California State University Northridge

EOH 356A - Environmental Health I

Introduction

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- 1. Sanitarian: a person who applies Environmental Health to manage our surroundings. (NEHA: National Environmental Health Association)
- 2. Environmental the area of <u>public health</u> that studies how the <u>environment</u> affects human <u>health</u>. <u>CDC: Centers for Disease Control and Prevention</u>

(environment <---> humans)

- 3. Public a group of disciplines devoted to the <u>prevention</u> of disease and the <u>promotion</u> of health from the community <u>perspective</u>. (APHA: American Public Health Association)
- 5. Environment: the sum of all external conditions and influences in human's surroundings, which include biological, chemical, physical, psychological, and sociological hazards.
- 6. Epidemiology: the study of the distribution and determinants of disease.
 - a) determinants: "causes"
 b) distribution: rates:
 - prevalence: # of existing cases ("sick people")
 total population
 - incidence: # of new cases in a time frame
 # of people exposed
 - c) disease: mutagenesis: teratogenesis: causes cancer causes genetic disorders causes birth defects

7. Interaction of contaminants:

| a) | synergism: | 1 | + | 1 | = | 3 |
|----|---------------|---|---|---|---|---|
| b) | potentiation: | 1 | + | 0 | = | 2 |
| C) | antagonism: | 1 | + | 1 | = | 0 |

- 8. Followup:
 - a) EOHSA: Environmental and Occupational Health Students Association
 - b) CEHA: California Environmental Health Association
 - c) CSUN Department of EOH / About our Faculty
 - d) NLM: National Library of Medicine

To take quiz, click here Web address for this page For the online version of these pages, go to http://www.csun.edu/~vchsc006/pages.htm

Legal concepts

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Legal databases, interview county health dept or Robert Kwong A. General

| 1. law: | binding requirements imposed by government. (a general term) |
|-------------------|---|
| 2. rights: | a power, privilege, or interest, protected by law. |
| 3. duties: | the corresponding responsibility to respect a right. |
| 4. stare decisus: | "the decision stands" |

B. Types of law (by precedence)

| 5. constitutional: | <pre>fundamental laws of a government includes: federal and state constitutions, city charters</pre> |
|--------------------|--|
| 6. statutory: | laws passed by vote of legislature or public includes: statutes, ordinances, referenda |
| 7. administrative: | laws written by appointed officials (agencies) includes: regulations, rules |
| 8. common: | <pre>laws taken from previous court decisions includes: tort law = a "private wrong" separate from statutes and contracts (also includes nuisance laws and eminent domain)</pre> |

C. Other fundamental powers

| 9. nuisance laws: | government may limit use of property if it harms others or is "unreasonable" |
|--------------------|---|
| 10.eminent domain: | government may "take" property if: for the public interest, and fair compensation is made |
| 11.police power: | government must have power to enforce its own regulations |
| 12.subpoena: | court order for records or witnesses in court |

Legal concepts (continued)

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- D. Responsibilities
 - 1. malfeasance: unauthorized (wrongful) act by an official.
 - 2. misfeasance: authorized act in an unauthorized manner.
 - 3. nonfeasance: failure to perform duty (without excuse).
 - 4. due process: fairness and completeness of laws
 - 5. equal consistency of law protection:
 - 6. exclusionary evidence must be legally obtained rule:
 - 7. demurrer: admit to facts but challenge legal propriety
- E. Approaches:
 - 8. litigation: to settle a dispute in a court of law
 - 9. arbitration: to settle a dispute out of court in a binding settlement with the services a disinterested person
 - 10. negotiation: to settle a dispute out of court in a nonbinding settlement between the interested parties
 - 11. administrative formal and informal means to gather information hearings: and clarify positions
- F. Other
 - 12. NEPA: National Environmental Policy Act (1969)
 - established Council on Environmental Quality: advise president on environmental issues
 - projects funded by the federal government require environmental impact statements

Population and Energy

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- A. Population
 - 1. Global: almost 7 billion
 - 2. Top 5 countries: China, India, former U.S.S.R., U.S., Indonesia
 - 3. 14 Mega-cities (>10 million): Tokyo, Osaka, Manilla, Seoul, Calcutta, Bombay Moscow, Cairo, New York, Los Angeles
 - 4. Demographic a theory that economic and technological growth transition: leads to a decline in death rates

followed by a decline in birth rates

| Figure 1: | | Stage 1 | Stage 2 | Stage 3 | Stage 4 |
|-----------|--------------------------|---------------|------------------|----------------------|----------------|
| | Birth Rate Death Rate | \sim | 2 | \checkmark | |
| | Level of Technology | Preindustrial | Early Industrial | Mature Industrial | Postindustrial |
| | Population Growth | Slow | Rapid | Slow | Very Slow |

B. Energy

5. Greatest use: industrial countries (U.S. is #1).

greatest less developed countries increase: and "centrally planned economies"

- 6. Non-renewable fossil fuels, nuclear power
 resources:
- 7. Renewable solar, organics (e.g., methane), resources: wind, water, geothermal; wood, crop residue, animal dung

