the center transform from concept to reality after it opened in 1991. This scholarship is awarded to a full-time student and member of the Student Dietetic and Food Science Association (SDFSA) who is actively involved in programs and service hosted by the Marilyn Magaram Center.

Gabriela Brocca
Undergraduate Student
for Nutrition and Dietetics

Gabriela Brocca is an international transfer student, born and raised in Rio de Janeiro, Brazil. She is bilingual (Portoguese), and is currently in her third year at CSUN. Gabriela is focusing her studies in Nutrition and Dietetics, while also taking Food Science courses. She is a Chemistry tutor at CSUN, as well as an intern for the Marilyn Magaram Center. Her favorite things to do are going to the beach, hanging out around my family, reading, and working out.
2020-2021 Dean’s Award Nomination
College of Health and Human Development

Brianna Bosson
Graduate Student
for Nutrition and Dietetics

As a former college student-athlete pursuing a career as aRegistered Dietitian, Brianna Bosson has a specific interest in sports nutrition and the unique needs of thestudent-athlete population. After obtaining a bachelor’s degree in Dietetics from the University of Nevada, Reno, Brianna chose to further her education and pursue a master’s degree in Human Nutrition at California State University, Northridge (CSUN) near her hometown.

From her start as a graduate student, Brianna knew she wanted to work closely with student-athletes to provide the nutrition support and education that she felt she was missing as a student-athlete. She dedicated her free time to volunteering with the Registered Dietitian within the CSUN Athletic Department’s Fueling Station and for two years, Brianna developed nutrition related educational handouts, increased awareness of nutrition and food resources on campus such as the Pop-Up Pantry, and took on responsibilities of managing the nutrition services provided to several teams. Her experience working with CSUN student-athletes helped identify a gap in research regarding nutrition concerns for this population, which turned into her graduate thesis study.

As Brianna is nearing the completion of her thesis, investigating specific nutrition concerns among CSUN student-athletes, her hope for the results of her study is to shine a light on the hidden food-related struggles of the student-athlete. By bringing attention to these unknown issues, the community and university can provide student-athletes with the support they need to succeed both academically and athletically. As she continues to grow as a young professional, her hope in her career as a Registered Dietitian is to be able to use her nutrition education to continue to assist her community in its journey towards health equity.
Outstanding Graduating Senior Award

Anush Mkrtchyan

Anush is senior at California State University, Northridge (CSUN) majoring in Family and Consumer Sciences (FCS), Nutrition, Dietetics and Food Science. She is a former sports nutrition intern and pediatric nutrition intern for the Marilyn Magaram Center (MMC). Anush is also the editor of the Student Dietetics and Food Sciences Association (SDFSA) on campus. In addition, she is a Nutrition Educator for CalFresh Healthy Living on College Campuses program, and a writer and editor for “Let’s Get Healthy” newsletter for Veterans Affairs.
Outstanding Graduate Student Award

Mahsa Azidhak

M.S. in Apparel Design & Merchandising

Mahsa Azidhak is from Iran. She immigrated to the United State three years ago. Not long after her arrival she started her education at CSUN. Her major is FCS with an option in Apparel Design and Merchandising. Her biggest accomplishments are showcasing her collection at Bloomingdales in Sherman Oaks for an entire week and winning the Metropolitan Fashion Week competition. As a winner, her design was presented on the KTLA Morning News and was interviewed on FOX11 for her outstanding work. The achievements have strengthened and motivated her to move forward and strive to discover unique and creative methods in textile design.

Outstanding Graduating Senior Award

Cerena Gonzalez

Apparel Design & Production

Cerena Gonzalez is a senior student at CSUN pursuing a major in Apparel Design and Production with a minor in Japanese language. Cerena is passionate about creative expression through the means of intercultural exchange. I enjoy learning about different cultural backgrounds. During my second year of university, I had the pleasure of studying abroad in Japan as a CSU International Programs participant. I also like to dedicate my time to being an English language tutor for those who are interested in pursuing a study abroad experience in the United States.
Outstanding Graduating Senior Award

Diana Quinonez
Apparel Merchandising

Diana Quinonez is a senior at California State University, Northridge (CSUN) studying Apparel Merchandising and minoring in Marketing. She is the current president of CSUN Trends Fashion Organization. Being apart of TRENDS has helped Diana grow, starting as a member, then an officer, and finally advancing to President. Through her academic journey, she has taken multiple internships to strengthen her skills in wardrobe styling, tradeshows, and social media platforms. Diana also strived to help her organization provide more opportunities to its members such as internships and connections to more networking professionals in the industry.
2020-2021 FCS Award Recipients for Food Science

Outstanding Graduating Senior Award

Javonna Golden

Javonna Golden is a graduating senior from the Food Science program. Currently, she is the treasurer of the Food Science Association (FSA). Jovanna enjoys collaborating with FCS officers to provide a great experience of attendees and members. Her passion is creatine and testing products ranging from meals to food-based hair and beauty products. Javonna is committed to the development to the overall health of the consumer, not just through consumption, but through beauty products as well.

