Social Skills Resources

Books

*Meet Thotso, Your Thought Maker*

An interactive book for ages 3-5 that teaches children about the thoughts they make.

*You are a Social Detective (English and Spanish)*

A comic book intended for elementary school-aged children that teaches children to develop their own social detective tools and introduces the concepts of “expected” and “unexpected” behaviors. Can be purchased on www.socialthinking.com.

*Superflex series*

Comic books and a curriculum that introduces Superflex, a social thinking superhero who must defeat the Team of Unthinkables, characters with common unexpected behaviors. Can be purchased on www.socialthinking.com. Intended age 6-10


A resource for parents that introduces social thinking and Michelle Garcia Winner’s ILAUGH model that helps to pinpoint specific challenges. Can be purchased on www.socialthinking.com.

*Thinking About YOU Thinking About ME, 2nd Edition*


*Socially Curious and Curiously Social: A Social Thinking Guidebook for Teens & Young Adults with Asperger’s, ADHD, PDD-NOS, NVLD, or other Murky Undiagnosed Social Learning Issues*

A guidebook for teens to read themselves about how the social mind works. Can be purchased on www.socialthinking.com.

*The New Social Stories Book: 10th Anniversary Edition*

A collection of 150 Social Stories ™ and includes a CD. Can be purchased on www.thegraycenter.com.

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www.csunfamilyfocus.com
Social Skills Resources

**DVDs**

*Social Thinking Across the Home and School Day*

A DVD of a Michelle Garcia Winner presentation that introduces the ILAUGH Framework. Can be purchased on www.socialthinking.com.

*Time for a Playdate*


*Model Me Friendship*

Video modeling of skills needed to make and maintain friends including compromising, handling rejection, and initiating conversation. Intended for children who are 9-17. Can be purchased on www.modelmekids.com.

*Model Me Conversation Cues*


**Websites**

www.socialthinking.com

Provides information about the work of Michelle Garcia Winner, including blog, calendar of events, articles, workshops and bookstore

www.thegraycenter.org

Provides information about the work of Carol Gray, the creator of Social Stories™, including articles, calendar of events, workshops and bookstore

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Social Skills Instruction

Behavioral Learning Center, Inc.

Children are organized in groups based on skill level and age. There are both social skill and social thinking groups based on the needs of the child. Currently offered through private pay with NLACRC vendorization in process. To find out more information contact Elizabeth Fogaren at 661-254-7086 or efogaren@blcca.com.

Dynamic Interventions

Social skills groups and individual counseling for children and adults. Vendored with North Los Angeles County Regional Center and private pay. Call 661-257-1254 or email info@dynamicinterventions.net.

Zaroff & Zaroff

Social skills groups and individual counseling for children and adults. Healthy Relationships/Sexual Maturity groups for teens and adults. Vendored with North Los Angeles County Regional Center and private pay. Call 661-287-5996 or email eileen@zaroffandzaroff.com.

Program for the Education and Enrichment of Relationship Skills (PEERS) at UCLA Semel Institute

PEERS is a social skills training intervention for adolescents and young adults. It has a strong evidence-base for use with teens and young adults with autism spectrum disorders, but is also appropriate for teens and young adults with ADHD, anxiety, depression, and other socioemotional problems. Teens/young adults receive intervention while the parent receives training as well. For more info, call 310-267-3377 or email peersclinic@ucla.edu

http://www.semel.ucla.edu/peers

Program for the Education and Enrichment of Relationship Skills (PEERS) at CSUN

PEERS is a social education and training program for adolescents and young adults. The CSUN program meets at Monterey Hall at CSUN. Contact Dr. Dee Shepherd-Look at 818-677-3429 or email dshepherdlook@csun.edu.

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