Communicable Disease

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- 1. communicable transmission disease: of an agent (or its by-product) from reservoir to host.
- 2. agent: a factor that must be present for a disease to occur in a susceptible host.
- 3. infection: growth of a pathogenic microbe in a host (with or without evidence of disease) (also called "sepsis").
- 4. pathogenicity: capable of producing disease.
- 5. virulence: harmfulness of a disease.
- 6. reservoir: any place where an infectious agent depends primarily for survival.
- 7. host: any animal infected by an agent; may be diseased or may be intermediate host.
- 8. incubation time interval between exposure period: to infectious agent and first sign or symptom of disease.
- 9. carrier: person or animal that harbors an organism of disease without showing symptoms.
- 11. transmission: any mechanism by which a susceptible human host is exposed to an infectious agent.
- 12. fomites: inanimate objects (other than food, water) which harbor or transmit infectious organisms.
- 13. vector: insect or other animal that may transfer pathogens to humans.
- 14. infestation:

| humans, animals: | lodgment, development, and reproduction of arthropods on the surface of the body or in clothing. |
|------------------------|--|
| articles, premises: | harboring or sheltering animals (especially arthropods or rodents). |

Selected Airborne Diseases

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| <pre>1. Common cold agent: reservoir: transmission: <u>http://www.you</u></pre> | rhinoviruses, coronaviruses, others human direct contact tube.com/watch?v=7fmJxALot1E |
|---|---|
| <pre>2. Influenza: agent: reservoir: transmission:</pre> | <pre>influenza viruses (3 major serotypes): type A: widespread, pandemics type B: local epidemics type C: only in sporadic cases human same as cold</pre> |
| 3. Tuberculosis: agent: reservoir: transmission: | Mycobacterium primarily human primarily droplet nuclei |
| <pre>4. Coccidioidomycosis: agent: reservoir: transmission:</pre> | <u>Coccidioides immitis</u> (fungus) soil airborne |
| 5. Pneumonia: (not a specific disease, | inflammation of the lungs with congestion but a pathological term i.e., symptoms) |
| reservoir: transmission various agents: | essentially human generally direct, sometimes airborne |
| 5. pneumococcal pneumonia | (Streptococcus pneumoniae) |
| 6. mycoplasmal pneumonia | (Mycoplasma pneumoniae) |
| 7. pneumocystis pneumonia | (<u>Pneumocystis carinii</u>) |
| 8. chlamydial pneumonia | (Chlamydia trachomatis) |
| 9. others: | <pre>various viruses, rikettsias (Q fever), Legionella, worms (nematodes), etc.</pre> |

Selected Water-borne Diseases

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1. typhoid fever

| agent: | Salmonella typhi |
|---------------|-------------------------------------|
| reservoir: | human |
| transmission: | indirect, vectorborne (flies) |
| symptoms: | can be asymptomatic |
| | fever, gastroenteritis, nosebleeds |
| | rose spots (red patches on abdomen) |

2. paratyphoid fever

| agent: | 3 main groups of <u>Salmonella paratyphi</u> |
|---------------|--|
| reservoir: | primarily human |
| transmission: | same as typhoid fever |
| symptoms: | similar to typhoid, but much less virulent |

3. Cholera

| agent: | Vibrio cholera |
|---------------|---|
| reservoir: | human; perhaps environmental reservoirs |
| transmission: | fecal (or vomitus) |
| | [direct, indirect (food, water, flies)] |
| symptoms: | sudden and severe diarrhea |
| | vomiting, dehydration, death |

4. Shigellosis (bacillary dysentary)
 (dysentary) = acute colitis with diarrhea

| agent: | 4 groups of genus Shigella (bacteria) |
|---------------|--|
| reservoir: | humans; primates |
| transmission: | <pre>fecal [direct, indirect (food, water, flies)]</pre> |
| symptoms: | diarrhea, fever, nausea |
| | stools contain blood, mucus, and pus |

5. Amebiasis (amebic dysentary)

| agent: | Entamoeba histolytica (a protozoon) |
|---------------|--|
| reservoir: | human; usually a chronically ill |
| | or asymptomatic carrier |
| transmission: | <pre>fecal [direct, indirect (food, water, flies)]</pre> |
| | acute patients pose limited danger |
| | (absence of cysts) |
| symptoms: | often asymptomatic; fever, chills, diarrhea |
| | stools contain blood, mucus |

6. Giardiasis

| agent: | Giardia lamblia (protozoan) |
|---------------|--|
| reservoir: | numan; possibly other animals |
| transmission: | fecal (water or food) (cysts resist treatment) |
| symptoms: | often asymptomatic; diarrhea, cramps, fatigue |

Selected Helminthic Diseases

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1. Trichinosis

| agent: | Trichanella spiralis |
|---------------|---|
| reservoir: | pigs, wild boar, bears, foxes, wolves, rats |
| transmission: | eating infected animals |
| symptoms: | nausea, gastroenteritis |
| | (must thoroughly cook pork >150 deg. F) |
| | |