Outstanding Graduating Senior Award

Claudia Miranda

Claudia is a senior studying Food Science with a minor in Child and Adolescent Development. Within the past year and in the midst of a pandemic, she has dedicated her time to the Food Science Association (FSA) as Vice President and Communications Representative. In addition, to holding the position of Volunteer Coordinator for the Food Recovery Network. She is very focused on utilizing her communication skills to help create an interactive environment for Zoom meetings and spreading Nutrition and Food Science related knowledge. She hopes to further expand her knowledge of minority/ethnic groups in the K-12 education system.
Beth Payne is a multilingual actress, comic, and avid healthy lifestyle educator. Beth pursued her entertainment career and moved to Los Angeles. While in Los Angeles, she worked on various projects; from TV shows and animated series to films and international comedy tours. She is currently the President of the Food Science Association (FSA) and the Regional Chair on the Board of the Institute of Food Technologies.

Her passion for health and wellness began when her grandmother was diagnosed with cancer. Beth was determined to keep her grandmother alive while she underwent a 52 week treatment process. She lived 17 years, cancer free, and doctors were amazed at her recovery. Whereas her father, whom she lost four years ago, would not allow her to support him with holistic integrative natural methods during his own cancer treatments.

Beth saw the need to help others understand the importance of building one’s immune system from a cellular level to get their health back in order. This encouraged her to back to college and study how to communicate the value of holistic healing, wellness, food technology and the science behind it. Beth is determined to use her career and ongoing education, to push people to learn more about what their body needs to survive and thrive.
Outstanding Graduating Senior Award
Yas Shahretani

Yas Shahretani is a student at CSUN majoring in Family and Consumer science with an option in Interior Design. She was in Tehran, Iran, and moved to California at the age of ten. When she turned 18 years old, she was indecisive about whether to live alone in California to pursue her dreams or back to Iran to be with her family. When Yas started attending Santa Monica College she decided she would stay. From an early age she experienced many ups and downs moving back and forth between Iran and Los Angeles, but it was the best decision she made. Her passion for design began with her interior designer mother. Although her time at CSUN is coming to an end, she is beyond happy to strive for a career in Interior Design. Her ultimate goal is to one day have her own design firm that can bring people’s vision into reality.
Outstanding Service Award

Miranda Jones

Miranda Jones is from Santa Clarita, CA, and currently lives in Van Nuys, CA. It is in her hometown that she discovered her love for Interior Design. She switched major specific studies between Psychology and Interior Design, and ultimately complete both Associate Degree requirements. She is currently in her final semester at CSUN focusing on a B.S. in Family & Consumer Sciences with an Option in Interior Design, graduating magna cum laude.

Miranda currently works as a bartista for Starbucks, as well as an interior design and FF&E procurement firm based in Simi Valley, CA. She has recently accepted a position as a member of Phi Kappa Phi Honor Society and is also assisting with a research-based Community Outreach project as a Student Scholar with Professor Kristin King., Food Pantry Staff, faculty and students from the Nutrition, Dietetics & Food Science program, and Facilities faculty on campus.

Despite multiple tragedies she has experience in the last couple of years, including the loss of bother parents., Miranda’s passion for interior design has been her strongest motivator. Her appreciate for the industry, art, and design has allowed her to preserve and complete her educational goals. Miranda will spend the next year continuing her education, pursuing a Master’s in Furniture Design at Politecnico di Milano in Milan, Italy.
As a former college student-athlete pursuing a career as a Registered Dietitian, Brianna Bosson has a specific interest in sports nutrition and the unique needs of the student-athlete population. After obtaining a bachelor’s degree in Dietetics from the University of Nevada, Reno, Brianna chose to further her education and pursue a master’s degree in Human Nutrition at California State University, Northridge (CSUN) near her hometown.

From her start as a graduate student, Brianna knew she wanted to work closely with student-athletes to provide the nutrition support and education that she felt she was missing as a student-athlete. She dedicated her free time to volunteering with the Registered Dietitian within the CSUN Athletic Department’s Fueling Station and for two years, Brianna developed nutrition related educational handouts, increased awareness of nutrition and food resources on campus such as the Pop-Up Pantry, and took on responsibilities of managing the nutrition services provided to several teams. Her experience working with CSUN student-athletes helped identify a gap in research regarding nutrition concerns for this population, which turned into her graduate thesis study.

