

Appendix 7-5 Emotional Intelligence Test (EI)

Fall 2013

During the fall 2013 semester faculty began the systemic application of the Emotional Intelligence test. The Seniors RTM 490 class were asked to complete the survey thorough our departments Survey Monkey site. A total of 20 students completed the instrument and the overall composite mean was 4.2 on a 1 to 5 scale. The results to individual items are reported in the table below.

The test will continue to be given in subsequent semesters to build a data set of pre and post test groups that can then be used to see if a significant and meaning difference exists between students entering the program and upon completion in order to better assess this program learning outcome.

Emotional Intelligence Test Question Posttest Group – Fall 2013 – Seniors in RTM 490	Mean N=20
Associate different internal physiological cues with different emotions.	4.05
Relax when under pressure in situations.	4.15
“Gear up” at will for task.	4.55
Know the impact your behavior has on others.	4.7
Initiate successful resolution of conflict with others.	4.15
Calm yourself quickly when angry.	4.3
Know when you are becoming angry.	4.25
Regroup quickly after a setback.	4.15
Recognize when others are distressed.	4.6
Build consensus with others.	4.05
Know what senses you are currently using.	4.35
Use internal “talk” to change your emotional state.	4.2
Produce motivation when doing uninteresting work.	3.95
Help others manage their emotions.	3.95
Make others feel good.	4.7
Identify when you experience mood shifts.	4.25
Stay calm when you are the target of anger from others.	3.9
Stop or change an ineffective habit.	3.75
Show empathy to others.	4.2
Provide advice and emotional support to others as needed.	4.5
Know when you become defensive	3.7
Know when you are thinking negatively and head it off.	4.05
Follow your words with actions.	4.15
Engage in intimate conversations with others.	4.15
Accurately reflect people’s feelings back to them.	4.25
Average of all scores	4.2