2. Ascariasis (roundworms)

| agent: | primarily Ascaris lumbricoides | | |
|---------------|------------------------------------|--|--|
| reservoir: | humans, infected soils | | |
| transmission: | not person to person | | |
| | ingestion of infective eggs (soil) | | |
| symptoms: | live worms in stool | | |
| | varied: coughing, fever, nutrition | | |

3. Schistosomiasis (blood flukes)

| agent: | Schistosoma (4 species) | | |
|---------------|-----------------------------------|--|--|
| reservoir: | humans (and various animals) | | |
| transmission: | vectors (biological) | | |
| | larvae from snail infested waters | | |
| symptoms: | varied | | |

4. Other helminthic diseases

| a. | beef tapeworm | Taenia saginata |
|----|----------------------------------|------------------------|
| b. | pork tapeworm | <u>Taenia solium</u> |
| с. | fish tapeworm | Diphyllobothrium latum |
| d. | dracunculiasis (dracontiasis) | Dracunculus medinensis |
| e. | ancylostomiasis (hookworm) | Ancylostoma |
| f. | enterobiasis (pinworm) | Enterobias |

Selected Miscellaneous Diseases

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1. Ringworm

| agent: | Microsporum, Trichophyton, others (fungi) |
|---------------|--|
| reservoir: | infected human or animal |
| transmission: | physical contact |
| symptoms: | <pre>dermatitis (athlete's foot,jock itch, etc.)</pre> |
| control: | cleaning floors, showers, clothing |

2. Tetanus

| agent: | Clostridium tetani | | |
|-----------------------------------|---------------------------------|--|--|
| reservoir: | soil, street dust, animal feces | | |
| transmission: entrance in a wound | | | |
| symptoms: | muscular contractions, spasms | | |
| | case fatality can be high | | |
| control: | immunization, cleansing wounds | | |

3. Anthrax

| agent: | Bacillus anthracis | | |
|---------------|--|--|--|
| reservoir: | cattle, sheep, goats, horses, swine | | |
| transmission: | contact with hides or meat, flies | | |
| symptoms: | itchy skin; complications if untreated | | |
| control: | vaccine, sanitation, dust control | | |

4. Leprosy

| agent: | Mycobacterium leprae | |
|---------------|---------------------------------------|--|
| reservoir: | humans | |
| transmission: | not clearly established | |
| | prolonged contact is important | |
| symptoms: | disease of skin, nerves, nasal musosa | |
| | symptoms vary | |

Selected Food Related Illnesses

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A. Infections

| 1. Salmonellosis | Salmonella typhimurium |
|------------------|------------------------|
| | Salmonella enteritidis |
| 2. Campylobacter | Campylobacter jejuni |
| 3. Listeriosis | Listeria monocytogenes |
| 4. Hepatitis | type A = infectious |
| 5. Brucellosis | Undulant Fever |
| 6. Trichuriasis | Trichuris thrichiura |
| 7. Anisakiasis | Anasakidae family |

B. Intoxications

| 8. | Staphyloccoccus | Staphyloccoccus aureus |
|-----|-----------------|-------------------------|
| 9. | Botulism | Clostridium botulinum |
| 10. | Perfringens | Clostridium perfringens |

C. Poisonous plants/animals

| 11. | Favism | Vicia faba |
|-----|---------------------|------------|
| 12. | Snake root | Eupatorium |
| 13. | Paralytic | |
| | shellfish poisoning | |
| 14. | Ciguatera | |

- 15. Scombroid Scombridae family
- D. Others

| agent: | Vibrio parahemolyticus |
|---------------|---|
| reservoir: | oceans (variety of seafood) |
| transmission: | poorly cooked seafood |
| symptoms: | diarrhea, abdominal cramps (rarely fatal) |
| | transmission: |

- 17. agent: Bacillus cereus reservoir: soil transmission: especially cooked rice at room temperatures symptoms: sometimes vomiting, sometimes diarrhea
- 18. agent: Clostridium perfringens (anaerobic sporeformer)
 reservoir: soil; also, GI tract of healthy humans or animals
 transmission: spores survive normal cooking,
 then germinate, multiply, and produce toxins
 symptoms: diarrhea, nausea; usually no vomiting or fever
- 19. agent: Copper poisoning
 transmission: copper in prolonged contact with acid foods or
 carbonated beverages
 (e.g., improper vending machines)
 symptoms: vomiting and weakness in < 1 hour (often minutes)</pre>

Food Controls

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A. Pasteurization:

- 1. Ultra Pasteurization: >280 deg. F for >2 seconds
- 2. Ultra High Temperature: 191-212 deg. F. for 1 to .01 seconds (UHT)
- 3. High Temp. Short Time: 161 deg. F for 15 seconds (HTST)
- 4. Holder pasteurizer: 145 deg. F for 30 minutes

B. Food and Temperatures:

5. Thermometers: required in refrigerators.

should be: readily visible at the warmest part of the unit accurate to 1 degree Centigrade

- 6. Stem
 (or probe)
 thermometer:
 designed to check food temperatures
 typically has metal stem
 with temperature readings at top of thermometer
 Restaurant operators must have on the premises.
- 7. Maximum used to check temperatures in dishwashing machines thermometer:
- Refreezing: frozen foods may not be thawed and refrozen (exception: when food is cooked or processed after thawing).