As Brianna is nearing the completion of her thesis, investigating specific nutrition concerns among CSUN student-athletes, her hope for the results of her study is to shine a light on the hidden food-related struggles of the student-athlete. By brining attention to these unknown issues, the community and university can provide student-athletes with the support they need to succeed both academically and athletically. As she continues to grow as a young professional, her hope in her career as a Registered Dietitian is to be able to use her nutrition education to continue to assist her community in its journey towards health equity.
Karim Damji is a graduate student in the Human Nutrition program at California State University, Northridge (CSUN) with a passion for research. Karim enjoys learning from his fellow CSUN students, and sharing the experience of a dietetic internship, and rigorous coursework with them. As a Registered Dietitian for AltaMed’s PACE program, he also enjoys making connections with the seniors of Los Angeles, and their families. Following his graduation from CSUN’s undergraduate Nutrition and Dietetics program, he moved to Mae Sot, Thailand, where he worked with Shoklo Malaria Research unit, a local NGO that provides much needed clinical services to the migrant population along the Thai-Myanmar border. When he is not studying, Karim enjoys kickboxing, volunteering, and feeding squirrels.
Orr Moshe

Orr is a senior studying Nutrition and Dietetics. She led the implementation of the CalFresh Healthy Living on College Campus grant. Her leadership led our program to receive CSU recognition on both exceeding grant deliverables and producing high-quality educational and outreach material. Orr also received 2nd place in the undergraduate Community Engagement Symposium for her work on the peer to peer nutrition education project at Grimmway Academy in Arvin, CA.

Priscilla Macias

Priscilla has an overall GPA of 3.38, and has actively participated in student organizations, including Vice President of the CSUN Catholic New Club and as a Campus Activist for the CSUN Nutritious Snack Campus Activism. Priscilla is currently a Dietetics Pathway Undergraduate Fellow as well as a BUILD PODER Scholar. Both of these activities serve not only the department of FCS but nutrition profession itself. In addition, she served the profession while simultaneously giving back to her community by volunteering as a nutrition and cooking educator for Live Well, Eat Smart and as nutrition and exercise educator for SOS Mentor in Sylmar, California. Priscilla’s positive attitude and enthusiastic demeanor toward education and serving her community is unequivocal and clear.
2020-2021 FCS Award Recipients
for Nutrition & Dietetics

Outstanding Graduating Senior Award
Lorena Melendez

Lorena Melendez is an active member and former officer of the SDFSA. She is a BUILD PODER scholar working on multiple project with interdisciplinary teams. Her research and service has been recognized by the American Heart Association and Drexel University. She has been an active intern and fellow of the Marilyn Magaram Center. Lorena has been accepted to Drexel Universitys MPH program with an accompanying scholarship that speaks to her excellence.

Outstanding Graduating Senior Award
Anush Mkrtchyan

Anush is a graduating senior at California State University, Northridge (CSUN) majoring in Family and Consumer Sciences (FCS), Nutrition, Dietetics and Food Science. She create recipe cards and delivers educational workshops designed to help student make healthier eating choices. She also volunteers writing for the VA’s “Let’s Get Healthy” e-mail newsletter. As an editor of the Student Dietetic and Food Science Association, Anush obtains and edit the contributions provided by the officers and embeds the content into the Newsletter.

As a former sport nutrition and child nutrition intern at Marilyn Magaram Center, she works with more than 300 athletes to assist them in choosing appropriate snacks suitable for the types of sport they were playing. Also, at the children’s lab school, she prepared appropriate and nutritionally balanced snacks, by making allergy-free snack substitutions for children with allergies.
Briana Caban grew up in the San Fernando Valley and enjoys staying connected to her church where she gets to play guitar and sing. She is currently a Senior in the Didactic Program in Dietetics at California State University, Northridge (CSUN). Briana is earning her Bachelors in Family and Consumer Sciences (FCS) focusing in Nutrition, Dietetics, and Food Science. She is Co-President of the Food Recovery Network CSUN Chapter and strives to advocate for fighting food waste and provide food access to low-income communities. Briana has always sought for mentorship within the field of dietetics and is currently a mentee in the Diversify Dietetics Program. Briana has done undergraduate research with the support of the USDA Pathways Program in multiple projects like the USDA Sodium Reduction Initiative, Lets Grow Healthy, and the Metabolism and Stress Assessment (MeSA) pilot study. Her next step is to earn her Master’s degree in Public Health with an emphasis in Community Health Education and take the steps necessary to become a Registered Dietitian Nutritionist (RDN).
Outstanding Service Award
Shelby Becker

