HOW TO BECOME A REGISTERED DIETITIAN (RD)  
The Basics

(For additional information, visit Academy of Nutrition and Dietetics (AND) website at www.eatright.org)

You must complete the following steps in the process:

I. Academic Requirements

   A. **Undergraduate Students:**
   1. Earn a BS in Family and Consumer Sciences, Nutrition, Dietetics and Food Science (NDFS) and Verification statement

      Required coursework:

      DPD coursework (Flowchart) which includes DPD Science courses, DPD Professional courses, 5 GE Courses (Psych 150, Poli Sci 155, Com 151/L, Engl 115 and Soc 150), 4 FCS core courses (FCS 170,232,320 and 380) and General Ed/Title 5 courses (Upper Division GE courses).

   B. **Graduate Students:**
   1. Earn a Verification statement (No 2nd BS is granted)

      Required coursework:

      DPD coursework (Flowchart) which includes DPD Science courses, DPD Professional courses, 5 GE Courses (Psych 150, Poli Sci 155, Com 151/L, Engl 115 and Soc 150). No FCS Core course or Upper Division GE courses required

II. Dietetic Internship (DI)

   A. Programs are accredited/approved by the Academy of Nutrition and Dietetics (AND).

   B. This is a competitive process so planning is imperative

   1. Keep your grades up - >3.0
   2. Get work experience related to the field
   3. Demonstrate professional promise by being involved in student, department, Magaram Center, and professional activities
   4. visit CSUN’s DI website at hhd.csun.edu/csundi
C. visit the website www.dieteticinterntips.com for helpful information

III. Pass the RD exam given by AND – the final step toward registration

IV. Maintain your certification