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- C. Canning operations:
 - 1. soaking reduces spoilage bacteria
 and washing:
 - 2. sorting consistent quality of product
 and grading:
 - 3. blanching: direct contact with hot water or steam
 destroys enzymes (reducing chemical changes)
 softens tissues to fit in can
 washes away "raw" flavor
 - 4. exhausting: heat foods in cans prior to closing can produces partial vacuum
 - 5. sealing: secures lid on can hermetic double seam when can cools, lids pull in (concave)
 - 6. retort closed vessel for "sterilization" of food
 processing: 240 degrees for 30 minutes
 - 7. cooling: quick cooling minimizes thermophilic bacteria potential for water contamination through seams (water must be disinfected)

D. Dishwashing:

- 8. Manual 3 compartment sink: method: detergent and warm water: good at removing, not killing bacteria most important step in dishwasing rinse: removes detergent before sanitizer sanitizer: a "polishing" step hot water (180 deg F, 30 seconds) chemicals and warm water (75 deg F): chlorine: 100 ppm for 30 seconds quaternary ammonia: 200 ppm for 1 minute iodine: 25 ppm for 1 minute 9. Machine see NSF standards (National Sanitation Foundation) method: wash: 140-160 deg. F
 - rinse: 180 deg F, 10 seconds, 15-25 psi (water pressure) or chlorine rinse (50 ppm)

HACCP = Hazard Analysis and Critical Control Point

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developed by Pillsbury Company for NASA astronauts in 1960s since then, adopted by FDA, USDA, and Dept. of Commerce predicts hazards and controls them before they happen

1. Identify hazards (i.e., biological, chemical, and physical hazards)

> identify potentially hazardous foods assess risk (e.g., high, medium, low, negligible)

2. Identify critical control points

def. = any point in an operation where the hazard can be eliminated, prevented, or minimized

observe the handling of food throughout its lifetime identify: sources of contamination, and potential for microbes to survive or grow

3. Establish controls

identify: control criteria (e.g., temperatures) corrective action

4. Monitor

monitor the critical control points record the data

5. Establish corrective action

take action when criteria are not met

- 6. Verify that HACCP is functioning
- CURFFL = California Uniform Retail Food Facilities Law California Health and Safety Code, Division 22, Chapter 4, Articles 1-17 (containing sections 27500-27863)

Articles

| 1. | general provisions | 9.0 | open air barbecue facilities |
|----|---------------------------------|-----|----------------------------------|
| 2. | definitions | 10. | vending machines |
| 3. | plan review and permits | 11. | vehicles |
| 4. | enforcement and inspection | 12. | mobile food preparation vehicles |
| 5. | permit suspension / revocation | 13. | temporary food facilities |
| 6. | general sanitation requirements | 14. | produce stands |
| 7. | sanitation requirements for | 15. | certified farmer's markets |
| | food facilities | 16. | satellite food distribution |
| 8. | sanitation requirements for | 17. | restricted food service transien |

- 8. sanita food establishments
- ient. occupancy establishments

| | ial Food Protection: s what in the federal government? | | | | |
|-----------------|--|--|--|--|--|
| Click here | to start recorded lecture. | | | | |
| A. hopelessly | 35 laws | | | | |
| fragmented: | 12 agencies | | | | |
| | 51 interagency agreements (not counting federal-state interagency agreements) | | | | |
| B. 6 major | 1. Food and Drug Administration (FDA) | | | | |
| agencies: | 2. Environmental Protection Agency (EPA) | | | | |
| | 3. National Marine Fisheries Service (NMFS) | | | | |
| | U.S. Department of Agriculture (USDA): | | | | |
| | 4. Food Safety and Inspection Service (FSIS) | | | | |
| | 5. Agricultural Marketing Service (AMS) | | | | |
| | 6. Federal Grain Inspection Service (FGIS) | | | | |
| C. funds: | USDA receives about 3/4 of federal funds FDA is second, with about 1/8 of federal funds | | | | |
| D. FDA major | 1. Food Drug and Cosmetic Act | | | | |
| laws: | 2. Egg Products Inspection Act | | | | |
| | 3. Federal Anti-tampering Act | | | | |
| | 4. Import Milk Act | | | | |
| | 5. Infant Formula Act | | | | |
| | 6. Pesticides Monitoring Improvements Act | | | | |
| | 7. Public Health Service Act | | | | |

Selected Food Additives

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1. DES: Diethylstilbestrol

synthetic estrogen used to fatten cattle and chickens

effects: carcinogen, mutagen

FDA banned in 1977

2. sodium illegal to mask food nitrite: interferes with browning of meat: myoglobin + sodium nitrite --> met-myoglobin

deters spoilage and botulism in cured meats

effects: headaches or hives in sensitive persons nitrites --> nitrosamines (carcinogen)

however: not a direct additive no evidence of increased cancer nitrates reduce to nitrites inadult saliva (nitrates found in spinach, celery, lettuce, etc.)

