Brief Guide to Computing (i.e. creating an index) in SPSS  
(Note that these screenshots are from version 9.0, and that you use version 10.0, which is pretty close.)

First, from the command menus, choose TRANSFORM then COMPUTE:

Give the new variable a name (I’ve called mine ODDINDEX, since this particular index probably isn’t very useful), then use the variables list, the black arrow, and the keypad to write your expression in the box on the top right (such as my “age + gender”). Click “OK” when done.

A new column will be created for your new variable in the DATA VIEW (spreadsheet window). Always check a couple of cases there to make sure that your index worked as you wanted it to.

In my example, the value of ODDINDEX is the value of age (that is, how old the respondent is) plus the value for their gender (1 for male and 2 for female). So my value for ODDINDEX would be 33, which is 32 for my age plus 1 for male.