Shelby Becker is an active member and former officer of the Student Dietetic and Food Science Association (SDFSA). She has also been an active intern at the Marilyn Magaram Center (MMC). Recently, Shelby joined the CalFresh Healthy Living on College Campuses Project and is leading a team of Public Health, and Nutrition and Dietetic students in delivering direct and indirect nutrition education. Shelby’s service also extends abroad, where she has spent the summer in Lisbon, Portugal supporting food security efforts among marginalized communities. More recently, Shelby joined the California Academy of Nutrition and Dietetics, Los Angeles District’s Diversity, Equity, and Inclusion Taskforce where she brings thoughtful ideas and insights into improving the diversity of the dietetics profession.
The mission of the WIC program is to provide women, infants, and children with health food and the knowledge and opportunity to make healthy choices in an atmosphere of dignity and respect, thus enhancing the potential for all Californians to enjoy a higher quality of life. The Ventura County WIC program is a health and nutrition program for growing families. WIC helps families by providing nutrition education, breastfeeding support, vouchers for healthy foods, and referrals to healthcare and other community services. In addition to serving families during critical periods of growth and development, the Ventura County WIC program has been a tremendous community partner to California State University, Northridge (CSUN) by offering the possibility to work together on the implementation of a thesis project for one of our Master’s level Nutrition and Dietetics students. In conjunction with this project, they have provided a multitude of opportunities for a total of 15 additional undergraduate and graduate student to gain research experience in a community-based setting as well as provide serving learning credits. They have worked together with our department as a trusted partner and guided student-learning by providing
Four years ago, we lost one of our dearest colleagues, Dr. Kyriakos Pontikis, professor of Interior Design at CSUN. He received his B. Arch. From Oklahoma State University and his M. Arch. And Ph.D. degrees from University of California, Berkley. From his association with his teacher and mentor at UC Berkley, the renowned Christopher Alexander, Kyriakos developed his own conceptual framework for “Eco-Humane Design”, which unifies ecological design with humane design in an effort to create livable and sustainable communities and building environments, aesthetics, and sustainable living.

During his tenure here at CSUN a professor, Kyriakos was committed to the value of sustainability education, served as an active member of the university’s Sustainability Curriculum Committee (2010-2012), and led the College of Health and Human Development’s Sustainability Committee. He assisted with the development and implementation of the Minor in Sustainability, which began in 2011 and was a significant step in strengthening the sustainability efforts on our campus. He taught several sustainability related upper-division courses in the Family and Consumer Sciences Department. He worked closely with CSUN’s architect office to give his FCS students the experience of incorporating green design concepts and principles into the design of the USU Wellness Center and other buildings on campus. Through coursework and research grants, he engaged students in community service-learning projects and provided design services to various public and private school in Los Angeles. He founded CSUN’s Chapter of Habitat for Humanity and worked with disadvantaged communities through local organizations such as MEND and Pacoima Beautiful. He was true ambassador for advancing sustainability at CSUN and in the community and providing students with meaningful learning experiences.

Kyriakos was a mentor to many students and a dear friend to us all. He is greatly missed by all who knew him.
In Loving Memory
Professor Allen Martin, Ph.D.
Consumer Affairs

Dr. Allen Martin served as Professor and Chair of the Department of Family and Consumer Sciences at CSUN. Allen received his bachelor and master degrees from Virginia Tech University and his Doctorate from Ohio State University.

He was a man of action who put his values into his work. Allen, a gift organizer, easily recognized people’s strengths, bringing them together for successful collaborations. Allen was Director of the Consumer Resource Center for nearly fifteen years. Under his leadership, students provided consumer and financial education to the local community. Over his professional career, Allen held multiple offices in the Society of Consumer Affairs Professionals, the American Council on Consumer Interest, and the Association of Financial Counseling and Planning Educators. He was proud of his appointments by both the California Governors, Gary Davis and Arnold Schwarzenegger, to the Commission on California Earthquake Authority. Most recently, Allen served as president of the Los Angeles District of the American Association of Family and Consumer Sciences and had held multiple state and national offices within the organization.

An author of many journal articles and presentations, Allen served on the editorial board for the Journal of Family and Consumer Sciences. He also served as treasurer for the Council of Administrators for Family and Consumer Sciences—deeply involved in university faculty governance. He served as the faculty rights chair of the California Faculty Association and was skillful in negotiations between administrative and faculty. Across campus and through the California State University system, there are many who consider Allen a good friend because he cared about them and defended them.

“Allen was a beloved faculty member who mentored hundreds of students through his teaching and many professional contacts,” said retired CSUN Professor, Alyce Akers, who preceded Martin as chair of the FCS department. “Allen led a life of service to others fueled by his tenacious optimism, affability, and tremendous energy. He will be terribly missed.”
A heartfelt thank you to,

The Donors
The College of Health and Human Development
The Department of Family and Consumer Sciences Faculty and Staff

...because without your generous support this would not be possible. You truly make the difference for our students, and we are extremely grateful!