3. monosodium (MSG, flavor enhancer, natural flavoring, glutamate: hydrolyzed vegetable protein)

> effects: headaches, nausea, diarrhea, burning sensation, chest pain, etc. brain lesions in monkeys and mice

4. aspartame: only in sensitive persons (phenylketonurics) effects: swelling of eyelids, lips, hands, or feet

5. sulfites: effects: abdominal cramps, diarrhea, low blood pressure, elevated pulse, light headedness, chest tightness, asthma, hives

> FDA banned use on raw fruits and vegetables FDA requires labels when more than 10 ppm

Selected Arthropod Pests

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| Α. | arthropods: | insects | (roaches, fleas, flies, mosquitoes, lice) |
|----|-------------|-----------|---|
| | | arachnids | (ticks, mites, spiders) |
| | | others | (myriapods, diplopods, crustaceans) |

Insect Pests

B. Roaches:

- 1. American cockroach: Pareplaneta americana large (about 1.5 inches) reddish brown
- 2. Oriental <u>Blatta orientalis</u> cockroach: <u>about 1 inch</u> brown or black
- 3. German cockroach: Blatella germanica medium (about 1/2 inch) light brown
- 4. Brown-banded Supella longipalpa cockroach medium (about 1/2 inch) light brown with darker brown bands across abdomen

C. Fleas:

| 5. C | at | Flea: | Ctenocepalides | | | felis |
|------|----|-------|----------------|----------|---|--------|
| | | | not | normally | а | vector |

- 6. Dog Flea: Ctenocepalides canis not normally a vector
- 7. Oriental Xenopsylla cheopis Rat Flea: Spreads plague, etc.

Selected Arthropod Pests (continued)

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Insect Pests (continued)

D. Flies:

1. House fly: Musca domestica 2. Lesser Fannia House fly: 3. Stable fly: Stomaxys 4. Bottle fly: Caliphora (or Blow fly) 5. Flesh fly: Sarcophagidae 6. Horse fly: Tavanus (or gadfly) 7. Vectors: Tsetse fly: Glossina Black fly: Similium 8. Ash whitefly: not a true fly (related to aphids) waxy coating prevents absorption of insecticide no natural enemies in California

E. Mosquitoes:

| 9. | Anopheles: | transmits | malaria |
|----|------------|-----------|-----------------|
| | | Anopheles | quadrimaculatus |
| | | Anopheles | albimanus |
| | | Anopheles | freeborni |
| | | | |

- 10. Culex: <u>Culex pipiens</u> Culex tarsalis
- 11. Aedes: <u>Aedes aegypti</u> <u>Aedes albopictus</u>

F. Lice:

| 12. head lice: | Pediculus humanus capitis |
|----------------|--|
| 13. crab lice: | <u>Pthirus pubis</u> pubic lice |
| 14. body lice: | Pediculus humanus corporis a major vector |

Selected Arthropod Pests (continued)

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Arachnid Pests

A. Ticks:

1. hard ticks: Ixodidae:

Ixodes dammini

Ixodes pacificus

Dermacentor andersoni

Dermacentor variabilis

2. soft ticks: Argasidae:

Ornithodoris hermsi

Ornithodoris coriaceus

B. Mites:

3. chiggers: larval stage

C. Spiders:

- 4. black widow
- 5. brown recluse

Selected Insect-borne diseases

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1. Onchocerciasis (river blindness)

| agent: | Onchocerca volvulus (nematode, or roundworm) |
|---------------|---|
| reservoir: | mostly humans |
| transmission: | bite of infected female blackfly |
| | (genus Similium) biological vector |
| symptoms: | chronic, nonfatal (incubation 1 year or more) |
| | intense itching, impaired vision |

A. mosquito-borne

2. human malarias

| agent: | Plasmodium |
|---------------|--|
| reservoir: | human, infected mosquitoes |
| transmission: | anopheles mosquites |
| symptoms: | fever, chills, sweats |
| | CNS effects (headache, delirium, coma) |

3. filariasis

| agent: | Wuchereria, | Brugia | (nematodes, | or | roundworms) |
|---------------|-------------|----------|--------------|-----|----------------|
| reservoir: | humans | | | | |
| transmission: | mosquitoes | (Aedes, | Anopheles, | and | Culex) |
| symptoms: | asymptomati | c; fev | ver, asthma | | |
| | elephantias | is in ch | nronic cases | (ei | nlarged limbs) |

4. yellow fever:

| agent: | yellow fever virus (a flavivirus) |
|---------------|---|
| reservoir: | humans (sometimes monkeys) and mosquitoes |
| transmission: | Aedes mosquito |
| symptoms: | sudden onset, fever, jaundice |
| | headache, backache, vomiting |

5. dengue (breakbone) fever

| agent: | Dengue virus |
|---------------|---------------------------------------|
| reservoir: | human, infected mosquitoes |
| transmission: | Aedes mosquitoes |
| symptoms: | headache, joint and muscle pain, rash |

6. Arthropod-born viral encephalitis

| agents: | Eastern equine, Western equine, |
|---------------|---|
| | California encephalitis, etc. |
| reservoir: | unknown for most agents |
| | (possibly birds, rodents, bats, reptiles) |
| transmission: | Culex mosquitoes, possibly Aedes and others |
| symptoms: | often asymptomatic |
| | inflammation of brain, spinal cord, meninges |
| | headache, fever, convulsions, paralysis, coma |

Selected Arachnid-borne diseases

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- A. Tick-borne
 - 1. Rocky mountain spotted fever

| agent: | Rickettsia rickettsii |
|---------------|---|
| reservoir: | dogs, rodents, other animals |
| transmission: | infected ticks (various species) |
| symptoms: | fever, headache, malaise, chills, rash, death |

2. Tularemia

| agent: | Francisella tularensis |
|---------------|---|
| reservoir: | wild animals (rabbits, muskrats) |
| transmission: | bite of flies or wood ticks, |
| | handling or ingestion of infected animals |
| symptoms: | typically: swollen lymph nodes, gastroenteritis |

3. Colorado tick fever

| agent: | Colorado tick fever virus |
|---------------|--|
| reservoir: | <pre>small animals (squirrels, chipmunks, porcupine)</pre> |
| transmission: | infected ticks: Dermacentor andersoni |
| symptoms: | similar to Dengue fever |

4. Q fever

| agent: | Coxiella burneti (rickettsia) |
|---------------|--|
| reservoir: | ticks, various wild and domestic animals |
| transmission: | raw milk from infected cows, or direct contact |
| symptoms: | typically: chills, headache |

5. Relapsing fever

| agent: | Borrelia recurrentis | (spirochete) |
|---------------|--------------------------------|---------------------|
| reservoir: | <pre>louse-borne: human;</pre> | tick-borne: rodents |
| transmission: | lice or tick bites | |
| symptoms: | rash, fever | |

B. Mite-borne

6. Scrub typhus

| agent: | Rickettsia tsutsugamushi |
|---------------|--------------------------------------|
| reservoir: | infected larval mites, wild rodents |
| transmission: | mite bites |
| symptoms: | skin ulcer at site of bite, headache |

7. Scabies (sarcoptic itch, acariases)

| agent: | <u>Sarcoptes scabiei</u> (a mite) |
|---------------|---|
| reservoir: | humans |
| transmission: | skin to skin, mites can burrow in < 3 minutes |
| symptoms: | itching, lesions |

Selected Zoonoses

Click **here** to start recorded lecture.

1. Zoonoses: diseases and infections transmitted between vertebrate animals and humans

2. Plague:

| agent: | Yersinia pestis |
|---------------|--|
| reservoir: | wild rodents and infected fleas |
| transmission: | mainly flea bite (especially Xenopsylla cheopis) |
| | sometimes person to person (respiratory) |
| symptoms: | swollen lymph nodes, fever, pneumonia |

3. Murine typhus fever (or endemic typhus):

| agent: | mainly <u>Rickettsia typhi</u> | |
|---------------|--------------------------------|----------------------|
| reservoir: | rodents, fleas, opossum | |
| transmission: | bite or feces of rat flea | (Xenopsylla cheopis) |
| symptoms: | headache, chills, fever | |

4. Leptospirosis:

| <u>Leptospira interrogans</u> (a spirochete) |
|--|
| farm animals and pets; |
| usually rats and other rodents |
| contact of skin with water, soil or vegetation |
| contamination by urine |
| may be asymptomatic, |
| fever, headache, chills, malaise, vomiting |
| |

5. Psittacosis:

| agent: | Chlamydia psittaci |
|---------------|---|
| reservoir: | birds (pigeons, parrots, parakeets, |
| | turkeys, ducks) |
| transmission: | airborne (inhaling dried droppings) |
| | person to person is rare |
| | incubation 4-15 days (usually aabout 10 days) |
| symptoms: | varies (fever, headache, chills, sometimes cough) |

6. Rabies:

| agent: | rabies virus |
|---------------|---|
| reservoir: | 1. skunks 2. bats and racoons |
| | 3. foxes 4. dogs, cats, cattle |
| transmission: | mainly animal bites, or licks on wounds |
| | rarely: scratches, airborne, person to person |
| symptoms: | incubation period: 2-8 weeks |
| | fever, paralysis |
| | untreated, almost always fatal |

Selected Insecticides

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- A. inorganic:
 - 1. Boric acid powder
 - 2. Sodium fluoride
 - 3. Paris Green: arsenic trioxide + copper acetate
 - 4. Silica gel (SiO2): a dessicant
- B. botanicals: "natural" pesticides
 - 5. Pyrethrum from chrysanthemums, often used with (and pyrethroids): a synergist (piperonyl butoxide)
 - 6. Rotenone roots of Derris plant (legume) (and rotenoids): dusting powder for ticks on animals
 - 7. Nicotine: usually nicotine sulfate
- C. chlorinated hydrocarbons: usually low toxicity, but persistent
 - 8. DDT: dichloro diphenyl trichloroethane
 - 9. others: mirex, endrin, dieldren, chlordane, BHC, heptachlor, toxaphene
- D. organophosphates: usually low persistence, high toxicity acetylcholinesterase inhibitor
 - 10. Parathion, Malathion
 - 11. DDVP (Dichlorvos) Diazinon
- E. carbamates: also an acetylcholinesterase inhibitor
 - 12. Carbaryl (Sevin) Aldicarb

Selected Rodenticides

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| Α. | anticoagulants: | multiple doses kill by internal bleeding |
|----|-----------------|--|
| | 1. warfarin | |
| | 2. others: | pival, fumarin, PMP, diphacinone |
| в. | botanicals: | |
| | 3. Red squill: | (from the plant) natural emetic (causes vomiting) |
| | 4. others | bay leaves, cucumber skins |
| С. | quick kill: | extremely toxic |
| | 5. 1080 1081 | (Sodium Fluoroacetate) (Sodium Fluoroacetamide) only for registered pest controllers |
| | 6. others: | Strychnine, Zinc phosphide, cyanide gas ANTU (<u>a</u> lpha <u>n</u> aphtyl <u>t</u> hio <u>u</u> rea) |
| D. | selective: | toxic to Rattus genus |

7. Norbromide: vasoconstrictor

8. evidence of droppings, burrows gnawing marks (wood, cement, wires, etc.) urine (shiny streaks under blacklight) greasy runways (especially Rattus norvegicus)
9. other first, kill fleas (ectoparasite) cement or steel curtains around house to prevent burrowing traps (traditional, or adhesive)

Pest Control

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- A. Alternative Pests Controls:
 - 1. quarantine
 - 2. antifeedants/ irritants to surface feeding insects
 repellants: no feeding = starvation (e.g., pyrethrum)
 - 3. natural birds, spiders
 predators: bacteria, viruses (e.g., <u>Bacillus thuringiensis</u>)
 Gambusia affinis (eats mosquito larvae)
 - 4. agricultural irrigation (e.g., minimize standing water) practices: rotate crops (some crops are naturally resistant) destroy crop residues (reduces food for pests)
 - 5. natural
 pesticides: (e.g., botanicals)
 - 6. resistant
 crop strains: (genetic engineering)

 - 8. juvenile internal chemicals that regulate growth
 hormones: (e.g., eggs hatching to nymphs)
 if we can synthesize juvenile hormones:
 altered concentration = no development
 low toxicity
 difficult for pests to develop resistance
 - 9. autocide: insect sterilization (usually U.V. radiation) sterile males mate with fertile females most effective when pest population is low complements chemical methods (which are more effective when pest population is high)

B. Laws:

| 10. FIFRA (1947): | Federal Insecticide, Fungicide, and Rodenticide Act registers pesticides, requires testing |
|-------------------|---|
| 11. FEPCA (1972): | Federal Environmental Pesticides Control Act allows EPA to regulate pesiticides |
| 12. TOSCA (1977): | Toxic Substances Control Act allows EPA to: require information from chemical manufacturers, test new chemicals for environmental and health effects, regulate chemicals not addressed by other laws. |

Solid Waste Click here to start recorded lecture.

A. Solid discarded material (EPA definition)

waste:

includes: solids, liquids, contained gases

- excludes: agricultural wastes returned to soil mining and milling wastes returned to mine domestic sewage, and nuclear materials (!)

- B. phases: input process output outcome generation --> transfer --> disposal --> effects | | | | source resource remediation | reduction recovery compensation
 - 3. collection: greatest cost of solid waste management
 - 4. transfer: temporary holding facilities (for collection, storage, some treatment)
 - 5. treatment: to reduce volume, mass, or risk
 - 6. incineration: controlled combustion of waste

7. RDF: refuse derived fuel (waste is incinerated)

- 8. mass burn: nothing is sorted
- 9. controls: temperature (1400-1800 degrees F.) turbulence (oxygen) -- grates: rectangular, vertical circular, rotary kiln, others time (continuous preferred over batch)
- 10.ash: solid residue that remains after burning
 (bottom ash = at bottom of incinerator)
 (fly ash = smaller airborne particles)

11.pyrolysis: burn wastes with no added oxygen ("roasting")

Solid Waste (continued)

Click **here** to start recorded lecture.

12. composting: controlled biodegradation of plant and animal matter 13. humus: decomposed plant and animal matter soil conditioner (poor fertilizer) 14. windrows: long rows of compost 15. procedure: shred (allows faster decomposition) spread in thin layers (2"-6"): carbon layers: paper, leaves, sawdust nitrogen layers: grass, kitchen scraps, fruit activator layers: manure (dog droppings, etc.) soil fertilizer sprinkle with water to maintain moistness ventilate AVOID: meat, grease, bones, and weeds 16. problems: odor: if ammonia smell, add carbon if rotting smell, add carbon, ventilate, stop watering if too slow: add nitrogen, activator maintain water and oxygen any process where materials are recovered 17. resource rather than discarded recovery: 18. reuse: use again in same way 19. reclamation: (utilization) use in new ways 20. recycling: use raw material in various ways (e.g., cullet = ground glass) 21. source to re-evaluate and eliminate waste generation reduction: 22. tipping fees: charge to dump garbage at a disposal site (\$/ton)

A. Features:

| D | protective lining: layers (lifts): cover material: | <pre>e clay soils or synthetic liners (PVC, PE) 8-10 ft. deep (after compaction) intermediate settling (prefer 1 year) before next lift daily: 6 inches intermediate: 12 inches final cover: 24 inches 2-4 % grade (for proper drainage) less than 30 degrees on side slopes</pre> |
|----|--|--|
| Б. | | |
| | 4. area: | uses natural slope: valley or ravine methods low area method ramp method |
| | 5. trench: | man-made |
| С. | Processes: | |
| | 6. LFG: | landfill gas |
| | aerobic: anaerobic: | a. lasts several days to several months b. mostly CO2 formation (acid formers) c. increased methane formation (methane producers) d. stabilized (roughly equal % of methane and CO2) (lesser levels of NH3 and H2S) |
| | rates: | depend on temperature, pH (acid inhibits growth), |
| | methane: | moisture, type of wastes explosive limit of 5% |
| | 7. Leachate: | from waste itself, or water entering landfill high in organics, heavy metals |
| D. | Daily concern | ns: |
| | 8. records: 9. procedures | exposed waste area is minimized |
| | | work with prevailing wind portable fencing (prevent wind blown waste) compact to 12-18 inch layers (4-5 passes of tractor) |

E. Long-term concerns:

| 10. space: | land area needed |
|-------------|-----------------------|
| 11. access: | fences, signs |
| 12. time: | 20-40 years operation |

Page 45: Defining "Hazardous Waste" Click here to start recorded lecture.

I. Under different federal laws:

| production | environment | waste |
|------------------------------------|---|-------------------------------|
| > | hazardous air pollutants> [Clean Air Act (CAA)] | |
| toxic> > substances (TSCA) | toxic pollutants> > [Clean Water Act (CWA)] | hazardous wastes (RCRA) |
| > | hazardous substances> (CWA, RCRA, CERCLA) | |
| > | hazardous materials> (HMTA) | |

II. Under RCRA

- A. "D-Wastes": exhibit at least one of four characteristics:
 - 1. ignitibility: flash point < 140 deg. F.

| 2. corrosivity: | pH < 2, > 12.5, or |
|-----------------|---|
| 3. reactivity: | corrode steel at > 1/4 inch per year explosiveness and toxic by-products |
| 4. toxicity: | from chemical reactions standard extraction procedure (EPA) |

- B. any of four lists (created by EPA, and taking precedence over the above characteristics):
 - 5. F-list: from generic processes e.g., degreasing, solvents, electroplating
 - 6. K-list: by type of industry: e.g., iron and steel, petroleum refining pesticides, explosives
 - 7. U-list: "toxic wastes" (numerous qualifications)
 - 8. P-list: "acutely hazardous" presents substantial hazard whether improperly managed or not.
- C. Mixtures of solid waste with waste listed above
- D. Waste from the treatment, storage, or disposal (TSD) of wastes listed above

Acronyms

Click **here** to start recorded lecture.

- A. General Considerations
 - 1. DOT: Department of Transportation
 - 2. HMTA: Hazardous Materials Transportation Act (DOT)
 - 3. HCS: Hazard Communication Standard (OSHA)
 - 4. CHEMTREC: CHEMical TRansportation Emergency Center (CMA) (1-800-424-9300)
 - 5. CMA: Chemical Manufacturers Association

B. RCRA and HSWA

- 6. SQG: small quantity generators (below legally prescribed quantities, generators are subject to less stringent RCRA requirements)
- 7. HSWA: Hazardous and Solid Waste Amendments of 1984 (to RCRA)

C. CERCLA

- 8. RQ: Reportable Quantity (under CERCLA, releases above this level must be reported to the national response center, a toll free hotline at 1-800-424-8802).
- 9. NCP: National Contingency Plan
- 10. CERCLIS: Comprehensive Environmental Response, Compensation, and Liability Information System (an inventory, often a prelude to being placed on NPL)
- 11. HRS: Hazard Ranking System
- 12. NPL: National Priorities List (based on HRS)

D. SARA

- 13. ATSDR: Agency for Toxic Substance and Disease Registry
- 14. EPCRA: Emergency Planning and Community Right to Know Act (title 3 of SARA)
- 15. TPQ: Threshold Planning Quantity (under SARA, releases above this level must be reported to the State Emergency Response Commission).
- 16. TRI: Toxic Release Inventory